

Travel Code of Conduct

Athletes, coaches, chaperones, and parents traveling with the North York Aquatic Club represent NYAC, the sport of swimming and their community when traveling to swim meets/events. The North York Aquatic Club wants to project an image that makes all of us proud of our sport and/or our athletes. Therefore, all individuals representing or traveling on behalf of NYAC will abide by the Code of Conduct and the Travel Code of Conduct.

This Code is in effect from the point of departure until returning home. All members have agreed to abide by the Code of Conduct at the point of registration with NYAC.

Infractions of the Code of Conduct may result in that athlete's family having to pay for the full cost of the trip, plus return fare, if the athlete is sent home early.

1. Drugs and Alcohol

Athletes may not drink or carry alcoholic beverages or use drugs other than those prescribed to them by a physician. Such drugs must be reported to the coaching and/or chaperoning staff before departure and/or on trip permission forms. However, proper administration of medications will be the athlete's responsibility.

2. Tobacco products

No athlete is permitted to use tobacco products at any time.

3. Inappropriate behavior

i) Appropriate behavior is mandatory on team trips. If the coaches and chaperone(s) deem behavior unacceptable the athlete will be scratched from the competition and sent home at his/her own expense.

Inappropriate behavior includes:

- failure to comply with the stated rules and/or curfews as set out by the coaches and chaperones, and
- any behavior in violation of our Code of Conduct and the Criminal Code of Canada.

ii) Responsible, orderly, and reasonably quiet behavior is expected of athletes at all times including while traveling on rented or public transportation, when on the pool deck or at their event, and when in restaurants and all other public areas.

4. Cleanliness

As a matter of team pride and courtesy to the event host, athletes are expected to leave the NYAC team area in a neat and clean condition at the conclusion of each session of the event as well as during their stay and upon leaving a hotel.

5. Hotel Etiquette

- i) Hotel etiquette of the highest caliber is mandatory. Because hotels are resting places for all guests, the following behavior is not acceptable:
 - running up and down hallways
 - room to room telephoning
 - playing loud music or television
 - fist fights and any kind of roughhousing behavior
 - prank phone calls to anyone in the hotel
 - pranks of any nature that may result in damage to property or injury to self or any others, including other team members.
- ii) To protect the propriety of the athletes and to protect our staff, there will be no male athletes in female athletes' rooms alone, and no female athletes in male athletes' rooms alone.
- iii) Athletes from other teams are not allowed in our athletes' hotel rooms.
- iv) There will be a team room provided or a common area supervised by a chaperone for relaxation and recreation whenever possible.
- v) Athlete's doors must remain open until curfew, with exceptions granted by the coach and/or chaperone.
- vi) Athletes are not permitted to go to a coach's room, nor a coach to an athlete's room.

Exceptions to this may be granted upon approval by supervisory staff (coach and/or chaperone).

6. Athlete Whereabouts

- i) Athletes are expected to remain with the team at all times during the trip.
- ii) Athletes are not to leave the pool, the hotel, or any other place at which the team has gathered without the permission of a coach or chaperone.

7. Curfew and rest times

- i) All team members are expected to respect each individual's needs for rest/study times, which will vary from trip to trip.
- ii) Athletes aged 16 and older may be left alone in their hotel room at the discretion of the team manager or designated head chaperone.
- iii) Curfews, as determined by the staff, are set to ensure proper rest for the athletes. These must be adhered to at all times. Failure to comply may result in that athlete being scratched from competition or, in more severe cases, sent home at his/her expense.

8. Billeting

When being billeted, athletes must be on their best behavior at all times. Conditions will not always be ideal, but unreasonable behavior will not be tolerated. Athletes should consider that it is their responsibility to report other athlete's behavior that does not adhere to the Code of Conduct to coaches or chaperones.

9. Transportation

- i) On occasion, members of NYAC will travel to competitions outside of the GTA using private bus transportation. As well, when the number of athletes is limited and doesn't warrant a bus, NYAC may choose alternate means of transport. This may include a multi-passenger van driven by one of the coaches or chaperones, or a personal vehicle driven by designated parents. The Code of Conduct applies to all forms of transportation. NYAC reserves the right to designate who travels on the bus when a bus is used.
- ii) If a parent does not want their athlete to be in a designated parent's car at any point throughout the trip, it is their responsibility to communicate this to the club ahead of the trip.
- iii) When traveling (by car, van, bus or airplane), athletes must wear seat belts if available and remain seated at all times.

All of the above conditions also apply to the last night of the trip. There may be occasions when the entire team will enjoy an outing, a movie or dinner on the last night. Return to the hotel must be orderly and quiet. All rules/curfews set out by the coaches and chaperones will be followed. NYAC recognizes that a curfew could be changed, but suggests that it be no later than midnight on the last night of a trip or 10pm throughout the competition.

For athletes of legal drinking age, NYAC recognizes that the conditions described above may infringe on some of your legal rights and may limit the freedom you usually enjoy. However, for the sake of unity within the team, your cooperation is required and expected.

Infractions will be dealt with on an individual basis, and action may be taken immediately or after return to Toronto. Please refer to the Discipline Policy and Procedure for Athletes in the Handbook for further information.

NYAC's Coach or Chaperone will review the Code of Conduct with the athletes at the beginning of the trip to ensure that it is fully understood by all the participants of the trip.

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