
RECORDS
SC Meters-Female

10 & U	50 Free	32.12	1-Jan-92	SJL	Laurie Green
	100 Free	1:13.51	2-Mar-18	SJL	Sarah Power at Provincial Junior Invitational Meet West
	200 Free	2:33.99	23-Nov-17	SJL	Heather Smart at 2017 Body Quest - SINK OR SWIM Invitational
	400 Free	5:29.69	12-Jun-21	SJL	Kallie Symonds at SJL Time Trial - June 12
	800 Free	11:31.00	25-Mar-84	NAAC	Louise Copeman
	1500 Free	23:53.96	9-Nov-12	SJL	Erica McKinnon @ Hickman Automotive Group Fall Classic 2012
	50 Back	37.47	6-Mar-09	SJL	Catherine Silotch @ SNL Short Course Champs 2009
	100 Back	1:21.48	9-Nov-12	SJL	Erica McKinnon @ Hickman Automotive Group Fall Classic 2012
	200 Back	2:51.08	23-Nov-17	SJL	Heather Smart at 2017 Body Quest - SINK OR SWIM Invitational
	50 Breast	40.25	8-Feb-92	NAAC	Laurie Green
	100 Breast	1:26.56	9-Feb-92	NAAC	Laurie Green
	200 Breast	3:12.86	6-Dec-91	NAAC	Laurie Green
	50 Fly	35.34	8-Feb-92	NAAC	Laurie Green
	100 Fly	1:29.42	6-Mar-09	SJL	Catherine Silotch @ SNL Short Course Champs 2009
	200 Fly	3:24.01	1-Jan-08	SJL	Emma Dornan
	100 IM	1:23.13	6-Mar-92	NAAC	Laurie Green
	200 IM	2:53.75	12-Jun-21	SJL	Kallie Symonds at SJL Time Trial - June 12
	400 IM	6:21.54	10-Jan-97	SJL	Susan Murrin
	200 Free Relay	2:23.98	16-Mar-12	SJL	St. John's Legends E. Mckinnon, A. Jeon, M. Henley, N. Smart
	400 Free Relay	5:23.78	17-Mar-12	SJL	St. John's Legends E. Mckinnon, N. Smart, A. Jeon, M. Henley
	800 Free Relay	12:45.97	13-Nov-11	SJL	St. John's Legends N. Smart, M. Henley, M. Whelan, A. Simms
	200 Medley Relay	2:47.50	11-Mar-84	NAAC	NAAC Smith, Copeman, Kiruluta, Squires
	400 Medley Relay	6:05.90	16-Mar-12	SJL	St. John's Legends E. Mckinnon, M. Whelan, N. Smart, M. Henley
11-12	50 Free	27.68	23-Nov-17	SJL	Abby Williams at 2017 Body Quest - SINK OR SWIM Invitational
	100 Free	1:01.27	9-Nov-02	SJL	Laura Murray
	200 Free	2:13.75	31-Jan-97	SJL	Leah Murrin
	400 Free	4:38.30	1-Mar-97	SJL	Leah Murrin
	800 Free	9:25.75	28-Feb-97	SJL	Leah Murrin
	1500 Free	18:38.81	1-May-87	NAAC	Paula Crutcher
	50 Back	32.53	4-Mar-10	SJL	Catherine Silotch @ SC East Coast Championship 2010
	100 Back	1:09.48	12-Mar-11	SJL	Catherine Silotch @ Provincial SC Champs
	200 Back	2:29.70	17-Feb-11	SJL	Catherine Silotch @ 2011 Eastern Canadian Champs
	50 Breast	35.92	12-Dec-15	SJL	Emily Ricketts @ Pointe-Claire AAA Invitational
	100 Breast	1:17.90	12-Dec-15	SJL	Emily Ricketts @ Pointe-Claire AAA Invitational
	200 Breast	2:47.82	6-Dec-93	SJL	Laurie Green
	50 Fly	30.85	23-Nov-17	SJL	Abby Williams at 2017 Body Quest - SINK OR SWIM Invitational
	100 Fly	1:09.77	23-Nov-17	SJL	Abby Williams at 2017 Body Quest - SINK OR SWIM Invitational
	200 Fly	2:32.41	1-Mar-97	SJL	Leah Murrin
	100 IM	1:12.57	4-Nov-17	SJL	Abby Williams at 2017 NOV 04 Time Trial
	200 IM	2:35.12	19-Oct-02	SJL	Laura Murray
	400 IM	5:16.91	31-Jan-97	SJL	Leah Murrin
	200 Free Relay	2:02.16	4-Mar-10	SJL	St. John's Legends Swim Club C. SILOTCH, E. DORNAN, M.
	400 Free Relay	4:29.10	4-Mar-10	SJL	St. John's Legends Swim Club E. DORNAN, D. CURRAN, M.
	800 Free Relay	9:51.36	1-Mar-14	SJL	St. John's Legends E.McKinnon, S Karlsson,M. Henley, N. Smart
	200 Medley Relay	2:17.20	12-Mar-10	SJL	St. John's Legends Swim Club C. SILOTCH, C. HICKMAN, D.
	400 Medley Relay	4:58.56	1-Mar-14	SJL	St. John's Legends Swim Club E. McKinnon, S. Karlsson, N Smart, M.
13-14	50 Free	27.15	21-Nov-19	SJL	Abby Williams at MPM 4th Annual Sink or Swim Invitational
	100 Free	58.52	21-Feb-04	SJL	Laura Murray

