



SENIOR GROUPS

NYAC TEAM WEAR & EQUIPMENT LIST

Please ensure every piece of equipment and team wear is labeled with NYAC and your child's first and last name

A		B		C	
Equipment Required	NYAC Team wear required	Equipment Required	NYAC Team wear required	Equipment Required	NYAC Team wear required
<ul style="list-style-type: none"> Goggles Kick board Fins Paddles (TYR Catalyst, see coach for other) Snorkel Pull buoy Skipping ropes Water bottle Running shoes (we recommend you designate a pair of indoor shoes for dryland, especially at TPASC where it is required) 	<ul style="list-style-type: none"> NYAC Cap Black swimsuits (must be worn at all TPASC practices and meets) NYAC Black cotton T-shirts (must be worn at meets) NYAC Black warm up jacket (custom name embroidery) NYAC Backpack (custom name embroidery) Dryland – NYAC shirt required - Black cotton T-shirt, Dry fit black tank, Dry fit black T-shirt. 	<ul style="list-style-type: none"> Goggles Kick board Fins Paddles (TYR Catalyst, see coach for other) Snorkel Pull buoy Skipping ropes Water bottle Running shoes (we recommend you designate a pair of indoor shoes for dryland, especially at TPASC where it is required) 	<ul style="list-style-type: none"> NYAC Cap Black swimsuits (must be worn at all TPASC practices and meets) NYAC Black cotton T-shirts (must be worn at meets) NYAC Backpack (custom name embroidery) Dryland – NYAC shirt required - Black cotton T-shirt, Dry fit black tank, Dry fit black T-shirt. 	<ul style="list-style-type: none"> Goggles Kick board Fins Snorkel Pull buoy Skipping ropes Water Bottle 	<ul style="list-style-type: none"> NYAC Cap Black swimsuits (must be worn at all TPASC practices and meets) NYAC Black cotton T-shirts (must be worn at meets) <p>Recommended for those attending meets</p> <ul style="list-style-type: none"> NYAC Backpack (custom name embroidery)