# **Emergency Action Plan - Open Water Training C3 James dick quarry**

**Coach Name: Konstantin Danailov, Nemanja Colic, Roxana Danailov**

**Groups: National, Provincial, Youth**

**FACILITY INFORMATION**

**Facility Name** C3 James Dick Quarry **Facility Phone Number**  N/A

**Facility Address**: 18075 Hurontario St (Hwy 10), Caledon Village, ON L7K 1X2

**Directions to reach the facility from a major intersection**:

* + 800m south of Hwy 124 in Caledon Village on the east side of Hwy 10
  + North on Hwy 10, 500m past the set of lights going into James Dick Sand & Gravel Entrance

**KEY CONTACT INFORMATION FOR FACILITY**

**NLS Safety Person (at the time of your practice, first and last name, first aid certification):**

This information will be included once NLS Safety Positions have been filled

**In case of emergency who will make 911 call (first and last name)?**

Leading group coach.   
National – Konstantin   
Provincial – Nemanja

Youth - Roxana

**Other alternate person who would make the 911 call (first and last name)?**

By stander or NLS certified life guard

**EMERGENCY ITEM LOCATIONS**

**Emergency Phone – Location:**

No phone on site, cell phones to be used by coaching staff and NLS Safety Person

**Are Emergency Phone Numbers posted beside Emergency Phone, clearly identified and easy to read? YES-**list will be available for coaching staff and NLS Safety Person, with first aid kit and Medical and Contact Info for swimmers.

**Identify special instructions required to make an Emergency Call**.

N/A

**Describe the location of the main First Aid Kit:**

Will brought each day by Coach and stored with group groups gear

**How often is the First Aid Kit checked for contents?**

Weekly

**Are you aware of the contents of the First Aid Kit? YES**

**Describe the location of the Spine Board.**

No spine board on site

**Describe the location of the Defibrillator.**

No Defibrillator on site **Who (at the time of your practice) is trained to use the Defibrillator?**

N/A

**Do you have up to date Medical and Contact Information for Swimmers? YES**

**Describe the location for Medical and Contact Information for Swimmers**

RHAC keeps record of it. It is submitted with Fall registration

**Is the information held in a secure manner? YES**

**PART 2**

**In the space provided, outline the basic steps that you follow at your open water training when a minor incident occurs:**

|  |  |
| --- | --- |
| **Steps** | **Details** |
| **1** | Suspend all activity and training and have athletes meet with a coach away from injured athlete. |
| **2** | Have the NLS Safety Person be informed and attend. (Send a swimmer to get them if needed.) |
| **3** | Determine if further action is required medically. |
| **4** | If a swimmer needs further medical attention – an ambulance is called for.  Parent/guardian is called and notified about what happened and instructed where to meet their child. |
| **5** | If appropriate, have a friend of the swimmer sit with them while waiting as well as required adults. Ensure injured athlete is kept warm and calm. |
| **6** | If an ambulance is called, have a person wait by the facility entrance to direct them. |
| **7** | If the athlete is ok, and the area can be used, training may resume after a short discussion with swimmers on how to prevent future similar incidents. |
| **8** | If not appropriate to resume swimming, swimmers will be asked to wait in the meeting area and further debriefing of the incident would then take place after the injured swimmer is removed. |
| **9** | Incident is written up in detail covering witness accounts and actions taken. |
| **10** | Follow up later the same day and next day with athlete and their parent/guardian. |

**B. Do you have a plan in place (which you have shared with your swimmers) if you had to evacuate your facility due to a major incident? YES**

**If yes, have you ever practiced it with your swimmers? YES- this will be done on first day of training**