



WELCOME TO MAC!

2022-23 MARKHAM AQUATIC CLUB REGISTRATION PACKAGE

This document contains the information you need for a successful season. Read it thoroughly and keep it for reference.

President's Welcome



Welcome to MAC! Whether you're new to MAC or a returning family, you've joined at an exciting time!

2023 marks MAC's 50th Anniversary and we are taking things to the next level as we celebrate our amazing history this season. The fun begins

with our September kick off followed by our elegant 50th Anniversary Gala Awards Banquet on *November 4, 2022 (save the date)!*

Since 1973, MAC has proudly represented Markham. We have outstanding athletes, the best coaches and facilities, terrific sponsors and a great relationship with the city. I am extremely proud of our reputation not only for success on the podium but for our team spirit in and out of the pool.

The secret to our success is...you! Beyond supporting your child in swimming, being a MAC family means committing time and resources to our club.

If you're a returning volunteer or just starting out, I look forward to working with you this season. Together, we continue to build MAC's incredible legacy!

Patrizia Scozzese

Head Coach's Welcome



Every new swim season fills me with excitement, but 2022-23 feels special. When I came to MAC in 2019, my goal was to move us into contention as one of Canada's top clubs. Today, at all age levels, we are THE team to beat in Ontario and a

dominant force in Canadian swimming.

With huge momentum heading into this season, I am excited to welcome aboard three talented new coaches and launch our revitalized pre-competitive and competitive age group program.

You'll often hear me say "*trust the process*" as I encourage parents to focus on athlete support and leave the rest to us. The great thing about MAC is we are not about "elitism". Every athlete receives our very best. MAC's values, combined with fun, teamwork and training excellence underpins our success.

Get ready for an outstanding season!

Sean Baker

Fees & Your Financial Commitments

Each MAC family pays fees to the club. Amounts are based on your swimmer's group and are provided in your welcome email. Fees payable to the club include:

MAC Program Fees cover coaching, pool rental, dryland and club operating expenses pertaining to your group. Program fees are billed on the 1st of the month over six installments (Competitive Oct 1st -Mar 1st and Olympic Prospects Nov 1st-April 1st).

Volunteer Commitment Fee is charged on the 1st of the month over six installments as per above. *This amount can be earned back by attending officiating clinics, volunteering at MAC swim meets or other club positions.*

Competition Fees are only charged to your account **as incurred** to cover costs associated with attending a competition such as: meet/event entry fees, host club fees, travel, food, accommodation, coach and chaperone costs (as applicable.)

Fundraising Commitment – All members are required to participate in annual fundraising campaigns as organized by the Fundraising Committee. Usually, 2x per season Swim Challenges are held. Swimmers swim 1K or 5K based on their group. For each Challenge families are required to raise a minimum of \$100 for the 1K swim and \$200 for the 5K swim.

Swim Ontario Fee – This one-time mandatory fee is based on your swimmer's age and billed on October 1st. This fee goes directly to Swim Ontario (governing body of swimming in Ontario) to register your child for competition and insurance.

Age 8 & Under	\$121.40
Age 9-10	\$141.40
Age 11-14	\$161.40
Age 15 +	\$181.40

Any fees outstanding from last season must be paid in full before registration for the current season is permitted. Swimmers will not be permitted to register for the current swim season if dues are in arrears.

Registration forms for the current swim season must be accompanied by a credit card authorization (which is entered during online registration).

By providing a credit card number you authorize the club to charge the card for fees incurred.

A refund cheque will be issued at the end of the swim year for any credit balances greater than \$25.

Reducing Your Fees – You can reduce your fees by:

1. **Volunteering** (see next page)
2. **Sponsorship** – You can invite businesses to become official MAC sponsors. A sponsorship package and standard cover letter is available for you to send to your contacts. Sponsorship levels range from acknowledgements on MAC website to marquee ads at MAC swim meets. Fifty percent (50%) of sponsorship funds you bring in will be credited to your account.
3. **Fundraising** – The club organizes fundraising opportunities throughout the year, such as Swim Challenges. You can raise donations beyond the required minimum for these campaigns and a percentage will be credited to your account.

DID YOU KNOW?

You can reduce your fees?

