

AQUAPARK

Swimmer of the Month

June, 2018



Nathan Fowler

Development 1 & Development 2

At the close of the swim season, I wanted to choose a swimmer who exemplified many outstanding qualities both in and out of the pool, on a consistent basis, throughout the entire year. I am thrilled to announce our June Swimmer of the Month, Nathan Fowler. There are many reasons why I felt that Nathan stood out this season. Not only did Nathan make many significant strides in his technique and racing tactics, he was also an all around supportive teammate throughout the entire season!

Nathan was a pleasure to coach this year because he came to each and every workout ready to learn and to put forth his best efforts to complete each drill and set to the best of his ability. Each set was met with a smile and even on tough days Nathan never complained. It is a pleasure to work with someone who supports their teammates and their coach on a consistent basis. Nathan enjoyed challenging his peers to pursue their goals but he also made sure to have lots of fun in the pool too! In order to maintain longevity in the sport, an athlete needs to make the work fun and love what they do. At each workout, I could tell that Nathan truly has a passion for his sport. Each time he hit the wall he would have the biggest grin on his face! This love for swimming helped make our workouts a positive place to train.

Nathan thrived on receiving and applying feedback in workouts. Each time he was given feedback, Nathan would immediately attempt to apply the suggestions. He would work tirelessly to ensure he was doing what was asked of him. Nathan is very persistent in his pursuit of improvement. This continual pursuit for improvement, led Nathan to have very many successful races this season. Even if a race did not turn out the way that Nathan had hoped, he was always happy if he achieved success in his stroke execution or performed a particular skill in the race well. Nathan's stellar attitude on deck was exemplary and one for his teammates to emulate! After putting in a lot of hard work this season, Nathan saw the ultimate reward at Central Region Long Course C Championships, Nathan attained two B Champs times in the 50 and 100 free! All season Nathan worked hard to make some specific changes in his freestyle and the countless drills paid off in a big way! Nathan is proof that if you work hard at each practice and listen and apply the feedback that is given to you, you will attain your goals.

I was privileged to work with such a wonderful athlete this season. Nathan, you should be so proud of all of your accomplishments this season. Your hard work and determination allowed you to reach your goals this year. I know that your future in the pool is limitless! Keep up the stellar swimming! I'm so proud of you!

Kristyn Wilson