RECORDS

13-14	200 Free	2:02.59	5-Mar-15	SJL	Kendall Nixon at 2015 East Coast Short Course
	400 Free	4:22.46	21-Feb-04	SJL	Laura Murray
	800 Free	8:58.02	12-Feb-95	SJL	Suzanne Drodge
	1500 Free	17:46.65	6-Feb-04	SJL	Laura Murray
	50 Back	30.77	16-Feb-12	SJL	Maggie Whelan @ 2012 Eastern Canadian Championships
	100 Back	1:05.52	17-Feb-13	SJL	Catherine Silotch @ 2013 Eastern Canadian Champs
	200 Back	2:21.17	21-Nov-19	SJL	Abby Andrews at MPM 4th Annual Sink or Swim Invitational
	50 Breast	32.92	7-Dec-17	SJL	Emily Ricketts at AA-AAA Invitation Pointe-Clai
	100 Breast	1:12.53	23-Nov-17	SJL	Emily Ricketts at 2017 Body Quest - SINK OR SWIM Invitational
	200 Breast	2:37.51	7-Dec-17	SJL	Emily Ricketts at AA-AAA Invitation Pointe-Clai
	50 Fly	29.11	21-Nov-19	SJL	Abby Williams at MPM 4th Annual Sink or Swim Invitational
	100 Fly	1:05.87	30-Nov-03	SJL	Laura Murray
	200 Fly	2:24.25	20-Feb-99	SJL	Leah Murrin
	100 IM	1:09.15	16-Mar-12	SJL	Maggie Whelan @ 2012 Provincial SC Champs
	200 IM	2:25.94	23-Nov-17	SJL	Emily Ricketts at 2017 Body Quest - SINK OR SWIM Invitational
	400 IM	5:09.17	23-Nov-17	SJL	Emily Ricketts at 2017 Body Quest - SINK OR SWIM Invitational
	200 Free Relay	1:53.51	4-Mar-12	SJL	St. John's Legends C. Hickman, E. Dornan, R. Karlsson, C.
	400 Free Relay	4:10.22	6-Mar-15	SJL	St. John's Legends A. Simms, K Stokes, K.Nixon, N Smart.
	800 Free Relay	9:08.30	5-Mar-15	SJL	St. John's Legends A. Simms, K, Stokes, S. Karlsson, N. Smart
	200 Medley Relay	2:07.57	3-Mar-12	SJL	St. John's Legends C. Silotch, B. Karlsson, E. Dornan, C. Hickman
	400 Medley Relay	4:38.89	18-Dec-11	SJL	St. John's Legends M. Whelan, C. Hickman, E. Dornan, C. Silotch
15-17	50 Free	26.25	14-Dec-18	SJL- NL	Abby Simms at Ontario Junior International 2018
	100 Free	56.97	14-Dec-18	SJL- NL	Abby Simms at Ontario Junior International 2018
	200 Free	2:04.58	14-Dec-18	SJL- NL	Abby Simms at Ontario Junior International 2018
	400 Free	4:22.85	1-Jan-97	SJL	Suzanne Drodge
	800 Free	8:58.03	20-Feb-98	SJL	Suzanne Drodge
	1500 Free	17:37.24	5-Dec-97	SJL	Suzanne Drodge
	50 Back	30.43	15-Dec-13	SJL	Maggie Whelan @ P2 Invitational Pointe-Claire
	100 Back	1:04.31	13-Dec-19	SJL	Kate Williams at Ontario Junior International 2019
	200 Back	2:16.88	14-Dec-18	SJL- NL	Kate Williams at Ontario Junior International 2018
	50 Breast	33.65	14-Dec-18	SJL- NL	Emily Ricketts at Ontario Junior International 2018
	100 Breast	1:12.37	7-Jun-19	SJL	Emily Ricketts at 2019 Summer Classic
	200 Breast	2:34.70	14-Mar-81	NAAC	Paula Kelly
	50 Fly	28.89	12-Jun-21	SJL	Abby Williams at SJL Time Trial - June 12
	100 Fly	1:03.71	15-Feb-07	SJL	Kelsey Alexander @ Speedo Eastern Canadian Champs
	200 Fly	2:20.04	21-Feb-98	SJL	Suzanne Drodge
	100 IM	1:06.92	12-Jun-21	SJL	Abby Williams at SJL Time Trial - June 12
	200 IM	2:22.86	14-Dec-18	SJL- NL	Abby Simms at Ontario Junior International 2018
	400 IM	4:58.18	14-Dec-18	BYST	Peyton Mallowney at Ontario Junior International 2018
	200 Free Relay	1:50.56	1-Mar-14	SJL	St. John's Legends C. Silotch, C Hickman, J Grenning, M Whelan
	400 Free Relay	3:58.34	1-Mar-14	SJL	St. John's Legends C. Silotch, M. Whelan, C. Hickman, M. Mackay
	800 Free Relay	8:40.52	13-Dec-13	SJL	St. John's Legends C Silotch, M Mackay, C Hickman, M Whelan
	200 Medley Relay	2:03.15	1-Mar-14	SJL	St. John's Legends M. Whelan, R. Karlsson, C. Hickman, C. Silotch
	400 Medley Relay	4:29.71	1-Mar-14	SJL	St. John's Legends M. Whelan, R. Karlsson, C. Hickman, C. Silotch
	50 Free	26.25	14-Dec-18	SJL- NL	Abby Simms at Ontario Junior International 2018
	100 Free	56.97	14-Dec-18	SJL- NL	Abby Simms at Ontario Junior International 2018
	200 Free	2:04.58	14-Dec-18	SJL- NL	Abby Simms at Ontario Junior International 2018
	400 Free	4:22.46	19-Feb-04	SJL	Laura Murray
	800 Free	8:58.02	12-Feb-95	SJL	Suzanne Drodge
	1500 Free	17:37.24	13-Dec-97	SJL	Suzanne Drodge

