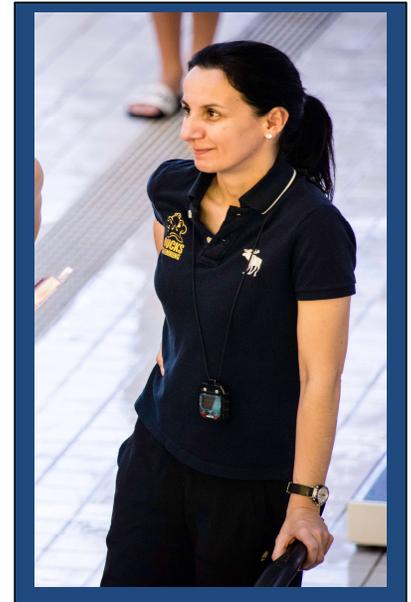




Edit Varga
AG1 and AG2 Swim Groups

Edit was born in Hungary. Her passion for swimming began at the age of 4 when she joined the Kaposvar Swim Club, and began training under the guidance of Josef Csutoras and Andrea Kecskes, who launched the Olympic champion breaststroker Norbert Rozsa. She remained a successful member of the team for 12 years, as a swimmer, then stayed onboard as a coach until she graduated from the Physical Education University of Budapest as a Swim Coach. She received a Degree in Sports Management from the University of Semmelweis.



She went on to do a 15-month International internship in Ireland, working as an Assistant to Kildare Country Golf Club Manager. From there, she continued her Sports Management studies at the University of Maryland, participating in the International Exchange program. After the completion of her sport studies, she continued her journey with the Carnival Cruise Lines as a Youth Program Director, where she spent 6 years working with a range of age groups planning various activities.

In 2011, she decided to return to her true passion of Coaching within the Sports industry, which she had missed dearly.

Edit has over 14 years of experience in the competitive swimming environment. Her swimmers have earned more than 20 provincial medals, where they broke more than 100 club records, qualified for the Eastern National Championships and won gold medals at the Ontario Open Water Championships. She is an outgoing, outspoken competitor, and holds the Level 2 NCCP certification in Canada.



***Edit's philosophy is that ...
"Swimming offers life skills
and opportunities for
personal growth that can be
found in few places today."***

Edit believes in continuous learning. She has attended numerous coaching conferences and constantly seeks out new dryland training ideas to keep things interesting with her swimmers.

Most recently, Edit served as the Head Age Group Coach at the Ducks Swimming Club in Aurora, where she was responsible for the design and implementation of the Age Group training and competition plan. Edit believes that a swimmer-coach relationship is an equal partnership that ensures that both coach and swimmer reach the best possible versions of themselves. Edit puts a very heavy emphasis on being competitive, because if a swimmer is internally motivated to win each and every day, and they are constantly striving to be the best possible version of him/herself, then they are going to be successful in whatever they do. She believes in working hard every day and thriving on a challenge. Success is no accident!