

Head Coaches Welcome 2020-21

“Welcome Back” has a little different feel to it than past years. For more than 80 years LASC has been home to competitive swimming in Lethbridge. During that time, thousands of kids have worn our logo, trained, raced, fallen, succeeded, made friends and achieved their goals with the support of their parents and help of their coaches. This year is different from each of those 80+ years and that is what makes us ready for it. Every year is different from last, despite the similarities your return to swimming is a little bit different every year; a new group, an old group with new faces, you grew taller, a new coach, you got stronger, you matured, you gained focus. You have practiced for this, for this year to be different from last, to be better than last year. We will face new challenges this year, some we can see and some still over the horizon. With the support of LASC parents and the help of the coaches, our story of the comeback year will be a great one for all LASC swimmers. Welcome everyone and here is some of the exciting news for the season ahead!

16 LANES! We are able to access the full pool from Monday to Thursday

This change to the pool set up at Max Bell is monumental for LASC with immediate impact.

Swimming – In compliance with the Swim Alberta COVID guidelines we can have a maximum of 5 swimmers per lane, more space will allow us to continue running all programs

Coaching – This has a giant impact on the ability of our coaches to communicate with swimmers and be active around the entire pool deck.

Scheduling – LASC will be the only group in the pool facility during our training time allowing for better control of the pool environment, more overlap of group training times and moving our evening Masters programming to run concurrent to our age group programs. Please check the 2020-21 Weekly Training Schedule for changes to group swim times.

Growing – We have a new capacity to grow our existing programs and add new ones

We do have some changes that are not as positive. Due to the limitations around physical distancing our coaches cannot be in the water with younger Jr. Horns swimmers. As a result, the swim test for entry in Jr. Horns Blue this year will be a strict 25 metres.

As we continue through this unique time in our lives, I am grateful for the opportunity we share to have a great experience at the pool every day. It is a special time to be part of LASC and to imprint this time in our teams history with Unity, Respect, Limitless Aspirations and Matching Effort.

Let's Go,

Head Coach
Peter Schori