

# **2020 Dean Boles Invitational**

**Hosted By**

**Region of Waterloo Swim Club**



**Meet Program - Afternoon Session**

**Warm-up: 1:00 p.m., Start 2:00 p.m.**

**February 22, 2020**

**Wilfrid Laurier University**

**Waterloo, Ontario**



## About Dean Boles



Welcome to the 2020 Dean Boles Invitational, hosted by the Region of Waterloo Swim Club.

For over 29 years, Dean was involved as both as a swimmer and as a Head Coach of the Region of Waterloo (ROW) swim club. Dean's coaching career commenced in the early 1980's as an Age Group Coach for ROW. He became Head Coach of the Golden Hawk swimming program, as well as ROW in 1987, replacing retired coach Cliff Barry. Dean was named three times Ontario Athletics Coach of the Year and also won the 3M Coach of the Year Award. Looking back at Dean's time with ROW and Laurier, Dean played a key role in helping swimmers make four different Canadian Olympic Teams, starting with Jen Button, Laura Nicholls, and ending with Keith Beavers in Beijing.

After 22 years as Head Coach of ROW, Dean accepted a position with SWIM ONTARIO as a Provincial Mentor Coach, starting in September 2009. In this position, Dean was responsible for the development of Swim Ontario's Provincial Team Development Program. This included representing Canada at the Commonwealth Games, Pan-Am Games and Pan-Pacific Games.

In May 2015, Dean became the National Coach of Denmark and coached the team at the 2016 Olympics. Subsequently, in January 2019, Dean returned to Canada to take on the position of Chief Executive/Chief Technical Officer of Swim Ontario.

In 2018, the Ontario Aquatic Hall of Fame inducted Dean under the category of Builder.

## 2020 Dean Boles Invitational - 2/22/2020

## ROW Swim Club

## 2020 Dean Boles Invitational

## Meet Program - Session 2 - Saturday PM Long Course

**Event 15 Women 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 7 Finals</b>				
1	Stone, Katherine	9	ROW	5:20.00
2	Liu, Zhuyun	10	ROW	5:00.00
3	Hutzal, Kate	10	ROW	5:00.00
4	Caliston, Camilla	10	ROW	5:00.00
5	Zurawski, Klara	10	ROW	5:20.00
<b>Heat 2 of 7 Finals</b>				
1	Monk, Ava	10	ROW	5:00.00
2	Gupta, Avika	10	ROW	5:00.00
3	Felder, Payton	12	ROW	3:45.89
4	Mahajan, Vani	12	OSAC	3:50.00
5	Odonoghue, Gabriella	10	ROW	5:00.00
6	Bast, Ava	10	ROW	5:00.00
<b>Heat 3 of 7 Finals</b>				
1	Nelson, Aleida	12	OSAC	3:36.38
2	Avery, Catherine	11	OSAC	3:30.51
3	Kocher, Michelle	12	OSAC	3:28.19
4	McAleese, Amelia	13	ROW	3:30.35
5	Prowse, Kerissa	12	OSAC	3:33.10
6	Thoms, Audrey	12	ROW	3:40.89
<b>Heat 4 of 7 Finals</b>				
1	Stewart, Alessa	11	OSAC	3:25.20
2	Avery, Sarah	11	OSAC	3:21.48
3	Mecky, Fayrouz	13	BBST	3:20.34
4	Harris, Julie	13	OSAC	3:20.44
5	Newell, Mackenzie	14	ROW	3:24.65
6	Cassidy, Shona	11	Speed Sharks	3:26.89
<b>Heat 5 of 7 Finals</b>				
1	Mayne, Kyla	13	ROW	3:05.68
2	Chernish, Isabella	13	ROW	3:03.34
3	Kent, Hannah	15	Breakers	2:59.63
4	Bell, Trinity	12	OSAC	3:00.00
5	Shannon, Lulu	14	ROW	3:04.70
6	Yajima, Kasumi	14	ROW	3:12.18
<b>Heat 6 of 7 Finals</b>				
1	Mayne, Jenna	16	ROW	2:54.58
2	Wang, Michelle	15	Breakers	2:53.76
3	Groves, Rachael	16	Speed Sharks	2:48.36
4	Titoura, Ksenia	16	ROW	2:53.37
5	Jacobi, Aurora	15	Breakers	2:54.00
6	O'Neill, Jenna	17	BBST	2:59.02