RECORDS

50 Back	30.13	21-Oct-16	MUSC	Charli LeBlanc at 2016 Fall SWIM FASTival
100 Back	1:04.31	13-Dec-19	SJL	Kate Williams at Ontario Junior International 2019
200 Back	2:16.88	14-Dec-18	SJL- NL	Kate Williams at Ontario Junior International 2018
50 Breast	32.92	7-Dec-17	SJL	Emily Ricketts at AA-AAA Invitation Pointe-Clai
100 Breast	1:12.37	7-Jun-19	SJL	Emily Ricketts at 2019 Summer Classic
200 Breast	2:34.70	14-Mar-81	NAAC	Paula Kelly
50 Fly	28.74	7-Feb-20	MUSC- NL	Polina Konstantinova at 2020 Subway AUS Swimming Championships
100 Fly	1:03.71	18-Feb-07	SJL	Kelsey Alexander
200 Fly	2:20.04	21-Feb-98	SJL	Suzanne Drodge
100 IM	1:08.15	15-Mar-13	SJL	Caroline Hickman @ 2013 SNL SC Championships
200 IM	2:22.86	14-Dec-18	SJL- NL	Abby Simms at Ontario Junior International 2018
400 IM	4:58.18	14-Dec-18	BYST	Peyton Mallowney at Ontario Junior International 2018
200 Free Relay	1:50.56	2-Mar-14	SJL	St. John's Legends C. Silotch, C. Hickman, J. Greening, M. Whelan
400 Free Relay	4:00.45	14-Dec-13	SJL	St. John's Legends C Silotch, M Mackay, C Hickman, M Whelan
800 Free Relay	8:40.52	13-Dec-13	SJL	St. John's Legends C Silotch, M Mackay, C Hickman, M Whelan
200 Medley Relay	2:03.15	2-Mar-14	SJL	St. Johns Legends M. Whelan, R. Karlsson, C. Hickman, C. Silotch
400 Medley Relay	4:29.71	1-Mar-14	SJL	St. Johns Legends M. Whelan, R. Karlsson, C. Hickman, C. Silotch

