



# SWIMMER CODE of CONDUCT

## PURPOSE:

This document outlines expected behaviours for all swimmers as members of the London Aquatic Club (LAC). LAC is committed to establishing and maintaining an environment of fairness, integrity and mutual respect, while at the same time supporting the pursuit of individual and team excellence. The LAC Swimmer Code of Conduct is founded on “Respect in Sport” and “Safe Sport” guidelines, as directed by Swim Canada and Swim Ontario. Any behaviour deemed to constitute bullying, abuse, harassment or discrimination is a major infraction of LAC’s core principles, and offending swimmers will be disciplined appropriately and expeditiously.

## RESPONSIBILITIES and GUIDELINES:

All LAC swimmers will:

- Represent LAC to the best of their ability, both in the pool and out, at all times
- Support their LAC teammates at all times in the pursuit of their goals
- Show respect to all swimmers, coaches, officials and any other people with whom they come into contact, whether at a training or competition site
- Follow the rules of all training and competition facilities, and all team and hotel rules during team travel events
- Behave in a manner that is safe and promotes the safety of everyone around them
- NOT use profanity or obscene or offensive gestures
- NOT use tobacco, alcohol, cannabis, or any illicit drugs or drugs prohibited or restricted by the World Anti-Doping Agency (WADA) and/or Canadian Centre for Ethics in Sport (CCES)
- NOT engage in any behaviour that may incur damage to any facility or equipment
- NOT engage in any behaviour on any social media platform that may be construed as bullying, abusive, harassing or discriminatory, or otherwise sullies the reputation of LAC in any way
- NOT engage in any behaviour that may make anyone around them feel uncomfortable

Any LAC swimmer determined to have broken any of the above “rules”, whether in training, competition or any environment where they are representing LAC or are identifiable as a LAC member, may be subject to disciplinary procedures, which can be found in the LAC Policies & Procedures document.

## SWIMMER ACKNOWLEDGMENT:

I have read and understand the Code of Conduct thoroughly and completely, and agree to abide by all aspects of it.

NAME: \_\_\_\_\_ GROUP: \_\_\_\_\_

DATE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE: (if swimmer 18 or under):

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