

Welcome to the MJKFF Mini-Fins Swim School!!

The Moose Jaw Flying Fins Swim Club offers quality swimming instruction at a pre-competitive level. Whether your child has aspirations of becoming the next Penny Oleksiak, or they just really enjoy being in the water, we hope to create an enthusiasm for swimming that carries over into a lifetime of enjoyment.

ONLINE REGISTRATION IS NOW OPEN!!

Please put these Times and Dates into your Calendar for September 2018!!

All Swim School Classes will be taking place at the Kinsmen Sportsplex!!

Tiny Fins (formerly Learn to Swim)

Mondays and Wednesdays 30 minutes each day
Either 6-6:30pm OR 6:30-7pm

Starfish

Mondays and Wednesdays 30 minutes each day
6-6:30PM

Guppies

Mondays and Wednesdays 45 minutes each day
Either 6-6:45pm OR 6:45-7:30pm

Tadpoles

Mondays and Wednesdays 1 hour each day
6:30-7:30pm

CLASSES BEGIN MONDAY SEPTEMBER 24, 2018

What makes the Mini-Fins Swim School different?

Our program is based on Swimming Canada's Long-term Athlete Development Strategy

We have a skilled and passionate team of Mini-Fins Coaches.

Unique 10 month format, broken into 3 sessions, allows for technique based progressive development learning.

We focus on the four competitive strokes & fun skills.

3 Fun Challenge Mini Meets throughout the season (Dec, March and June)

Swimmers will be introduced proper dryland activation and stretching.

Our aim is for your child to have so much fun with their friends that they'll move up onto the Moose Jaw Flying Fins Swim Team and become swimmers for life!

What Equipment will your swimmer need?

Fortunately, swimming does not require a ton of expensive equipment. There are certain items however, that are essential to the success of your child's first swimming experiences. Everything you need is available through our club equipment manager.

ALL swimmers must have their own goggles and swim cap (if hair goes past eyes). Spending a bit more money on those goggles will have a huge impact on the enjoyment and success of your swimmer.

When will your swimmer be ready to move up?

Children progress at many different strides and often in spurts. It may seem like there has been no improvement in weeks and all of a sudden the light bulb goes on. Coaches will be looking for swimmers that are ready, and when this happens, they will be moved into a more challenging environment. This means that your swimmer will probably move into different groups throughout the year.

As your swimmer moves through the 4 Levels of the program, there may be changes in your fee. Our registrar will help you with this process.

There may be a point at which your swimmer is asked to move into our competitive stream and join the MJKFF Team. We will take you through all of the information needed to make a good decision for your family when that time comes.

We hope your child has a wonderful experience with the MJKFF Mini-Fins Swim School. If you have any questions, please do not hesitate to contact us.

Laura Harvey

Head Coach

Moose Jaw Kinsmen Flying Fins

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