

Disqualification Wording - Reference Card

The Start	
SW 2.3.2	Delayed the start / Wilfully disobeyed an order / Misconduct at the start
SW 4.4	False Start / Started before signal given
Freestyle	
SW 5.3	Failed to break surface of water throughout race before (___ m turn / finish) <i><after surfacing by 15M mark></i>
SW 5.3	Head did not break surface of water by the 15M mark after (start / ___ m turn)
Backstroke	
SW 6.1	Toes bent over the lip of the gutter at the start
SW 6.1	Toes not in contact with wall when using backstroke ledge at the start
SW 6.2 / 6.5	Failed to remain on back (after the start / after ___ m turn / upon the finish)
SW 6.3	Failed to break surface of the water throughout the race after 15M mark after (start / ___ m turn)
SW 6.3	Head did not break surface of the water by the 15M mark after (start / ___ m turn)
SW 6.4	Once on breast, failed to (immediately initiate / continuously) turn at ___ m
SW 6.4	Left the wall on the breast after (start / ___ m turn)
Breaststroke	
SW 7.1	Took more than one arm stroke back to the legs after (start / ___ m turn)
SW 7.1	Performed more than one butterfly kick prior to first breaststroke kick after (start / ___ m turn)
SW 7.1	Head did not break the water surface before hands turned inwards at 2nd stroke after (start / ___ m turn)
SW 7.2	Body not on the breast after (start / ___ m turn)
SW 7.2	Failed to maintain stroke cycle of one arm stroke and one kick in that order (after the start / after ___ m turn)
SW 7.2	Arm movement not (simultaneous / on the same horizontal plane) (after the start / after ___ m turn)
SW 7.3	Elbows not under the water during race (after the start / after ___ m turn) <i><except at turn or finish></i>
SW 7.3	Brought hands back beyond hipline during stroke after (start / ___ m turn) <i><except one at start or after turn></i>
SW 7.4	Failed to have part of head break water surface during each stroke cycle after (start / ___ m turn)
SW 7.4	Leg movement not (simultaneous / on the same horizontal plane) after (start / ___ m turn)
SW 7.5	Performed an (alternating leg movement / downward Butterfly kick) after (start / ___ m turn)
SW 7.5	Failed to turn feet outward during propulsive part of kick after (start / ___ m turn)
SW 7.6	Did not perform a (separated / simultaneous) two hand touch at (___ m turn / finish)
Butterfly	
SW 8.1	Head did not break surface of water by the 15M mark after (start / ___ m turn)
SW 8.1	Body not on the breast after (start / ___ m turn)
SW 8.2	Did not bring arms forward simultaneously together (over / under) the water after (start / ___ m turn)
SW 8.3	Did not move their legs up and down simultaneously after (start / ___ m turn)
SW 8.3	Performed a (breaststroke / alternating) kick after (start / ___ m turn)
SW 8.4	Did not perform a (separated / simultaneous) two hand touch at (___ m turn / finish)
SW 8.5	Performed more than one arm pull underwater after (start / ___ m turn)
SW 8.5	Did not remain on surface before (___ m turn / finish) <i><after surfacing by 15M mark></i>
Medley Swimming	
SW 9.1	Swam Individual Medley in incorrect order <i><should be Fly, Back, Breast, Free></i>
SW 9.1	Swam more than one quarter of the distance as (Fly / Back / Breast / Free)
SW 9.2	During Freestyle, failed to return to the breast before any kick or stroke after (start / ___ m turn)
SW 9.3	Swam Medley Relay in incorrect order <i><should be Back, Breast, Fly, Free></i>
The Race	
SW 10.2	Did not cover whole distance
SW 10.3	Did not (remain / finish race) in lane started in
SW 10.4	Did not touch the wall when turning at ___ m
SW 10.5	Walked along bottom of pool
SW 10.6	Pulled along the lane rope
SW 10.7	Obstructed another swimmer
SW 10.8	Tape on the body
SW 10.9	Swimmer not entered in race, entered water before race completed
SW 10.10	Relay team had less than four members
CSW 10.10.1	Members of relay team were not from the same club
SW 10.11	Feet lost touch with starting platform before preceding swimmer touched the wall
SW 10.12	Relay team member entered water when not designated, before race completed
SW 10.13	Relay team members did not swim in the order listed
SW 10.13	Relay team member swam more than once in the race
SW 10.14	Failed to leave the pool as soon as possible after (finishing race / distance in relay)