- ⇒ Volunteer
- ⇒ Bring in new sponsors
- ⇒ Raise funds for MAC

Fees & Financial Commitments for Varsity Swimmers

Swimmers attending and training at post-secondary institutions in Canada or the United States pay different fee structures to the club.

Swimmers Attending/ Training Varsity at a Canadian University

Swim Ontario Fee - One-time mandatory fee of \$52.28 billed on October 1st and paid directly to the governing body for swimming in Ontario. Based on swimmer's age /category and assumes the swimmer is registered and training as a varsity swimmer with a Canadian University.

Varsity Commitment Fee - \$350 non-refundable fee billed on October 1st. This fee is credited back to member accounts to offset spring/summer 2023 SNC meet expenses.

Competition Fees - These fees cover the costs associated with attending a competition including host club fees, travel, food, and accommodations. These fees also cover coach and chaperone costs. These fees are charged to your account as incurred.

Swimmers Attending/ Training Varsity at a University in the United States

Swim Fees - Swimmers registered and swimming varsity for a United States University will be registered with Swimming Canada per regular member fees \$181.40.

Varsity Commitment Fee - \$350 non-refundable fee billed on October 1st. This fee is credited back to member accounts to offset spring/summer 2023 SNC meet expenses.

Competition Fees - These fees cover the costs associated with attending a competition including host club fees, travel, food, and accommodations. These fees also cover coach and chaperone costs. These fees are charged to your account as incurred.

Any fees outstanding from the prior year must be paid in full before registration for the current season is permitted.

Varsity swimmers will not be permitted to register for the current swim season if their dues are in arrears. Registration forms for the current swim season must be accompanied by a credit card authorization (which is entered during online registration).

All accounts must have a valid credit card on file. By providing a credit card number you authorize the club to charge the card for fees incurred.

A refund cheque will be issued at the end of the swim year for any credit balances greater than \$10.

DID YOU KNOW?

- ⇒ Secondary school-age students can volunteer to officiate at MAC swim meets and earn community hours

Volunteering & Your Officiating Commitment

Volunteering is a key component of your MAC membership. This section explains the Volunteer Points System and how to earn back your volunteer commitment fee.

Volunteer Commitment Fee – A volunteer commitment fee is charged to your account per your group fee schedule. *This amount can be credited back by the end of the season if you earn the required volunteer points.*

Earning Volunteer Points by Officiating -

Most members earn their volunteer points by officiating at MAC swim meets. To earn officiating points you must:

1. Attend Officials Training Clinics
2. Volunteer for a set number of sessions at MAC-hosted swim meets throughout the season.

Officials Training Clinics - If you have never “officiated” before, don’t worry! MAC provides free training clinics in September, December and/or April. MAC’s Officials Manager will email you clinic sign-up information. Your time to attend training clinics counts toward your volunteer points. If you are a returning family who attended clinics in the past, at least 1 family member must upgrade skills to move up the officials ladder this season.

Your Highest Swimmer's Group	Your Required Official Level & Training Clinics to Attend
OP	Certified Level 1 official. Attend Timers & Safety Marshall clinic and Judge of Stroke & Turn clinic
TAG	Certified Level 1 official. Attend Timers & Safety Marshall clinic and Judge of Stroke & Turn clinic.
Bronze JAG	Certified Level 1 official or above. Attend Timers & Safety Marshall, and Strokes & Turns Judges, and 1 more clinic (Chief Timer, Clerk of Course, Chief Finish Judge, etc.).
Junior Bantam	Certified Level 2 official or above. Attend Timers & Safety Marshall, Strokes & Turns Judges, and 1 more clinic (Chief Timer, Clerk of Course, Chief Finish Judge, etc.).
Senior	Certified Level 2 or 3 official and above.



Swim Meet Sessions: Once trained, you need to officiate for a set number of sessions at MAC swim meets. “Sessions” are usually 4-5 hours during a 2–4 day meet. You can work multiple sessions at meets. We will email you sign-up information prior to each meet and you can indicate how many sessions you wish to work.

Important Note: MAC is hosting 6 Invitational and 2 Championship meets in 2022-23, including Summer Central Region C Champs June 23-25, 2023. MAC Officials are expected to complete 2 sessions at Central C meet (included in your required total for the season).

Please refer to the following chart to see how many sessions you need to work this season to accumulate your required volunteer official points. If you don’t fulfill all required sessions, you will be charged a penalty at the end of the season.