RECORDS
SC Meters-Male

10 & U	50 Free	32.87	3-Mar-06	SJL	Owen DALY @ Short Course Champs 2006	
	100 Free	1:14.11	1-Jun-18	SJL	Sawyer LeBlanc at 2018 Summer Classic	
	200 Free	2:36.03	11-Mar-88	NAAC	Chris Granter	
	400 Free	5:20.86	26-Feb-88	NAAC	Chris Granter	
	800 Free	11:41.22	1-Jun-18	SJL	Sawyer LeBlanc at 2018 Summer Classic	
	1500 Free	24:13.04	5-Nov-17	SJL	Sawyer LeBlanc @ Gander Toyota Fall Invitational	
	50 Back	38.17	26-Feb-88	NAAC	Chris Granter	
	100 Back	1:26.92	23-Nov-17	SJL	Sawyer LeBlanc at 2017 Body Quest - SINK OR SWIM Invitational	
	200 Back	2:56.07	1-Jun-18	SJL	Sawyer LeBlanc at 2018 Summer Classic	
	50 Breast	44.75	11-Mar-11	SJL	Cameron Hickman @ 2011 SNL SC Championships	
	100 Breast	1:39.78	3-Nov-17	SJL	Sawyer LeBlanc at Gander Toyota fall invitational 2017	
	200 Breast	3:27.71	28-Oct-17	SJL	Sawyer LeBlanc at October 28 Time Trial	
	50 Fly	35.75	10-Oct-83	NAAC	Iain Tennent	
	100 Fly	1:28.82	3-Mar-06	SJL	Owen DALY @ Short Course Champs 2006	
	200 Fly	3:15.10	16-Jan-82	NAAC	Fergus O'Brien	
	100 IM	1:23.14	26-Feb-88	NAAC	Chris Granter	
	200 IM	2:55.41	8-Dec-86	NAAC	Adrian Costello	
	400 IM	6:55.52	29-Feb-20	SJL	Matthew Earle at Leap For Champs 2020	
	200 Free Relay	2:18.88	2-Mar-87	NAAC	NAAC Nagpurkar, Scott, Granter, Hatcher	
	400 Free Relay	5:26.40	12-Nov-88	NAAC	NAAC Herder, Howell, Howell, Tennent	
	800 Free Relay	12:40.86	5-Nov-10	SJL	St John's Legends Swim Club J. BATTCOCK, M. BREEN, C.	
	200 Medley Relay	2:43.81	3-Mar-87	NAAC	NAAC Hatcher, Scott, Nagpurkar, O'Reilly	
	400 Medley Relay	5:55.64	6-Nov-88	SJL	NAAC Herder, Howell, Howell, Tennent	
	11-12	50 Free	27.92	6-Dec-85	NAAC	Iain Tennent
		100 Free	1:00.58	28-Feb-13	SJL	Noah Cumby @ 2013 East Coast SC Championships
		200 Free	2:10.95	7-Dec-85	NAAC	Iain Tennent
		400 Free	4:32.60	6-Dec-85	NAAC	Iain Tennent
		800 Free	9:38.53	28-Feb-13	SJL	Noah Cumby @ 2013 East Coast SC Championships
		1500 Free	17:24.74	5-Dec-85	NAAC	Iain Tennent
		50 Back	31.18	27-Jan-17	SJL	James Drover at 2017 Bluefins Winter Invitational
100 Back		1:09.37	24-Mar-17	SJL	James Drover at 2017 Swimming NL Provincial Championships	
200 Back		2:29.22	24-Mar-17	SJL	James Drover at 2017 Swimming NL Provincial Championships	
50 Breast		36.65	2-Dec-16	SJL	James Drover at 2016 Body Quest - SINK OR SWIM Invitational	
100 Breast		1:21.28	1-Jan-01	SJL	Scott Bennett	
200 Breast		2:49.99	1-Jan-01	SJL	Scott Bennett	
50 Fly		31.06	23-Nov-17	SJL	Joohyeok Seo at 2017 Body Quest - SINK OR SWIM Invitational	
100 Fly		1:12.90	29-Feb-08	SJL	Owen Daly @ 2008 Short Course Championships	
200 Fly		2:31.40	8-Dec-85	NAAC	Iain Tennent	
100 IM		1:11.05	27-Jan-17	SJL	James Drover at 2017 Bluefins Winter Invitational	
200 IM		2:33.50	31-Jan-86	NAAC	Iain Tennent	
400 IM		5:46.65	1-Jan-07	SJL	Leo Froude	
200 Free Relay		2:02.94	26-Feb-88	NAAC	NAAC Costello, Nagpurkar, Hatcher, Squires	
400 Free Relay		4:34.12	4-Mar-10	SJL	St. John's Legends Swim Club L. SLADE, W. FERGUSON-O'BRIEN, S.	
800 Free Relay		10:14.16	1-Mar-13	SJL	St. John's Legends N. Cumby, C. Hickman, J. Wareham, D. Mackay	
200 Medley Relay		2:17.56	22-Feb-85	NAAC	NAAC Flemming, Krizan, Kiruluta, Tennent	
400 Medley Relay		5:19.97	1-Mar-13	SJL	St. John's Legends Swim Club J. Wareham, C. Hickman, N. Cumby, D.	
13-14		50 Free	24.25	18-Feb-10	SJL	Owen Daly @ Championnats canadiens de l'es
		100 Free	53.26	27-Jun-21	SJL	Jaxson Row at SJL In-House Time Trial #6

