Owen Sound Swimming
Winter 2021 / Effective Feb 16th (post lockdown) (to EASTER)
Regular Training Schedule
NOTE: there are some changes to Comp3, Comp1, WAVES, TIDES

Group	MAX projected Swimmer Count / Lanes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Comp 3	**16**	6-7:45am Swim		7:15-8am Dry / Y Staff	6-7:15am Swim 7:15-8am Dry	6-7:45am Swim	7:00-8:45am Swim 8:50-9:30am Dry	
			4-5:30pm Swim * NEW	3:30-4:25pm Swim		3:30-4:30pm Dry		
Comp 2	**10**			6-7:45am Swim			8:50-10:25am Swim	
		3:30-4:25pm Swim 4:30-5:15pm Dry Y	4-5pm Dry email Y or home		5:20-6:30pm Swim/ * Change (Weeks 1&3)	4:30-5:05pm Dry Y 5:15-6:45pm Swim		
Comp 1	**15**		6-7:15am Swim 7:15-7:45am Dry				8:50-10:25am Swim	
		4:00-4:20 Dry tba 4:30-5:40pm Swim		4:00-4:20pm Dry 4:30-5:30pm Swim	5:20-6:30pm Swim/ * Change (Weeks 2&4)	4:30-5:30 Dry		
Waves	**15**	5:45-6:45 Swim	5:35-6:45pm Swim / * Change		4:00-5:15pm Swim / * Change			
Tides	**12**		6:50-7:45pm Swim / * Change	4:30-5:30pm Swim		5:15-6:45pm Swim		
Splash Blue	**7/ Jake**		6:05-6:45pm Swim		5:10-5:50pm Swim			
SplashWhite	**8 / Sarah**		7:05-7:45 Swim		5:55-6:35pm Swim			
Masters	**33**	6-7am Swim		6-7am Swim	6:40-7:45pm Swim		10:30-11:45	