

AQUAPARK

Swimmer of the Month

April, 2018



Kaitlyn La

Development 1 & Development 2

It is with great enthusiasm that I announce the Development One and Two Swimmer of the Month for April, Kaitlyn La. Kaitlyn is a very technically oriented swimmer. During each work out, Kaitlyn strives to improve her technique and to swim correctly and efficiently during main sets. Kaitlyn's technique has continually improved throughout the season. She listens attentively to feedback and immediately attempts to apply this feedback to her technique. During drill work, Kaitlyn is often used as a model to demonstrate drills to her peers. Kaitlyn takes great pride when she is asked to demonstrate in front of the group. She is never boastful and remains modest when drills come easily to her. Kaitlyn effectively incorporates suggestions into her stroke correction. When instructions are given, Kaitlyn listens attentively and follows directions with minimal support. She is an exuberant lane mate, who loves to challenge her peers to go faster. Kaitlyn enjoys all aspects of workout and her pure love of swimming is written all over her face at every practice, through her infectious smile and cherry disposition. Kaitlyn loves to have fun at workouts and swim meets. She has established a very positive rapport with all of the coaches and her excellent sense of humor makes her a well-liked member of the group. I can always count on Kaitlyn for a witty observation or a funny comment to lighten the mood at swim meets. When it comes time to race, Kaitlyn easily translates what is learned at workouts into her racing. She is learning to maintain efficient strokes while racing and this has led to many personal bests in the pool. During a race, Kaitlyn is a very serious competitor who demonstrates an intense desire to win! She thoroughly enjoys chasing down another swimmer and takes great pride in her accomplishments. The desire to compete cannot be taught, as it is a drive that come from within. I see an intense desire to compete within Kaitlyn that will take her very far in the pool and allow her to pursue any challenge outside the sport, too!

I am so proud of how far you have come this season, Kaitlyn! It has been such a pleasure to be your coach!

Kristyn Wilson

