

EST. 1975



### SWIM GROUP EQUIPMENT LIST (2019 / 2020)

	<u>Required Equipment</u>	<u>Suggested Optional Equipment</u>
<u>Splashing Up Non-Competitive</u>	1 Practice Suit	1 <b>Red</b> shirt for photo day
	2 Pairs of Goggles	
	Speedo Flippers, Kickboard	
	Water Bottle	
	Equipment Bag	
<u>Splashing Up Competitive</u>	1 <b>Blue</b> Team Shirt	1 Spare <b>Blue</b> Team Shirt
	1 <b>Red</b> Team Shirt	1 Spare <b>Red</b> Team Shirt
	1 Team Caps (if worn )	1 Spare Team Caps (if worn )
	2 Pairs of Goggles	Speedo Backback Bag
	1 Practice Suit	Quick Dry Towel
	1 Team Racing Suit (Included in annual fees )	
	Speedo Flippers, Kickboard	
	Water Bottle	
	Equipment Bag	
	Bag Tag for Swim Meets	
<u>Development 1 &amp; 2</u>	1 <b>Blue</b> Team Shirt	1 Spare <b>Blue</b> Team Shirt
	1 <b>Red</b> Team Shirt	1 Spare <b>Red</b> Team Shirt
	1 Team Caps (if worn )	1 Spare Team Caps (if worn )
	1 Pair of Goggles	1 Spare Pair of Goggles
	1 Practice Suit	Speedo Backback Bag
	1 Team Racing Suit (Included in annual fees )	Quick Dry Towel
	Speedo Flippers, Kickboard, Water Bottle	
	Snorkel - Speedo Bullet Head Snorkel (No Valve )	
<u>AG 5</u>	1 <b>Blue</b> Team Shirt	1 Spare <b>Blue</b> Team Shirt
	1 <b>Red</b> Team Shirt	1 Spare <b>Red</b> Team Shirt
	1 Team Caps (if worn )	1 Spare Team Caps (if worn )
	1 Pair of Goggles	1 Spare Pair of Goggles
	1 Practice Suit	Speedo Backback Bag
	1 Team Racing Suit (Included in annual fees )	Quick Dry Towel
	Team Track Suit	
	Speedo Flippers, Kickboard, Pullbuoy	
	Snorkel - Speedo Bullet Head Snorkel (No Valve )	
	Water Bottle, Skipping Rope	
<u>AG 1 - 4, Senior, National Senior</u>	1 <b>Blue</b> Team Shirt	1 Spare <b>Blue</b> Team Shirt
	1 <b>Red</b> Team Shirt	1 Spare <b>Red</b> Team Shirt
	1 Team Caps (if worn )	1 Spare Team Caps (if worn )
	1 Pair of Goggles	1 Spare Pair of Goggles
	1 Practice Suit	Speedo Backback Bag
	1 Team Racing Suit (Included in annual fees )	Quick Dry Towel
	Team Track Suit	
For Athletes Needing New Flippers - Arena Powerfin Pro Fins		
	Kickboard, Skipping Rope, Water Bottle	
	Snorkel - Speedo Bullet Head Snorkel (No Valve )	
	Pullbuoy, Ankle Bands ( <b>Green</b> for <b>AG3 &amp; AG4</b> )	
	Hand Paddles - Finis Agility Paddles	

**NOTE: Swimmers must have their practice equipment at all workouts**