**REVISED JUNE 2020 DRYLAND CALENDAR**

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| **MON** | **TUE** | **WED** | **THUR** | **FRIDAY** | **SAT** | **SUN** |
| 15:15-6:00 PMSTRENGTH | 2CARDIOOUTDOOR RUN 30 MIN | 35:15-6:00 PMFLY MOBILITY | 4OFF | 55:15-6:00 PMSTRENGTH | 610-10:30 AMPOWER FUEL FOR SWIMMING | 7CARDIOBIKE 45 MIN |

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| 85:15-6:00 PMSTRENGTH | 9CARDIOOUTDOOR RUN 30 MIN | 105:15-6:00 PMBACKMOBILITY | 11OFF | 125:15-6:00 PMSTRENGTH | 138:30-9:00 AMPOWER FUEL FOR SWIMMING | 149:30-10:00 AMYOGA |

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| 155:15-6:00 PMSTRENGTH | 16CARDIOOUTDOOR RUN 30 MIN | 175:15-6:00 PMBREASTMOBILITY | 185:15-6:00 PMSTRENGTH | 19CARDIOBIKE45 MIN | 209:30-10:00 AMPOWER FUEL FOR SWIMMING | 219:30-10:00 AMYOGA |

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| 225:45-6:30 PMSTRENGTH | 23CARDIOOUTDOOR RUN 30 MIN | 245:15-6:00 PMFREE MOBILITY | 255:15-6:00 PMSTRENGTH | 265:15-5:45 PMYOGA | 27CARDIOBIKE 45 MIN | 289:30-10:00 AMPOWER FUEL FOR SWIMMING |
| 295:15-6:00 PMSTRENGTH | 30CARDIOOUTDOOR RUN 30 MIN |  |  |  |  |  |