



OSHAC Chlorine Chronicles

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Way to go OSHAC!

February 2020



What a great Championship Season! And it's not quite over!!!! February saw OSHAC swimmers set new Club Records, both individual and relays. At every Championship meet this month, OSHAC was on the podium. Read more about medal winners and new club records in the Coaches Top Stories. Congratulations to all swimmers that participated in the Championship meets!

The OSHAC Swim-a-Thon has raised over \$4,000 so far. Weekly top fundraisers will be awarded a prize and our top fundraisers will win AirPods. Be sure to register your swimmer and help raise funds for our Club. Funds raised will help offset the cost of pool time. Thank you to the families helping to raise funds for OSHAC!

Let's get social!! Did you know that OSHAC has a FaceBook page and an Instagram account?

<https://www.facebook.com/groups/2230534017/?ref=share>

<https://instagram.com/oshawaaquaticclub?igshid=8qzoi2dr8zm9>

Follow us and post pictures of your swimmers on our sites.

OSHAC Swimmers Take the Podium at ALL Championship Meets



Over the past four weeks the Oshawa Aquatic Club has participated in multiple championship meets and swimmers have been VERY SUCCESSFUL.

CENTRAL REGION A CHAMPIONSHIPS

Hannah Kolesnik BRONZE 14 year old girls 200 Breaststroke

Camden Reid SILVER 12 year old boys 200 Butterfly

Dana Hansen SILVER 12 year old girls 100 Butterfly

Hannah Kolesnik SILVER 14 year old girls 100 Breaststroke

CENTRAL REGION B CHAMPIONSHIPS

Peyton Oulds GOLD 13 year old girls 800 Freestyle

Mya Davis BRONZE 13 year old girls 800 Freestyle

Sarah Reimer GOLD 15 year old girls 800 Freestyle

Ben Paterson GOLD 14 year old boys 1500 Freestyle

Hannah Kolesnik GOLD 14 year old girls 200 IM

Camden Reid SILVER 12 year old boys 400 Freestyle

Ben Paterson GOLD 14 year old boys 400 Freestyle

Peyton Oulds BRONZE 13 year old girls 100 Freestyle

Ben Paterson BRONZE 14 year old boys 100 Freestyle

Ryley Bell BRONZE 16&Over girls 200 Breaststroke

Jackson Sprung SILVER 16&Over boys 100 Backstroke

Hannah Kolesnik SILVER 14 year old girls 200 Butterfly

Ben Paterson BRONZE 14 year old boys 400 IM

11-12 year old girls 200 Freestyle Relay SILVER (Dana Hansen, Cassidy Muir, Summer Oulds, Sierra Oulds)

Ben Paterson SILVER 14 year old boys 200 Freestyle

Ben Paterson BRONZE 14 year old boys 100 Butterfly

Jackson Sprung SILVER 16&Over boys 200 Backstroke

Austin Prentice SILVER 16&Over boys 50 Freestyle

13-14 girls 200 Medley Relay BRONZE (Hannah Kolesnik, Alexanne Proulx, Ashlyn Morrison, Abygail Trinidad)

Summer Oulds GOLD 12 year old girls 50 Freestyle

CENTRAL REGION C CHAMPIONSHIPS

Ashlyn Morrison SILVER 14 year old girls 200 IM

Megan Englund BRONZE 15 year old girls 200 IM

Beatrix Morin BRONZE 11 year old girls 200 Breaststroke

Gavin Moore BRONZE 12 year old boys 200 Breaststroke

Gavin Moore GOLD 12 year old boys 100 Backstroke

Ashlyn Morrison BRONZE 14 year old girls 100 Freestyle

Abygail Trinidad GOLD 13 year old girls 100 Backstroke

Megan Englund SILVER 15 year old girls 100 Backstroke

Abygail Trinidad GOLD 13 year old girls 200 Butterfly

13-14 year old girls 200 Freestyle Relay A BRONZE (Abygail Trinidad, Olivia Dereschewitz, Hannah Blodgett, Ashlyn Morrison)

Megan Englund GOLD 15 year old girls 400 IM

Evan Szymanski GOLD 10&Under boys 200 Freestyle

Beatrix Morin GOLD 11 year old girls 200 Backstroke

Wade Mitchell BRONZE 12 year old boys 200 Backstroke

Reagan Marchlewicz BRONZE 11 year old girls 100 Breaststroke

Megan Melo BRONZE 10&Under girls 100 IM

Gavin Moore BRONZE 12 year old boys 400 IM

Ashlyn Morrison SILVER 14 year old girls 100 Butterfly

Abygail Trinidad BRONZE 13 year old girls 200 Backstroke

Jordan Townsend BRONZE 15 year old girls 100 Breaststroke

Ashlyn Morrison GOLD 14 year old girls 50 Freestyle

ONTARIO WINTER FESTIVALS CHAMPIONSHIPS

Camden Reid BRONZE 12 year old boys 200 Butterfly

OSHAC Swimmers set NEW Club Records!

Congratulations to the following swimmers who now hold new Club records.

11 & 12 girl's 200 Free relay with a time of 2:02.95 with Dana Hansen, Cassidy Muir, Sierra Oulds and Summer Oulds.

13 & 14 girl's, 200 Medley relay with a time of 2:11.88 with Hannah Kolesnik, Alexanne Proulx, Ashlyn Morrison and Abby Trinidad.

Senior Men's 200 Medley relay with a time of 1:57.30 with Jackson Sprung, Spencer Terryberry, Cooper Cecchetto, and Austin Prentice.

Ben Paterson, 13 & 14 boys 50 Free, 0:26.84 long course.

Dana Hansen, 11 & 12 Girls 100 Fly, 1:11.16 long course.

13 & 14 girls medley relay with Sasha Paterson, Hannah Kolesnik, Mya Davis, Peyton Oulds, 2:14.45 long course.

Hannah Kolesnik, 13 & 14 girls 100 Breast, 1:18.40 long course.

Good luck to the OSHAC swimmers who are headed to Ontario Youth Juniors March 5-8. Swim fast!

[READ MORE ON OUR WEBSITES](#)

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