

Welcome to NYAC's What's Happening Newsletter. Newsletters will be sent out bi-weekly on Fridays. Please look for it in your inbox and be sure to read it! It will make you a more informed swim parent! Missed a previous newsletter? Find it posted on the NYAC home page [HERE](#).

NYAC would like to wish all that celebrated a Happy New Year!



WAVES TRYOUTS FOR SPRING SESSION

Tell your family, friends, and neighbours how great our Waves Program is!

For more information, please see our tryout page on the website [here](#).

NYAC UPCOMING EVENTS



Central Region A Championship

January 26-29, 2023

[Info here](#)



NYAC January Invitational

Sunday, January 29, 2023

[Info here](#)



NYAC February Invitational

Sunday, February 12, 2023

[Info to come](#)



Winter Ontario Festival Championships

February 18, 2023 - February 19, 2023

[Info here](#)

Timers and Head Lane Timer/Turn Judges are needed as the meet will run double ended.
If NYAC officials are available, please send an email to yywong@rogers.com.

NYAC JANUARY INVITATIONAL – PLEASE READ

For those who signed up to work this weekend, thank you!

The warmup was shortened to 30 min, which means we have adjusted the start time for all the different positions. Please arrive 10 min prior to the times posted below so that you are checked in and ready for the briefings.

- 6:00 am - MM and Greeter
- 6:15 am - Referee, Starter, and Clerk of Course
- 6:30 am - Chief Timer, Assistant Chief Timer, and Stroke Judge
- 6:45 am - Inspector of Turns, Head Lane Timer, Timekeeper, Safety Marshal, and Photographer
- 6:45 am - Senior Briefing
- 7:00 am - General Briefing

Please direct any questions or concerns to Officials@nyacswimming.ca

Lynn Wong,
NYAC Meet Manager

HELP WANTED

Finance Committee: we are looking for members with a background in accounting and/or finances to join our finance committee. If interested, you may contact Dorothy Chong at treasurer@nyacswimming.ca

VOLUNTEER OPPORTUNITY

Do you need High School volunteer hours? Help out at the Splash and Dash with NYAC's Waves swimmers!

To make this a spectacular and smooth running event, we need many volunteers from 8:45 am - 11:00 am on Sunday, February 5, 2023 at TPASC.

Available jobs include:

- Handing out ribbons
- Corraling swimmers
- Welcoming families at the gates and doors

Please reach out Heather Bruce: heather@nyacswimming.ca for more information and to be a part of the fun.

OFFICIALS INFORMATION & CLINICS

Did you know that if you take an officiating course, you can register for volunteer official sessions at NYAC meets, which are considered contributions to the eight (8) required sessions you are to complete in the 2022-2023 season?

To refresh your memory, session commitments for 2022/23:

- At least three (3) sessions completed by January 31, 2023.
- All of the eight (8) sessions will be completed by June 15, 2023.
- The NYAC January Invitational will be the last meet to complete the last of the 3 sessions recommended. This is a very small one day meet and if you are able to sign up as an official, only one session will be available for you to work.

Please note: you can volunteer in other positions which contribute the same way for completed sessions. Failure to complete session commitments has financial consequences of \$125/per missed session. Remember, it takes volunteers to run a swim meet, so we would prefer it if you could volunteer (and it really is much more fun!).

If you still don't have an officials account set up for the 2022-2023 season, please reach out to officials@nyacswimming.ca immediately, as you cannot sign up on the job board until you have an Officials Account with Swim Canada.

Let us know which clinic you are interested in by filling in the following form [HERE](#).

NYAC will be offering several courses to help you become familiar with swim meets and qualify you to work as an official on deck. A schedule of upcoming sessions is located on our [website](#).

If you are new to swimming, the first course to take is:

1. Intro to Swimming, and then
2. Strokes and Turns

Questions about officiating? Contact nyacofficials@nyacswimming.ca

NUTRITIONAL TALK – PART 2

Eric Williamson Snack Making workshop watch [here!](#)

LOST AND FOUND

Reminder: please place “NYAC” and your swimmer's name on all equipment. If the items are found, we will know who to return them to. Please check your swimmer's bag before leaving the pool; this is the best practice for recovering forgotten things. Most pools have an area where they put lost & found articles. Please note that schools do not take found items from the pool to their central lost and found.

We ask you to please never contact a facility office to help you look for lost items. Their staff get an abundance of questions and its not their responsibility to retrieve these items. Also, too many phone calls to a facility could actually put NYAC’s permits and pool time at risk. We thank you in advance for your cooperation.

NYAC’S QUESTION OF THE WEEK

Question:

Will NYAC be hosting their annual Annual General Meeting (AGM) soon? Who can register, and when & where will it be held?

Answer:

NYAC will be hosting its AGM on Tuesday, February 28, 2023 at 7:00PM via Zoom. More information will be sent out to the membership shortly for registration and information. All members of NYAC who are above the age of 18 (or parents/guardians of those who are younger than 18) are encouraged to attend! Stay tuned for more information.

GO NYAC GO!
Connect with NYAC on social media!



Thank you to Delta Bingo, who has supported NYAC for many years, helping us to keep swimmers swimming with proceeds going to pay pool rent.

