



Dear Club Presidents, Coaches and Officials,

Swimming Canada would like to update our membership on the 2018-2021 Canadian Swimming Rulebook and the new Canadian Facility Rules & Guidelines.

All of the key stakeholders related to Swimming in Canada agreed that a comprehensive review and update of the Facility Rules was needed. A working group was created consisting of provincial sections, officials, the CSCTA and Swimming Canada staff. The task of the working group was to review the current facility rules, and in considering all of the perspectives of the key stakeholders, come up with recommended changes to the overall presentation and content of the facility rules.

As a result of the review, Swimming Canada has created Canadian Facility Rules & Guidelines, which will be effective as of September 1, 2018. This document includes three sections (along with supporting appendices):

- 1) FINA Facility Rules;
- 2) Canadian Facility Rules & Guidelines – Competition;
- 3) Canadian Facility Rules – Training.

The major change that is included relates to Diving Rules for both Competition and Training:

| Water Depth                      |  |
|----------------------------------|--|
| Less than 1.2m                   | No Diving; in water starts only <i>(no change from previous rules)</i>                         |
| 1.2m – 1.35m                     | Diving from permanent deck or bulkhead where height is not more than 0.35m from water surface. |
| 1.35m (equal to or greater than) | Diving from Starting Platform (max 0.75m from water surface as per FR 2.7)                     |

In order to support the change, a FAQ document, with frequently asked questions, has been created and will be updated and shared with our membership in the coming months.

Along with the launch of the new Canadian Facility Rules & Guidelines document and FAQ, the 2018-2021 Swimming Canada Rulebook has also been released. The Swimming Canada Rulebook contains all of the FINA and Canadian GR and SW rules, along with the SNC rules, WPS (para-swimming) rules and Open Water swimming rules.

The following documents can be found on the Swimming Canada website [here](#):

- 1) 2018 – 2021 Swimming Canada Rulebook
- 2) Canadian Facility Rules and Guidelines
- 3) Canadian Facility Rules and Guidelines FAQ

Swimming Canada would like to thank all of our partners, who were instrumental in completing this work over a very short period of time.

If you have any questions, please feel free to reach out to [questions@swimming.ca](mailto:questions@swimming.ca)

Thank you

Brian Edey  
Director, Operations