

2022-2023 PCSC COMPETITION CALENDAR

Date	Competition	Location	Age	Standard Required	Champ.	Mand.	Travel	Parent Deadline
September 17	Red, White, and Blue	PCSC	All	None				None
October 22	First-Timers Interclub	PCSC	11+	Athletes who do not have official times				October 11th
November TBD	Snowflake Invitation	Cornwall	9-12	None				TBD
November 5-6	Team Champs	Montreal - CAMO	11+	None		x		October 18th
November 19-20	Regional #1	Beaconsfield	12-	None				November 1st
November 25-27	Coupe du Quebec Senior (Fall)	Quebec City - CNQ	11+	Coupe du Quebec Senior (Fall) Standard			x	November 8th
November 25-27	PCSC Time Trial	PCSC	11+	None				November 8th
December 8-11	Pointe-Claire Invitational	Pointe-Claire	11+	Pointe-Claire Invitational Standard				November 22nd
December 16-18	Ontario Junior International	Toronto Pan Am Center	11+	Ontario Junior International Standards			x	November 29th
December 17	Regional #2	Saint-Laurent	12-	None				November 29th
January 22	Regional #3	Côte-Saint Luc	12-	None				January 3rd
January 27-29	Défi CALAC	Lasalle	12-	None				January 10th
January 27-29	Invitation Neptune Terrebonne	Terrebonne	13+	None				January 10th
February 12	Regional #4	Pointe-Claire	12-	None				January 31st
February 16-19	Coupe du Quebec Junior/Senior	Montreal - CAMO	11+	Coupe du Quebec Junior/Senior Standard		x		January 31st
March 19	Regional #5	Dollard des Ormeaux	12-	None				February 28th
March 16-19	Speedo Eastern Canadian Championships	Windsor	11+	3x Eastern time standard	x	x	x	February 28th
March 25-26	Elite Interclub	Longueuil	11+	None				March 7th
March 28-April 2	Bell Canadian Swimming Trials	Toronto	11+	Trials Standard	x	x	x	March 13th
April 15	Regional #6	Dorval	12-	None				March 28th
May 5-7	Defi UL	Quebec City	11+	None			x	April 11th
May 12-14	TOP CUP	Etobicoke Ontario	10-	None			x	April 25th
May 27-28	Mini Coupe Ouest	Montreal - CAMO	10 and Under	Standard	x	x		May 9th
June 9-11	Coupe des Regions #2	Pointe-Claire	11+	TBD				May 23rd
June 10-11	Regional Finals	TBD	12-	Regional Standards	x			May 23rd
June 28-July 1	Championnat Quebécoise ARENA	Montreal - Parc Jean Drapeau	11+	Championnat provincial standard	x	x		June 13th
July 2	Championnat quebécoise d'eau libre	Montreal - Parc Jean Drapeau	11+	Championnat provincial standard	x	x		June 13th
July 31-August 6	Speedo Canadian Junior and Senior Championships	Toronto	11+	CJC and/or CSC	x	x	x	July 11th
August 12-13	National Open Water Championship	Welland	11+	Selection	x		x	