**Heat 7 of 7 Finals**

1	Routhier, Sydney	15	ROW	2:47.01
2	McDowell, Toria M	17	BBST	2:34.45
3	Hodge, Ashley	15	BORC	2:31.50
4	Beggs, Emma	14	Speed Sharks	2:32.48
5	Choi, Su Yeong	17	ROW	2:45.09
6	Kocher, Sophia	14	OSAC	2:47.57

**Event 16 Men 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
2	Patterson Thompson, Tri	11	HHAC	NT
3	Shatalov, Michael	10	ROW	5:20.00
4	Shannon, Beckett	9	ROW	5:20.00
<b>Heat 2 of 4 Finals</b>				
1	Heal, Galen	10	ROW	5:00.00
2	Khatar, Adam	10	ROW	5:00.00
3	Panariello, Diego	10	ROW	5:00.00
4	Fleites-Grimaldi, Isaac	10	ROW	5:00.00
5	Borman, Luke	10	ROW	5:00.00
6	Liu, Nathan	11	ROW	5:00.00
<b>Heat 3 of 4 Finals</b>				
1	Deir, Kentaro	11	ROW	3:46.19
2	Yajima, Takumi	13	ROW	3:24.94
3	Ruan, Bryant	14	ROW	3:19.67
4	Liu, Patrick	12	ROW	3:20.09
5	Nache, Edward	12	ROW	3:46.09
6	Meikle, Eric	11	OSAC	3:52.04
<b>Heat 4 of 4 Finals</b>				
1	Titoura, Pavel	14	ROW	2:59.37
2	Rito, Benjamin	13	ROW	2:52.61
3	Nelson, Aidan	14	OSAC	2:48.36
4	Currah, Aiden	17	Speed Sharks	2:50.00
5	Akgol, Ibrahim	13	ROW	2:56.35
6	Rossel, Sam	12	OSAC	3:11.15

**Event 17 Women 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals</b>				
1	Lee, Angela	12	ROW	3:35.29
2	Nguyen, Adelina	13	ROW	3:03.63
3	Sawicz, Kasia M	35	UNAT-MR	2:35.31
4	Chisholm, Alexis	15	Speed Sharks	3:01.21
5	Rathwell, Reegan	13	HHAC	3:15.12
6	Ditner, Janelle	16	HHAC	4:09.00



## 2020 Dean Boles Invitational - 2/22/2020

## ROW Swim Club

## 2020 Dean Boles Invitational

## Meet Program - Session 2 - Saturday PM Long Course

**Event 18 Men 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals</b>				
2	Teal, Walker	14	HHAC	2:58.00
3	Rodgers, Quinton	15	OSAC	2:27.96
4	Kuiper, Andrew	17	ROW	2:37.69

**Event 19 Women 100 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Finals</b>				
2	Gomis Flores, Anna	9	ROW	3:00.00
3	Thoms, Audrey	12	ROW	2:13.67
4	Stone, Katherine	9	ROW	2:30.00

**Heat 2 of 6 Finals**

1	Hutzal, Kate	10	ROW	2:08.10
2	Cassidy, Shona	11	Speed Sharks	1:55.00
3	Duwyn, Payton	12	OSAC	1:50.00
4	Prowse, Kerissa	12	OSAC	1:51.49
5	Shankar, Sharvani	12	Breakers	2:00.00

**Heat 3 of 6 Finals**

1	Kocher, Michelle	12	OSAC	1:47.93
2	Egan, Alayna	11	Speed Sharks	1:46.47
3	Mahajan, Vani	12	OSAC	1:45.00
4	Avery, Sarah	11	OSAC	1:46.21
5	Kent, Hannah	15	Breakers	1:47.32
6	Avery, Catherine	11	OSAC	1:49.00

**Heat 4 of 6 Finals**

1	Wright, Allison	13	Speed Sharks	1:43.92
2	Lindsay, Bronwyn	14	ROW	1:38.09
3	Chisholm, Alexis	15	Speed Sharks	1:35.00
4	Newell, Mackenzie	14	ROW	1:35.62
5	Felder, Payton	12	ROW	1:43.39
6	Tan_S7SB6SM7, Kylin	17	BORC	1:44.00

**Heat 5 of 6 Finals**

1	Nguyen, Adelina	13	ROW	1:32.97
2	Titoura, Ksenia	16	ROW	1:31.11
3	Routhier, Sydney	15	ROW	1:29.31
4	Mayne, Kyla	13	ROW	1:30.57
5	Shannon, Lulu	14	ROW	1:32.04
6	Woodhouse, Bethany	16	OSAC	1:34.83

