

# LETHBRIDGE LODGE

HOTEL AND CONFERENCE CENTRE



## BREAKFAST OPTIONS

At Lethbridge Lodge every great day starts in a great way. That's why we include the following breakfast choices, all prepared with a commitment to connect farm to the table!

### COLD FOOD

Core products in the offering could include individual house-made yogurt granola parfaits, a bowl of cut fruit or pre-packaged portion yogurt. This may also include offerings of local cheeses, mini smoothies and mini organic house-made juices.

#### CEREALS

Variety of 6 choices: 3 sweet + 3 healthy, cereal, cream and milk. This may include organic granola or other locally milled cereal offerings.

Oatmeal served with dried cranberries, honey, raisins, walnuts and brown sugar.

#### TOASTER

Offering a variety of artisan breads to include whole grain artisan breads, hand sliced, whole grain and artisan style bagels, sliced white and whole wheat bread, English muffins with jams, jellies, peanut butter, cream cheese, light cream cheese, margarine and butter.

#### PASTRIES & FRUIT

High quality and fresh house-made or artisan bakery pastries. We offer two types of organic whole fruits.

#### WAFFLE STATION

Self-serve Waffle station with strawberry compote, cinnamon shaker, chocolate chips, butter, syrup, lite syrup and whipped cream.

### HOT FOOD

#### EGG ITEM

This offering could include born free or free range eggs, local cheeses, artisan style mini sandwiches (Chabatta sandwiches, whole wheat bagels), buffet size omelettes pre-made in the kitchen or purchased pre-done.

#### PROTEIN

The protein options offers Applewood or house-smoked bacon. Other offerings include smoked ham, link breakfast sausages, sausage patties, turkey sausage, turkey bacon, chicken sausage or back bacon.

#### POTATOES

Like with all SilverBirch breakfast potatoes, we start with fresh potatoes. The offering could include Yukon gold potatoes, individual Rosti potatoes and meat style hash preparations.