



PSW Weekly Update



Spartan Santa LMR

Last weekend we had 22 swimmers racing in Chilliwack at the Spartan Santa LMR meet. Coach Darlene and Isabella were very excited about how the swimmers raced all weekend and that every swimmer was able to get numerous best times. There were several firsts this weekend, Max W, Tim G, John L, and Carys E all raced their first 100 Butterfly ever while Matthew C qualified for his first Age Group Provincial time. Lewin J, with it being his first LMR meet, achieved 100% best times and dropped 25.93 seconds in his 200 Freestyle. Victor Z, with it also being his first LMR swim meet, had fantastic swims taking off 19.97 seconds from his 200IM also achieving 100% best times. Annise A also had a very successful swim meet with her 200 Freestyle also being a highlight; she dropped 26.20 seconds from her previous time and was 100% best times. Congratulations to all those who attended!



Pass Meet Recap

This week our youngest PSW swimmers had an exceptional second PASS meet! Hosted by PSW, it was a super fun day filled with some very fast swimming all across the board! Congratulations to Daniel Liu, David Gao, Davis Gao and Kyle Su for achieving their LMR qualifying standards! We are seeing much improvement from the last PASS meet. A huge thank you to all the parents who volunteered and helped out. GO PSW GO!

Swimmer of the Week

Junior 1- Hailey F Junior 2- Sebastian M
Junior 3- Davis G SWG- Chloe L
SWS- Angelica W SPG- Cloris Y SPS- Sunny L

X-Mas Cracker Recap

This past weekend 21 swimmers from the Youth program and Senior 2 competed in Victoria at the 16th annual PCS Christmas Cracker. We had a fantastic meet with so many best times! The following swimmers were 100% best times: Peter C, Leila F, Ethan K, Edison L, Kendra W, Charles Z and Claire Z. Although not 100% best times Tristan S had great races in the 100 and 200 breast, Darby W swam his first 400 IM and qualified for provincials in that event and Daniel W swam to some huge best times and was the top 11 year old in all but 2 of his events. Congrats on a great weekend of racing!