**Heat 6 of 6 Finals**

1	Kocher, Sophia	14	OSAC	1:27.87
2	Choi, Su Yeong	17	ROW	1:20.85
3	Allaire, Ashley	16	BBST	1:17.84
4	Pittock, Rebecca	14	Speed Sharks	1:20.55
5	Mayne, Jenna	16	ROW	1:25.96
6	Bulz, Sara	13	ROW	1:28.30

**Event 20 Men 100 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Finals</b>				
1	Cudney_S11SB11SM11,	15	Speed Sharks	2:48.59
2	Kingma, Kobe	12	HHAC	2:32.20
3	Shannon, Beckett	9	ROW	2:15.00
4	Shatalov, Michael	10	ROW	2:30.00
5	Panariello, Diego	10	ROW	2:43.42

**Heat 2 of 6 Finals**

1	Liu, Nathan	11	ROW	2:15.00
2	Mantle, Ronan	12	ROW	2:04.81
3	Yajima, Takumi	13	ROW	2:00.89
4	Pupich, Ryan	14	Speed Sharks	2:02.53
5	Patterson Thompson, Tri	11	HHAC	2:14.67
6	Bhargava, Yashvardhan	13	ROW	2:15.00

**Heat 3 of 6 Finals**

1	Mercu, Robert	15	ROW	2:00.00
2	Deir, Kentaro	11	ROW	1:57.88
3	Sos, Benjamin	11	ROW	1:54.93
4	Wei, Nicholas	9	ROW	1:55.93
5	Bell, Samuel	13	Speed Sharks	2:00.00
6	Zivkovic, Aleksa	11	ROW	2:00.89

**Heat 4 of 6 Finals**

1	Meikle, Eric	11	OSAC	1:45.27
2	Liu, Patrick	12	ROW	1:41.11
3	Hayward, Greg	14	ROW	1:37.23
4	Rossel, Sam	12	OSAC	1:38.57
5	Piccinin Witzell, Devin	13	ROW	1:45.00
6	Nache, Edward	12	ROW	1:47.93

**Heat 5 of 6 Finals**

1	Phillips, Brady	15	Breakers	1:34.85
2	Rito, Benjamin	13	ROW	1:33.34
3	Akgol, Ibrahim	13	ROW	1:29.83
4	Wong, Tysen	15	ROW	1:31.08
5	Nelson, Aidan	14	OSAC	1:33.56
6	Arias, Nickolas	13	ROW	1:35.64

**Heat 6 of 6 Finals**

1	Titoura, Pavel	14	ROW	1:24.44
2	Meikle, Zach	17	OSAC	1:15.62
3	Thomas, Dylan	16	ROW	1:08.43
4	Chaban, Alex	17	OSAC	1:12.93
5	Horseman, Jayson	17	Breakers	1:23.73
6	Currah, Aiden	17	Speed Sharks	1:25.62

## 2020 Dean Boles Invitational - 2/22/2020

## ROW Swim Club

## 2020 Dean Boles Invitational

## Meet Program - Session 2 - Saturday PM Long Course

**Event 21 Women 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
2	Woodhouse, Claire	12	OSAC	NT
3	Garniss, Ainsley	10	HHAC	1:05.35
4	Gomis Flores, Anna	9	ROW	1:15.00
<b>Heat 2 of 4 Finals</b>				
1	Kingsley, Shiloh	10	HHAC	53.43
2	Jain, Olivia	11	ROW	50.97
3	Mollitor, Chelsea	12	ROW	48.95
4	Bellamy, Mikayla	14	ROW	50.00
5	Baskerville, Megan	10	ROW	51.18
6	Caliston, Camilla	10	ROW	1:00.06
<b>Heat 3 of 4 Finals</b>				
1	Ditner, Janelle	16	HHAC	46.33
2	Bulz, Sara	13	ROW	39.04
3	Chernish, Isabella	13	ROW	35.87
4	Groves, Rachael	16	Speed Sharks	36.09
5	McAleese, Amelia	13	ROW	46.08
6	Wright, Allison	13	Speed Sharks	46.95
<b>Heat 4 of 4 Finals</b>				
1	Slocombe, Bonnie	17	OSAC	34.22
2	Anstett, Lauren	15	OSAC	33.41
3	Hodge, Ashley	15	BORC	31.37
4	Beggs, Emma	14	Speed Sharks	32.89
5	McDowell, Toria M	17	BBST	33.65
6	Lindsay, Bronwyn	14	ROW	34.87