Highest group level of swimmer in your family	# of Clinics you attend	# of Sessions you must volunteer	Penalty if Sessions Not Completed
OP	1	4	\$100
Competitive Groups	1	10	\$500

Time Trial Volunteering - MAC-hosted swim meets are an important source of revenue for the club, but some competitions (i.e. time trials) do not generate club revenue. Parents who have an athlete(s) participating in non-revenue generating time trials are still expected to volunteer as an official. Since entry fees are not charged for time trial participation, volunteering at these events does not necessarily qualify for volunteer points. The club operating budget will cover administration costs for these competition(s) including rentals, electronics, etc.

Other Ways to Earn Volunteer Points - In addition to officiating, you can earn volunteer points by helping at social events, become a group parent rep, be elected to the Board, help with fundraising, chaperone during travel events and much more. More information on volunteering opportunities and the credits can be found on our website under [Parent Resources / Volunteering](#)

Swimsuits, Equipment & Teamwear

All swimmers are required to obtain the correct swimsuits, equipment, and mandatory MAC Teamwear. This policy is set each year by the Head Coach. Please clearly label your child's items. MAC cannot be responsible for lost or misplaced teamwear and equipment. Arena Canada is MAC's sponsor. Please support our sponsor by purchasing Arena brand swimwear and equipment where possible.

Swimsuits – Training and competition suits must be solid BLACK. Swimmers need at least 1 training suit and 1 competition suit.

GIRLS	Training	Black 1-piece
	Competition	Black 1-piece
BOYS	Training	Black brief or boxer style (no jammer)
	Competition	Black jammer-style

Swimmers competing at national competitions will be allowed flexibility on the competition suit policy but are required to have their technical racing suit(s) approved by the Head Coach.

Equipment - All MAC swimmers must have:

- ⇒ 2 goggles
- ⇒ 1 kickboard
- ⇒ 1 pull buoy
- ⇒ Fins (lightweight are best for young swimmers).

Additional equipment may be required. Your group coach will provide you with a complete list of required equipment for your child's group, or you can find the list on your group page on the MAC website.

Where to Buy Swimsuits & Equipment - MAC members receive up to 30% off Arena swimwear and equipment through our retail partner, [Ontario Swim Hub](#).



MAC Teamwear - All swimmers must have at least one MAC t-shirt, one white training cap and one blue competition cap. Senior and Junior groups must have



team jackets for podium presentations. OP, TAG, Bronze, Bantam and JAG groups are required to wear MAC t-shirt for awards presentations however, team jackets are encouraged. It is recommended that ALL swimmers purchase MAC team jackets, hooded sweatshirts & pants. You can

also order MAC long-sleeve tees, shorts, equipment bags and parkas. When traveling for competitions and training camps, ALL swimmers must wear MAC outerwear.

How to Buy Teamwear - The MAC office maintains inventory of essential teamwear like caps and t-shirts. All MAC teamwear can be purchased at our annual Swimsuits, Equipment & Teamwear Day in September. An online MAC Store is also available 2-3 times throughout the year. Pick up is arranged at the MAC office and cost is applied to your account.

MAC PARENT TIP!

Clearly label ALL of your child's swimwear, teamwear and equipment!

ONTARIO SWIM HUB DISCOUNT:

30% discount on Arena Suits & Equipment at the September 2022 Ontario Swim Hub pop-up store (MAC office)

ONTARIO SWIM HUB

(located inside T&T Grocery Plaza)
8339 Kennedy Rd #2137 Markham, ON L3R 5T5.

20% discount on Arena Suits & Equipment for remainder of season at Ontario Swim Hub retail store or swim meet pop-up stores

Club Policies & Standards



Markham Aquatic Club is highly regarded in the sport of swimming, in the community and on the world-stage. Our club upholds a reputation for inclusivity, sporting excellence, fair play and team pride. All swimmers, coaches, staff, officials,

volunteers and members bear responsibility to uphold club standards and are expected to conduct themselves in the spirit of good sportsmanship in and out of the pool, representing our club values for themselves, their families, our club and the community.

