

Provincial Championships - Women's Minimum Qualifying Standards - LCM (MQS-LCM)

		S1/SB1/SM1	S2/SB2/SM2	S3/SB3/SM3	S4/SB4/SM4	S5/SB5/SM5	S6/SB6/SM6	S7/SB7/SM7	S8/SB8/SM8	S9/SB9/SM9	S10/SM10	S11/SB11/SM11	S12/SB12/SM12	S13/SB13/SM13	S14/SB14/SM14
Freestyle	50	03:09.90	02:09.46	01:43.28	01:16.54	01:08.37	01:00.45	00:57.90	00:53.78	00:50.18	00:46.38	00:53.95	00:50.18	00:46.21	00:46.54
	100	06:47.28	04:43.63	04:06.50	03:09.90	02:31.78	02:18.18	02:04.77	01:54.91	01:45.34	01:40.98	02:00.77	01:48.88	01:41.90	01:41.82
	200	14:54.54	10:10.91	09:05.46	07:52.72	05:41.98									03:41.14
	400						09:29.47	09:14.86	08:34.69	08:06.51	07:42.62	09:32.20	08:50.91	07:58.43	
Backstroke	50	03:38.18	03:01.73	01:59.54	01:41.20	01:21.73									
	100	07:16.37	05:47.90				02:31.60	02:24.10	02:14.38	02:02.00	01:59.23	02:21.23	02:11.15	01:56.85	01:59.33
Breaststroke	50	04:21.82	02:32.72	01:49.42											
	100				03:51.18	03:10.74	02:55.62	02:48.60	02:27.98	02:15.49		02:41.78	02:26.42	02:17.70	02:17.73
Butterfly	50	03:30.91	03:09.90	02:18.18	01:56.37	01:30.54	01:07.98	01:04.40							
	100								02:10.43	01:56.30	01:52.56	02:18.18	02:06.54	01:59.33	01:55.17
Medley	150	13:49.90	11:38.18	07:16.37	05:57.68										
	200					07:29.84	05:26.83	05:23.46	04:59.36	04:26.45	04:10.70	05:04.72	04:43.63	04:16.77	04:17.41

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Freestyle	50	3:13.70	2:12.05	1:45.35	1:18.07	1:09.74	01:00.45	00:57.90	00:53.78	0:49.20	0:45.47	0:52.89	0:49.20	0:45.30	0:45.63
	100	6:55.43	4:49.30	4:11.43	3:13.70	2:34.82	02:18.18	02:04.77	01:54.91	1:43.27	1:39.00	1:58.40	1:46.75	1:39.90	1:39.82
	200	15:12.43	10:23.13	9:16.37	8:02.17	5:48.82									3:36.80
	400						09:29.47	09:14.86	08:34.69	7:56.97	7:33.55	9:20.98	8:40.50	7:49.05	
Backstroke	50	3:42.54	3:05.36	2:01.93	1:43.22	1:23.36									
	100	7:25.10	5:54.86				02:31.60	02:24.10	02:14.38	1:59.61	1:56.89	2:18.46	2:08.58	1:54.56	1:56.99
Breaststroke	50	4:27.06	2:35.77	1:51.61											
	100				3:55.80	3:14.55	02:55.62	02:48.60	02:27.98	2:12.83		2:38.61	2:23.55	2:15.00	2:15.03
Butterfly	50	3:35.13	3:13.70	2:20.94	1:58.70	1:32.35	01:07.98	01:04.40							
	100								02:10.43	1:54.02	1:50.35	2:15.47	2:04.06	1:56.99	1:52.91
Medley	150	14:06.50	11:52.14	7:25.10	6:04.83										
	200					7:38.84	05:26.83	05:23.46	04:59.36	4:21.23	4:05.78	4:58.75	4:38.07	4:11.74	4:12.36

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Freestyle	50	02:25.46	01:44.72	01:27.23	01:08.75	00:57.90	00:50.18	00:47.90	00:45.82	00:42.78	00:40.75	00:45.55	00:43.28	00:40.88	00:40.72
	100	05:27.28	03:52.72	03:16.37	02:36.27	02:09.12	01:54.37	01:46.18	01:38.86	01:33.82	01:28.45	01:38.18	01:32.72	01:27.28	01:28.72
	200	12:14.54	08:45.20	07:33.92	05:47.57	04:51.57									03:14.60
	400						09:01.55	08:14.37	07:44.40	07:11.68	06:56.72	08:38.20	07:01.82	07:19.38	
Backstroke	50	03:01.22	01:59.28	01:34.50	01:24.27	01:07.33									
	100	06:15.39	04:16.29				02:15.90	02:07.26	01:56.45	01:46.14	01:42.14	02:06.32	01:50.37	01:43.33	01:43.40
Breaststroke	50	05:34.54	05:17.39	01:30.24											
	100				03:09.10	02:54.80	02:21.70	02:18.42	02:06.13	01:57.57		02:16.86	02:01.87	01:58.62	01:52.26
Butterfly	50	01:37.46	01:27.28	01:19.28	01:11.28	01:04.98	00:55.94	00:52.64							
	100								01:46.30	01:41.46	01:37.55	02:08.35	01:41.46	01:37.34	01:35.79
Medley	150	16:29.90	13:34.54	07:32.75	05:03.54										
	200					07:29.84	04:57.31	04:34.22	04:06.74	03:54.40	03:42.34	04:31.87	03:52.72	03:46.38	03:40.29

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		S1/SB1/SM1	S2/SB2/SM2	S3/SB3/SM3	S4/SB4/SM4	S5/SB5/SM5	S6/SB6/SM6	S7/SB7/SM7	S8/SB8/SM8	S9/SB9/SM9	S10/SM10	S11/SB11/SM11	S12/SB12/SM12	S13/SB13/SM13	S14/SB14/SM14
Freestyle	50	2:28.37	1:46.81	1:28.97	1:10.13	0:59.06	00:50.18	00:47.90	00:45.82	0:41.94	0:39.95	0:44.66	0:42.43	0:40.08	0:39.92
	100	5:33.83	3:57.37	3:20.30	2:39.40	2:11.70	01:54.37	01:46.18	01:38.86	1:31.98	1:26.72	1:36.25	1:30.90	1:25.57	1:26.98
	200	12:29.23	8:55.70	7:43.00	5:54.52	4:57.40									3:10.78
	400						09:01.55	08:14.37	07:44.40	7:03.22	6:48.55	8:28.04	6:53.55	7:10.76	
Backstroke	50	3:04.84	2:01.67	1:36.39	1:25.96	1:08.68									
	100	6:22.90	4:21.42				02:15.90	02:07.26	01:56.45	1:44.06	1:40.14	2:03.84	1:48.21	1:41.30	1:41.37
Breaststroke	50	5:41.23	5:23.74	1:32.04											
	100				3:12.88	2:58.30	02:21.70	02:18.42	02:06.13	1:55.26		2:14.18	1:59.48	1:56.29	1:50.06
Butterfly	50	1:39.41	1:29.03	1:20.87	1:12.71	1:06.28	00:55.94	00:52.64							
	100								01:46.30	1:39.47	1:35.64	2:05.83	1:39.47	1:35.43	1:33.91
Medley	150	16:49.70	13:50.83	7:41.81	5:09.61										
	200					7:38.84	04:57.31	04:34.22	04:06.74	3:49.80	3:37.98	4:26.54	3:48.16	3:41.94	3:35.97