RECORDS

13-14	200 Free	1:56.27	4-Mar-10	SJL	Owen Daly @ East Coast Short Course Championship 2010
	400 Free	4:12.59	4-Mar-10	SJL	Owen Daly @ East Coast Short Course Championship 2010
	800 Free	8:44.98	18-Feb-10	SJL	Owen Daly @ Championnats canadiens de l'es
	1500 Free	16:53.16	1-Jan-87	SJL	Iain Tennent
	50 Back	28.34	5-Mar-15	SJL	Noah Cumby @ 2015 East Coast Short Course
	100 Back	1:02.55	12-Mar-10	SJL	Owen Daly @ 2010 SNL SC Championships
	200 Back	2:13.37	1-Mar-12	SJL	Logan Slade @ 2012 East Coast Short Course Championship
	50 Breast	32.46	22-Nov-18	SJL- NL	Andrew Rossiter at 2018 Body Quest MPM 3rd Annual Sink or Swim
	100 Breast	1:10.00	22-Nov-18	SJL- NL	Andrew Rossiter at 2018 Body Quest MPM 3rd Annual Sink or Swim
	200 Breast	2:30.86	6-Dec-18	SJL- NL	Arjan O'Brien at AA-AAA Invitation Pointe-Clai
	50 Fly	26.22	4-Mar-10	SJL	Owen Daly @ East Coast Short Course Championship 2010
	100 Fly	58.79	4-Mar-10	SJL	Owen Daly @ East Coast Short Course Championship 2010
	200 Fly	2:15.00	24-Aug-09	NL	Owen Daly @ Canada Games 2009
	100 IM	1:05.71	23-Jan-21	SJL	Jaxson Row at SJL Time Trial #4
	200 IM	2:17.52	4-Mar-10	SJL	Owen Daly @ East Coast Short Course Championship 2010
	400 IM	4:50.25	12-Mar-10	SJL	Owen Daly @ 2010 SNL SC Championships
	200 Free Relay	1:46.19	4-Mar-12	SJL	St. John's Legends L. Slade, S. Hiscock, L. O'Leary, J. Twells
	400 Free Relay	3:55.90	4-Mar-10	SJL	St. John's Legends O. DALY, S. NEWHOOK, L. FROUDE, I. COWLEY
	800 Free Relay	8:46.99	16-Dec-11	SJL	St. John's Legends S. Hiscock, L. Slade, C. Smith, D. Brown
	200 Medley Relay	2:02.35	2-Mar-12	SJL	St. John's Legends G. Shortall, L. O'Leary, L. Slade, S. Hiscock
	400 Medley Relay	4:25.21	1-Mar-12	SJL	St. John's Legends G. Shortall, L. O'Leary, L. Slade, S. Hiscock
15-17	50 Free	22.92	15-Dec-17	SJL	Noah Cumby at Ontario Junior International 2017
	100 Free	50.09	15-Dec-17	SJL	Noah Cumby at Ontario Junior International 2017
	200 Free	1:51.27	6-Jun-18	SJL	Noah Cumby at Legends June Time Trial
	400 Free	4:02.98	8-Feb-97	SJL	Robbie Tennent
	800 Free	8:30.63	15-Dec-17	SJL	Thomas Chafe at Ontario Junior International 2017
	1500 Free	16:14.27	15-Dec-17	SJL	Thomas Chafe at Ontario Junior International 2017
	50 Back	27.00	24-Mar-17	SJL	Noah Cumby at 2017 Swimming NL Provincial Championships
	100 Back	56.67	16-Dec-16	SJL	Noah Cumby at Ontario Junior International 2016
	200 Back	2:07.04	6-Feb-97	SJL	Robbie Tennent
	50 Breast	30.47	6-Dec-18	SJL- NL	Max Kelly at AA-AAA Invitation Pointe-Clai
	100 Breast	1:05.91	24-Feb-93	SJL	Adrian Costello
	200 Breast	2:20.95	15-Feb-13	SJL	Martin Whelan @ 2013 Eastern Canadian Champs
	50 Fly	24.95	16-Feb-13	SJL	Owen Daly @ 2013 Eastern Canadian Championships
	100 Fly	54.90	1-Mar-13	SJL	Owen Daly @ 2013 SC East Coast Champs
	200 Fly	2:09.53	20-Feb-99	SJL	George Colbert
	100 IM	1:00.85	11-Nov-11	SJL	Owen DALY @ Fall Classic 2011
	200 IM	2:10.08	28-Feb-13	SJL	Martin Whelan @ 2013 East Coast SC Championships
	400 IM	4:46.56	1-Jan-08	SJL	Brandon McKay
	200 Free Relay	1:45.54	24-Aug-09	SJL	St John's Legends Swim Club
	400 Free Relay	4:02.92	24-Aug-09	SJL	St John's Legends Swim Club
	800 Free Relay	11:15.64	24-Aug-09	SJL	St John's Legends Swim Club
	200 Medley Relay	1:58.32	24-Aug-09	SJL	St John's Legends Swim Club
	400 Medley Relay	4:01.32	1-Mar-14	SJL	St. John's Legends R. Robinson, C. Smith, O. Daley, S. Hiscock
	50 Free	22.92	15-Dec-17	SJL	Noah Cumby at Ontario Junior International 2017
	100 Free	50.09	15-Dec-17	SJL	Noah Cumby at Ontario Junior International 2017
	200 Free	1:50.78	14-Feb-13	SJL	Alexandre Lavater @ 2013 Eastern Canadian Championships
	400 Free	3:56.67	14-Feb-13	SJL	Liam Desjarlais @ 2013 Eastern Canadian Championships
	800 Free	8:30.63	15-Dec-17	SJL	Thomas Chafe at Ontario Junior International 2017
	1500 Free	16:14.27	15-Dec-17	SJL	Thomas Chafe at Ontario Junior International 2017