Respect in Sport (RIS) Parent Training Module:

On or before September 30, 2022, at least one MAC parent or guardian per family must complete the Swimming Canada Respect in Sport for Parents training module. *If you took the training last season or have*

taken it for another sport within the past FIVE years, you do not have to repeat the training this season. The RIS training takes approximately 1 hour and costs

\$12. You must complete the training module and obtain your certification before your swimmer(s) can participate in MAC program training for the 2022-23 season.

Respect in Sport Sign up at <https://swimming-canada-parent.respectgroupinc.com/>

Codes of Conduct - ALL MAC swimmers and parents are required to read, understand, and comply with the [MAC Code of Conduct](#) and [Swim Ontario's Code of Conduct](#). These codes are in place to protect swimmers, their family and the club and are in effect at all times while the swimmer is training, traveling or competing with MAC. *The agreement of the swimmer and the parent/guardian on the Member Commitment form indicates the member family and swimmer's agreement to abide by the Codes of Conduct and an acknowledgment of the consequences of failing to abide by these Codes.*

MAC Discipline Policy: MAC has a progressive discipline policy that allows a swimmer ample

opportunity to correct inappropriate behavior. Infractions of the Swim Ontario Code of Conduct could result in, but not limited to, the following disciplinary actions:

- Parent/Swimmer/Coach meeting
- Suspension from practice and/or competition, which in some cases may result in the athlete's family having to assume the cost of an athlete's early return home
- Termination of membership

Travel Policy: The Head Coach may designate any swim meet or training camp held away from any Markham Aquatic Club scheduled pools as a Team Meet or Team Training Camp. Swimmers are expected to participate in these travel meets or training camps and will be



required to travel and room with the team. The club will arrange for travel and accommodation for the swimmers, but families pay the cost of travel and

accommodations in addition to regular swim fees. Exceptions are to be at the approval of the Head Coach and the coach in charge of the trip. For our swimmers to learn to travel independently, manage their sleep and dietary requirements and handle the stresses associated with meets, they travel and stay together as a team. Parents are discouraged from staying in the same hotel as the team. Access to the swimmers in the hotel will be minimized by the event managers to allow roommates undisturbed rest periods.

Once a swimmer commits to a travel meet or training camp, they are required to make the necessary payments and complete any necessary travel forms as determined by the club in the amounts and at the times advised by the coaches. Failure to make the payments or complete required forms will disallow the swimmer from traveling. All swimmers who have committed to a travel meet or training camp are liable for any non-refundable costs if they fail to attend. All swimmers/parents will be fully responsible for the payment of any costs required to send a swimmer home from a travel meet or training camp, should the swimmer violate the Code of Conduct required of all Markham Aquatic Club swimmers.

Swimmer Group Change Policy: Moving to a new training group during the season is at the discretion of the coaching staff and is based on factors including the swimmer's age, training, ability and attendance. Group changes will only be completed upon agreement from the member to pay fee difference(s) for the new group.

Medical/Injury Policy: Any swimmer with an injury that prevents him or her from attending practice must submit a doctor's note to the MAC Administrator at info@markhamaquaticclub.com. Members then have 3 options:

1. Do nothing. The member will continue to pay all dues per the schedule (usually for less than four weeks absence).
2. Withdraw. The member may choose to withdraw from the club per the cancellation policy stated in the registration package. The member may reapply to the club at any time in the future, but their spot will not be reserved.
3. Suspend. For an injury with an expected duration of longer than four weeks, the member may suspend their account and pay half the stated swim dues during the suspension. The member is required to continue paying all other fees (e.g. volunteer deposits, Swim Ontario, etc.). This option will only be considered with a doctor's note. Should the athlete be cleared to return to training or competition prior to four weeks the member is responsible for all fees during the injury period (i.e. all payment reductions would be reversed).

Withdrawal Policy: If you decide to withdraw from the club, you must email your intent to withdraw to the Club Administrator at info@markhamaquaticclub.com. After the email notification is received by the Club Administrator, the following procedures and policies are in place:

1. The swimmer will cease attending practice immediately upon submitting their written notification.
2. Swim Ontario fee and dryland fees (if applicable) are not refundable.
3. Meet fees for committed meets will be charged to the account,

unless the coach is able to withdraw the swimmer before the meet deadline.

4. **Your account will be charged the next installment payment per your fee schedule.**
5. Any balance owing to the club will be charged to the credit card on file.
6. Any balance owing to the member will be refunded by cheque.
7. After the members account is cleared their credit card information will be deleted from the system.

