



OSHAC Chlorine Chronicles

February 2021



Hello OSHAC Families!

We are excited to announce that we will be heading back to the pool! Please be patient while we work with the City of Oshawa and the Public Health Department as they develop a safe plan for our return to sport.

In September the City of Oshawa announced that a lifeguard was required at all OSHAC practices. This was an anticipated additional cost for members.

The City has permitted the following exception:

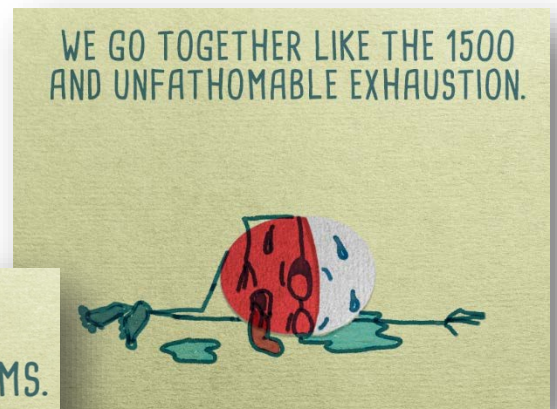
Practices with 2 or more oriented and certified coaches on deck do not require a City guard

Our coaching staff has made a selfless decision to be those “dedicated eyes on deck” and have deferred a substantial cost away from members. We thank our coaches for helping to keep costs manageable for our members during these challenging times.

February invoices will be sent out shortly and they will reflect the no pool fee payment. Once we are back in the pool, we will readjust the March payments if needed.

Thank you to everyone for continuing to support OSHAC.

Julie Reid
OSHAC President



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COACHES REPORT



Hello Everyone,

I am certain that with restrictions starting to be lifted, you are all getting excited to get back to the pool (as am I). We have been in touch with the City of Oshawa staff and they have informed us that it will still be a bit of a wait before we can access the pool. There are a few steps that they must go through before the building can be considered operational.

- All the staff of their recreation facilities have been redeployed to other areas of the City, all those staff must be recalled to their former duties.
- Durham Health Department must approve the City's return to operations plan (just like we need them to approve our return to train plan again, along with Swim Ontario).
- The pool has been dormant for more than 30 days it is now subject to an inspection from a health inspector before anyone can go in it.

The City of Oshawa has assured us that they are working towards completing these steps as fast as they can, but at this time they cannot give us a definitive restart date. Once they do, I will let you all know.

In the meantime, we will continue with our virtual schedule. I know that it seems like we have been doing it forever, and that I'm sure you would all rather be at the pool than online. Believe me, that's how I feel too. That being said, I am so thrilled with how all of our membership have responded to the dryland program. The work you have all done will pay huge dividends when we get back in the water. You should all be giving yourselves a HUGE pat on the back for all your commitment and determination over that last several weeks. So, I am asking you all to be patient for just a little bit longer. We are almost there!! Keep up the great work in the dryland workouts and before you know we will be swimming again.

A special thank you to Kiersten and Ryley for all their efforts to help keep all our membership engaged.

On Monday February 15th we will have everyone take the Family Day holiday off. There will be no dryland training on that day.

Be well and Stay Safe!

Regards,

Gord




VOLUNTEER HOURS

We have many volunteer hours available for members to earn back their \$400 volunteer credit. Once again, screeners are needed. Please be sure to log into our OSHAC Team Unify site and sign up for this role. Sign up will be available hopefully next week as we are waiting to hear back from the City for more details.

Screener = 2 CREDITS

- Arrive on time at your swimmers' practice.
- Stay 10 minutes to ensure all swimmers are screened. (IF the coach has a full roster then you are free to go and do not need to stay)
 - Ask the screening questions to any swimmers that arrive late and escort them into the facility and to the pool deck door.

Another easy way to receive volunteer credits is to become an Official.

Our Club requires all members to become Swim Ontario officials so that when we host a swim meet, we have enough Officials on deck. There are many clinics that can be taken online. These Level 1 clinics do not take very long to complete, and they earn you 1 credit per clinic completed.

If you are already a Level 1 official, you can continue to move up the ladder and become a Level 2 Official. This spring Swim Ontario is offering clinics for Level 2 (+) Officials. Please see below for additional clinics

Level 2 (+) Officials
Tuesday Clinics 7 PM -9:30 PM
Pre-Requisite

April 20th Judge of Strokes and Turns
April 27th Clerk of Course
May 4th Meet Manager

Intro to Swimming – Timekeeper
Intro to Swimming – Judge of Stroke and Turns
Recorder Scorer and Clerk of Course

Registration deadline

April 5th, 2021 for Tuesday Clinics

Saturdays Clinics 2 PM – 4:30 PM
Pre-Requisite

April 24th Recorder/Scorer
May 1st Chief Finish Judge/Chief Judge Electronics
May 8th Judge of Strokes and Turns

Intro to Swimming – Judge of Stroke and Turns
Intro to Swimming – Judge of Stroke and Turns
Intro to Swimming – Timekeeper

Registration deadline

April 9th, 2021 for Saturday Clinics

Email your registration request to: yywong@rogers.com

****include name and date of clinic and registrant/attendee name and affiliated club****

Each clinic will limit to 20 attendees

EACH clinic you attend will earn you one credit towards your volunteer credit earn back program.

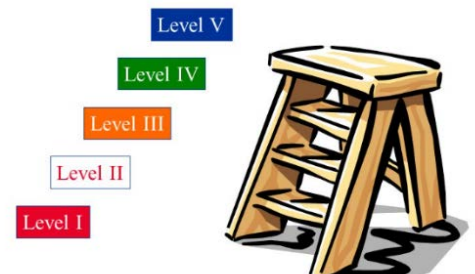
Up the Ladder

Check the Swim Ontario website for online courses you can take AND for a comprehensive overview of how to become an official

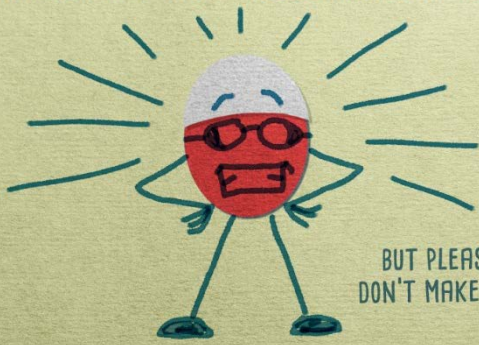
<https://edu.swimming.ca/>

If you have any questions about clinics or becoming an Official (especially if you are new to OSHAC or your swimmer is in AG3), please contact Joel Reid our Chief Officials Chair at

COC.oshac@gmail.com



I'D SWIM THE 400IM FOR YOU.



BUT PLEASE
DON'T MAKE ME.

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BOTTLE DRIVE

SAVE YOUR EMPTIES!



WE'RE COMING TO GET THEM

March 6th @ 11:00 am
Donavan Parking Lot

I LOVE HOW WE TALK...
THREE SECONDS AT A TIME...
AT THE WALL BETWEEN SETS.



[READ MORE ON OUR WEBSITES](#) [READ MORE ON OUR WEBSITES](#)