

NEWMARKET STINGRAYS

2021-2022 START UP SCHEDULE



All schedules are subject to change.

NATIONAL: COACH DAVE LING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SEPT 13 3:45-6PM MAGNA	14 3:45-5:30PM COMPLEX	15	16 3:45-5:30PM COMPLEX	17	18
20 3:45-6PM MAGNA	21 3:45-5:30PM COMPLEX	22 5:30-7:30AM MAGNA	23 3:45-5:30PM COMPLEX	24 3:45-6PM MAGNA	25
27 3:45-6PM MAGNA	28 3:45-5:30PM COMPLEX	29 5:30-7:30AM MAGNA	30 3:45-5:30PM COMPLEX	OCT 1 5:30-7:30AM MAGNA 3:45-6PM MAGNA	2 5:45-8AM MAGNA
4 3:45-6PM	5 3:45-5:30PM COMPLEX	6 5:30-7:30AM MAGNA	7 3:45-5:30PM COMPLEX	8 5:30-7:30AM MAGNA 3:45-6PM MAGNA	9 5:45-8AM MAGNA

Please note that the ARC facility is moving locations and is temporarily unavailable, we anticipate it returning to availability in early October.

AM Practices – on-deck time is 5:15AM, in the water at 5:30AM

Saturday AM Practice – on-deck time is 5:30AM, in the water at 5:45.

AG1/AG2: COACH EDIT VARGA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SEPT 13	14 3:45-6PM MAGNA	15	16 3:45-6PM* MAGNA	17 3:45-5:45PM COMPLEX	18
20 5:30-7:30AM MAGNA	21 3:45-6PM MAGNA	22 3:45-5:45PM COMPLEX (AG2)	23 3:45-6PM MAGNA (AG1)	24 3:45-5:45PM COMPLEX	25
27 5:30-7:30AM MAGNA	28 3:45-6PM MAGNA	29 3:45-5:45PM COMPLEX (AG2)	30 5:30-7:30AM SAC (AG1) 3:45-6PM MAGNA (AG1)	OCT 1 3:45-5:45PM COMPLEX	2 8-10AM MAGNA
4 5:30-7:30AM MAGNA	5 3:45-6PM MAGNA	6 3:45-5:45PM COMPLEX (AG2)	7 5:30-7:30AM SAC (AG1) 3:45-6PM MAGNA (AG1)	8 3:45-5:45PM COMPLEX	9 8-10AM MAGNA

* - regularly this practice slot will be AG1 only but for September 16th this will be both AG1 and AG2

Please note that the ARC facility is moving locations and is temporarily unavailable, we anticipate it returning to availability in early October.

AM Practices – on-deck time is 5:15AM, in the water at 5:30AM.

Saturday AM – on-deck time is 7:45AM, in the water at 8:00AM

AG3/AG4: COACH KELLY HUGHES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SEPT 13 3:45-6PM COMPLEX	14	15 3:45-6PM MAGNA	16	17	18
20 3:45-6PM COMPLEX	21	22 3:45-6PM MAGNA	23 5:30-7:30AM MAGNA	24	25
27 3:45-6PM COMPLEX	28 5:30-7:30AM MAGNA	29 3:45-6PM MAGNA	30 5:30-7:30AM MAGNA	OCT 1	2 6-8AM COMPLEX
4 3:45-6PM COMPLEX	5 5:30-7:30AM MAGNA	6 3:45-6PM MAGNA	7 5:30-7:30AM MAGNA	8 5:30-7:30AM SAC (AG3)	9 6-8AM COMPLEX

AM Practices – on-deck time is 5:15AM, in the water at 5:30AM.

Saturday AM – on-deck time 5:45AM, in the water at 6:00AM.

AG5: COACH SAM SHALOVSKY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SEPT 13 6:30-8PM SAC	14	15 3:45-5:45PM COMPLEX	16	17	18
20 6:30-8PM SAC	21	22 3:45-5:45PM COMPLEX	23 3:45-5:30PM MAGNA	24	25
27 6:30-8PM SAC	28	29 3:45-5:45PM COMPLEX	30 3:45-5:30PM MAGNA	OCT 1	2 TBD – MAGNA**
4 6:30-8PM SAC	5 6-7:30AM SAC*	6 3:45-5:45PM COMPLEX	7 3:45-5:30PM MAGNA	8	9 TBD – MAGNA**

* - due to a pandemic numbers restriction Friday AM practice will temporarily take place on Tuesday mornings

** - St. Andrew’s College is unavailable Saturday, October 2nd and 9th so practice will be moved

AM Practices – on-deck time is 5:45AM, in the water at 6AM.

DEV 1/DEV 2: COACH SAM SHALOVSKY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SEPT 13	14	15 6:30-8PM SAC	16	17 6-7:30PM SAC	18
20 6-7:30PM SAC (DEV 1)	21	22 6:30-8PM SAC	23	24 6-7:30PM SAC	25
27 6-7:30PM SAC (DEV 1)	28	29 6:30-8PM SAC	30	OCT 1 6-7:30PM SAC	2 TBD – COMPLEX**
4 6-7:30PM SAC (DEV 1)	5	6 6:30-8PM SAC	7	8 6-7:30PM SAC	9 TBD – COMPLEX**

** - St. Andrew’s College is unavailable Saturday, October 2nd and 9th so practice will be moved

WAVE SR/WAVE JR: COACH COLETTE FITZGERALD

Practices begin the week of October 4th with a regular practice schedule.

SPLASH: COACHING TEAM

Practices begin the week of October 4th with a regular practice schedule.