



November 2019 Swim Fit/SwimX Workout Times

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29 (October) Dry 6:00-6:15pm Pool 6:15-7:15pm	30(October)	31(October) Dry 6:00-6:15pm Pool 6:15-7:15pm	1	2
3	4	5 Dry 6:00-6:15pm Pool 6:15-7:15pm	6	7 Parent Meeting 7:15pm Dry 6:00-6:15pm Pool 6:15-7:15pm	8	9
10	11	12 Dry 6:00-6:15pm Pool 6:15-7:15pm	13	14 Dry 6:00-6:15pm Pool 6:15-7:15pm	15	16
17	18	19 Dry 6:00-6:15pm Pool 6:15-7:15pm	20	21 Dry 6:00-6:15pm Pool 6:15-7:15pm	22	23
24	25	26 Dry 6:00-6:15pm Pool 6:15-7:15pm	27	28 Dry 6:00-6:15pm Pool 6:15-7:15pm	29	30
1 (December)	2	3 Dry 6:00-6:15pm Pool 6:15-7:15pm	4	5 Parent Meeting 7:15pm Dry 6:00-6:15pm Pool 6:15-7:15pm	6	7 Dry 6:15-6:30AM Pool 6:30-7:00AM Club Christmas party/Clinic 7-8AM