



WHAT'S HAPPENING NEWSLETTER

FOR SEPTEMBER 3, 2021

Welcome to the 2021/22 Season! Like you, we hope that with improving vaccination rates, we will have a more normal season. Most swimmers will start **practice week of September 20, 2021**, and your coaches will be reaching out with more information about the first day and setting up Zoom meetings with each group.

Rest assured our coaches are aware for many, this is the first time back in the pool and their focus will be on swimmer's mental and physical health. They are also being trained to ensure public health recommendations for Covid-19 are enforced.

For new members, this newsletter is sent out during the competitive season to provide an update about club events, swim meets and to highlight some of our amazing members. We strongly encourage all guardians/parents and even the swimmers to read through the letter to stay on top of club news.

Eddie, Heather and Leela

New to NYAC and Competitive Swimming

A mandatory meeting for parents/guardians of new swimmers to the competitive program for NYAC will be held by Zoom on September 12, 2021, from 7:00pm to 8:00pm. During this meeting, we will review the following:

- Club structure and philosophy
- Practical tips on how to use Team Unify
- How to complete your registration for Swimming Canada – this is essential, as swimmers will NOT be allowed to participate in NYAC programming if this is not completed (since you will be on-line, we will walk you through the whole process)
- What are Session commitments and how do you get your training, we have 4 session commitments for the 2021/22.

Please sign up for this meeting [here](#)

Swimming Canada Registration of Swimmers

Before any swimmers can enter the water, the several waivers must be completed. You will be sent a link and the email will come from Swimming Canada. Based on the email you used previously for your Swimming Canada Swimmer's account (this is different from your NYAC account on Team Unify), you will login in to verify the information and complete the waivers. Please note this is also different than your Swimming Canada Officials account. Complete all the Waivers and agreements so that your swimmer can start swimming with their group!

Team Wear and Equipment

NYAC Special Sizing Days at Splashables - Splashables (50 Paxman Road, Unit 4 Etobicoke (Toronto), ON M9C 1B7 is the official team wear and equipment supplier for NYAC. They have

set aside the following dates and times exclusively for NYAC families to come to the store and order your swimmer's equipment and team apparel for the season. Guardians/Parents are welcome to visit the store anytime during their regular hours if the times below do not work for you.

- Saturday September 18 10:00 am - 6:00 pm
- Sunday September 19 12:00 pm - 4:00 pm
- Saturday September 25 10:00 am - 6:00 pm
- Sunday September 26 12:00 pm - 4:00 pm

The last day to order **team apparel** is Sunday, September 26, 2021, for a December 1 delivery.

- We recommend all **new swimmers go in person** to be sized for their swimsuits, fins, and goggles.
- No competitions are scheduled until at least January 2022, so you may hold off on purchasing items needed for attending a multi-club swim meet.
- To see what your swimmer needs to purchase, see the below link with group list requirements.
- **Black swimsuits are mandatory at all TPASC practices** and highly encouraged in all other pools.
- A NYAC cap is mandatory at all NYAC practices.

For full Team Wear and Equipment Information including the requirements for each group please see the NYAC Website (under the "For Parents tab") at: [Team Wear Link](#)

We Are Hiring

Please visit the [Employment page](#) for everything you need to know for earning high school volunteer hours with our Coach Academy to applying to be a Waves coach. For more information, contact Heather Bruce heather@nyacswimming.ca



Tryouts!

Know someone that would like swim as part of the NYAC team? Please have them sign up on the tryout and communication list below. We have tryouts scheduled for the following days, and all swimmers must pre-register before attending.

TRYOUT and NYAC Communication List

Tryouts will be held at **Douglas Snow Aquatic Centre (DSAC):** [5100 Yonge Street, North York, Ontario M2N 5V7](#) The entrance is off Beecroft Road on the following dates:

- September 10, 2021, from 5:00pm to 6:30pm
- September 11, 2021, from 9:00am to 11:00am
- September 15, 2021, from 6:30pm to 8:00pm



Congratulations to Our Members!

Open Water Age-Group Swimming

NYAC Open Water Racing program continues to grow. On August 22nd, NYAC swimmers participated in the Welland Swim Ontario Festival series, at the Welland International Flatwater Centre. Beautiful weather, great company and a great outdoor environment was a recipe for a fun weekend of racing and team building.

Seven swimmers ages 12 to 17 years of age represented NYAC amongst 130 swimmers from across the province.

Male highlights included:

- 1st place for Theo Bouwman in the Male 14-15 category
- 4th place for Benji Sykes in the Male 14 -15 category
- 4th place for Leif Bouwman in the Male 16 -17 category

Female highlights included:

- 8th place for Paige Cameron in the Female 12- 13 category
- 12th place for Anna Yu in the Female 12- 13 category
- 16th place for Ruth Macdonald in the Female 16-17 category
- 19th place for Loula Georgiou.

Congratulations to all swimmers, a great effort



Congratulations to Theo Bouwman who placed 1st in the Male 14-15 Category in Welland Open Water Swimming

Open water is quite a different experience from our traditional pool season, and it offers a refreshing change of pace and environment, while still involving the important elements of our sport such as swimming itself, competition, and training opportunities. It is a mentally refreshing alternative following the long pool season. From the coaches' corner, we highly recommend you think about open water next summer.



Congratulations to Master Swimmers



Izaura Araujo who finished first in her age category (40-45) at the Muskoka 70.3 Ironman.

Congratulations to Andrew McCarthy who finished 31 in his age category (45-49) at the Muskoka 70.3 Ironman.





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Labour Day Long Weekend – Office Closed

The NYAC Office will be closed September 3 and will reopen September 7th. During this time, e-mails will not be answered, we will do our best to respond upon our return. Have a great weekend before school starts!

Connect with NYAC!

- Instagram - Follow us by clicking [here](#)
- Facebook - Follow us by clicking [here](#)
- You Tube – Subscribe now, by clicking [here](#)