Communications Policy: MAC regularly sends communications to members via email. In some circumstances we may contact you by phone. Coaches may use texting apps to communicate with members. By registering with the club, you are providing the club consent to communicate with you and to send you information.

Privacy Policy/Personal Information Protection and Electronic Documents Act (PIPEDA) Policy: Markham Aquatic Club collects and maintains personal information from swimmers registering with the club, club volunteers and coaches. This information is required to conduct the operations of the club including communicating with swimmers and their families or guardians, managing swimmer's accounts, training and entering swimmers in meets, hosting swim meets and managing club planning and organizing. As a competitive swim club based in Ontario, MAC does provide swimmer information as required with City of Markham, Swim Ontario, Swimming Canada, swim meet organizers, and other swim-related entities. Also, we leverage third-party service providers to perform various contracted services, during which these service providers may have access to or maintain information on behalf of MAC (eg. our website and swimmer database). We look to ensure that service providers and swim-related entities have privacy policies in force that are comparable to MAC's and that access is limited to the information that is required for these other entities to perform the requested services for MAC or for the other swim related entities to carry out their roles.

Wearing the MAC logo affords the status of belonging to one of the top swimming clubs in Canada.

You should be aware that swimmer names, ages and swim event results are published electronically and in other media in the ordinary course of competitive swimming.

On occasion, MAC may choose to share either within MAC or with outside entities aggregate information about the club and its swimmers if this aggregate information does not include any details that would allow for the identification of specific individuals. We do not otherwise disclose personal information. As an organization we take the privacy of our members, volunteers, and coaches seriously and we take reasonable precautions to protect this information from unauthorized access and inappropriate use.

MAC PARENT TIP: STAY INFORMED!

- ⇒ **Use the OnDeck App**
- ⇒ **Follow MAC social media pages**
- ⇒ **Read your club emails**
- ⇒ **Visit MAC web site**
www.markhamaquaticclub.com

Photo Policy: By registering with Markham Aquatic Club, you are granting permission to the club or its agents to photograph or video any member of your family participating in a MAC event. These photos or videos may be used for promotional purposes including, but not limited to, website, advertising, brochures, social and traditional media.




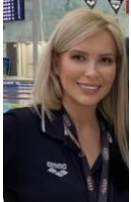


DID YOU KNOW?

MAC is turning 50!

**MAC 50th ANNIVERSARY GALA AWARDS BANQUET
NOVEMBER 4, 2022
CRYSTAL FOUNTAIN**

Mark you calendar and plan to attend!

Coaching Staff

	<p>SEAN BAKER MAC Head Coach & Senior Group Coach coachsean@markhamaquaticclub.com</p>		<p>GLEN STEACY Age Group Coach Junior Group coachglen@markhamaquaticclub.com</p>
	<p>TAKEO INOKI Age Group Coach Bronze Group & Masters Group coachtakeo@markhamaquaticclub.com</p>		<p>SAHIM MOUSSADDAQ Age Group Coach Bantam/JAG Group coachsahim@markhamaquaticclub.com</p>
	<p>CARTER YEUDALL TAG Group Coach coachcarter@markhamaquaticclub.com</p>		<p>MARTIN GURRIN Olympic Prospects Director coachmartin@markhamaquaticclub.com</p>

Swimmer Schedules

Training Schedule - All MAC swimmers are expected to adhere to their group training schedule. Should the training schedule change, your group coach will email you. You can find your group training schedule on the MAC club website under "Calendars". It is members responsibility to keep track of training amendments and adjust to any changes in the schedule.

Competition Schedule - Coaches (not parents) register swimmers for swim meets. All swimmers are expected to compete at swim meets and are required to attend all MAC home meets. If a swim meet conflicts with family plans, you can email or discuss it with your group coach.

When the competition schedule becomes available, your group coach will email you. It is your responsibility to ensure you know which meets your swimmer(s) will be attending. This information can be found on the MAC website under Events – Edit Commitment, or you can ask your child's coach.

DID YOU KNOW?

You can email your coach if you have questions about your child's:

- ⇒ **Swimming group**
- ⇒ **Training schedule**
- ⇒ **Required equipment**
- ⇒ **Swim Meets or competition schedule**