

# **SWIM MEET INFORMATION**

## **General**

Meets are run by individual swim clubs, either on their own or in collaboration with other clubs in the area. All meets are run by volunteers, and are entirely dependent on parents, families, and friends to fill all positions in the meet. NYAC, and all other clubs who run meets, set mandatory swim meet participation requirements for swim families. Failure to fill all positions will result in removal of the approval from Swim Ontario and/or Swim Canada, to run the meet and, hence, mean that the swimmers will not be able to swim. This is true of all meets at all levels of competition. NYAC requirements are noted in your registration package. Continued training in how to run the many positions at a swim meet, beyond the required positions set by NYAC, are encouraged and supported by ongoing training provided by NYAC and Swim Ontario. Please note that parents are welcomed to volunteer at any meet run by any club. Though other clubs cannot require your participation the way that NYAC does, they often could use your help, and in turn help improve skills essential for running NYAC meets. Making yourself available on the day of the meet, or before if possible, is always appreciated.

## **Meet Schedule**

The latest meet schedule will be posted on the NYAC website or ask your coach. It lists all of the meets that NYAC will attend, including qualifying times (subject to change) Swimmers who meet the qualifying standards for the meet and have the coach's approval, will compete in the meet. Swimmers who cannot attend a particular meet must inform the office as soon as possible. There is a fee for each entry. Late cancelation or no-show for an event or meet will result in the club, and therefore the swimmer, still having to pay the charge for all events that were not withdrawn before the meet-designated withdrawal deadline (also known as "scratch" deadline).

## **Meet Entries**

The coach will determine the events that a swimmer will swim. This includes strokes, distances, and number of events (up to the maximum allowable for the individual meet).

If you are unable to participate in swim meet you must contact the office for accounting purposes. Your coach should also be told so that they can adjust their plans for your swimmer.

## **Classification of Meets**

Age group meets are open to swimmers aged 17/18 and under. Some are classified as open, meaning there are no time pre-requisites for entry. Others have pre-requisite times, generally based on time standards set by Swim Ontario and/or Swim Canada. Time standards are listed on the website of Swim Ontario and Swim Canada. The meet can require pre-requisite times be met for particular events, or for the whole meet. Only swimmers who meet, or are faster than, the pre-requisite time may swim in the event and/or meet. Some meets have de-qualifying times, as well, wherein swimmers faster than a particular time cannot enter the event and/or meet.

## **What to bring to a meet:**

- Competition suit
- Competition cap
- NYAC T-shirt
- Sweatshirt
- Towel
- Water
- Nutritious snacks
- Sunscreen, sun hat, and sunglasses if the meet is outdoors

## **When to arrive, where to sit**

Arrive 15 minutes ahead of the meet warm-up time. The coach will inform you as to when that is. Please note that different age groups may have different warm-up times.

Swimmers will sit with coaches and team members at a designated area by the pool. Parents may not sit with the team, but may sit in designated viewing areas at the individual venues. Though touching base with a swimmer during the meet may occur, parents are encouraged to support their swimmer(s) and the other swimmers on the team from the viewing area, and are to refrain from coaching or otherwise instructing the swimmer on swim technique or strategy. Please see the section on parent involvement in this handbook.