RECORDS

50 Back	27.00	24-Mar-17	SJL	Noah Cumby at 2017 Swimming NL Provincial Championships
100 Back	56.67	16-Dec-16	SJL	Noah Cumby at Ontario Junior International 2016
200 Back	2:07.25	16-Dec-16	SJL	Noah Cumby at Ontario Junior International 2016
50 Breast	29.92	13-Dec-13	SJL	Brandon Mckay
100 Breast	1:05.92	7-Feb-20	MUSC- NL	Max Kelly at 2020 Subway AUS Swimming Championships
200 Breast	2:20.95	12-Feb-13	SJL	Marty Whelan
50 Fly	24.95	15-Feb-12	SJL	Owen Daly
100 Fly	54.90	2-Mar-13	SJL	Owen Daly
200 Fly	2:04.43	5-Mar-93	SJL	Iain Tennent
100 IM	1:00.85	11-Nov-11	SJL	Owen Daly
200 IM	2:08.05	8-Feb-19	MUSC- NL	Thomas Chafe at 2019 Subway AUS Swimming Championships
400 IM	4:38.38	1-Mar-13	SJL	Leo Frodue
200 Free Relay	1:38.11	24-Aug-09	SJL	St John's Legends Swim Club O. DALY, A. BUCKINGHAM, B.
400 Free Relay	3:38.14	20-Nov-10	SJL	St John's Legends Swim Club A. BUCKINGHAM, B. MCKAY, O.
800 Free Relay	7:57.70	28-Feb-13	SJL	St John's Legends O. Daly, A. Buckingham, B. Mckay, T. Goosney
200 Medley Relay	1:50.41	10-Mar-02	SJL	St. John's Legends Gibbons, Thornhill, Kennedy, Mowbray
400 Medley Relay	4:01.32	15-Mar-07	SJL	St John's Legends O. Daly, Aly Buckingham, B. Mckay, T. Goosney