**Event 22 Men 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1	Cudney_S11SB11SM11,	15	Speed Sharks	1:09.81
2	Blair, Connor	10	Speed Sharks	1:00.00
3	Mantle, Ronan	12	ROW	50.75
4	Pupich, Ryan	14	Speed Sharks	52.83
5	Bhargava, Yashvardhan	13	ROW	1:00.00
<b>Heat 2 of 2 Finals</b>				
1	Kingma, Kobe	12	HHAC	49.22
2	Pardy, Austin	12	Speed Sharks	42.85
3	Yang, Jason	16	BORC	30.27
4	Schubert, Kurt	24	BORC	33.00
5	Bentum, Lucas	10	Speed Sharks	45.00
6	Bell, Samuel	13	Speed Sharks	50.00

**Event 23 Women 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
2	Kingsley, Shiloh	10	HHAC	NT
3	Woodhouse, Claire	12	OSAC	NT
4	Garniss, Ainsley	10	HHAC	NT
<b>Heat 2 of 4 Finals</b>				
1	Gupta, Avika	10	ROW	1:15.00
2	Shankar, Sharvani	12	Breakers	1:02.00
3	Baskerville, Megan	10	ROW	55.00
4	Bellamy, Mikayla	14	ROW	55.00
5	Monk, Ava	10	ROW	1:05.20
<b>Heat 3 of 4 Finals</b>				
1	Egan, Alayna	11	Speed Sharks	45.00
2	Ditner, Janelle	16	HHAC	39.67
3	Jacobi, Aurora	15	Breakers	38.00
4	Lee, Angela	12	ROW	39.58
5	Stewart, Alexsa	11	OSAC	43.20
6	Bender, Blythe	10	ROW	47.00
<b>Heat 4 of 4 Finals</b>				
1	Rathwell, Reegan	13	HHAC	35.97
2	Bell, Trinity	12	OSAC	35.58
3	Slocombe, Bonnie	17	OSAC	30.23
4	Wang, Michelle	15	Breakers	33.72
5	Pittock, Rebecca	14	Speed Sharks	35.69
6	Woodhouse, Grace	15	OSAC	36.96

**Event 24 Men 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1	Wei, Nicholas	9	ROW	1:01.38
2	Bentum, Lucas	10	Speed Sharks	55.00
3	Pardy, Austin	12	Speed Sharks	47.40
4	Ruan, Bryant	14	ROW	50.00
5	Patterson Thompson, Tri	11	HHAC	59.26
6	Khatar, Adam	10	ROW	1:15.00
<b>Heat 2 of 2 Finals</b>				
1	Kingma, Kobe	12	HHAC	42.72
2	Titoura, Pavel	14	ROW	32.67
3	Kuiper, Andrew	17	ROW	28.79
4	Teal, Walker	14	HHAC	32.04
5	Hayward, Greg	14	ROW	34.34
6	Zivkovic, Aleksa	11	ROW	45.89



## 2020 Dean Boles Invitational - 2/22/2020

## ROW Swim Club

## 2020 Dean Boles Invitational

## Meet Program - Session 2 - Saturday PM Long Course

**Event 25 Women 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals**

2	Liu, Zhuyun	10	ROW	4:00.00
3	Bast, Ava	10	ROW	4:00.00
4	Bellamy, Mikayla	14	ROW	4:00.00
5	Odonoghue, Gabriella	10	ROW	4:17.12

**Heat 2 of 5 Finals**

1	Duwyn, Payton	12	OSAC	3:50.00
2	Bender, Blythe	10	ROW	3:45.00
3	Nelson, Aleida	12	OSAC	3:31.21
4	Mollitor, Chelsea	12	ROW	3:36.49
5	McAleese, Amelia	13	ROW	3:45.89
6	Jain, Olivia	11	ROW	3:52.27

**Heat 3 of 5 Finals**

1	Shannon, Lulu	14	ROW	3:25.37
2	Titoura, Ksenia	16	ROW	3:21.94
3	Cassidy, Shona	11	Speed Sharks	3:15.53
4	Nguyen, Adelina	13	ROW	3:19.00
5	Thoms, Audrey	12	ROW	3:23.96
6	Thompson, Rosalind	12	ROW	3:30.00

**Heat 4 of 5 Finals**

1	Harris, Julie	13	OSAC	3:15.00
2	Newell, Mackenzie	14	ROW	3:02.97
3	Chernish, Isabella	13	ROW	2:48.84
4	O'Neill, Jenna	17	BBST	2:53.66
5	Mayne, Jenna	16	ROW	3:09.74
6	Yajima, Kasumi	14	ROW	3:15.44

**Heat 5 of 5 Finals**

1	Kent, Hannah	15	Breakers	2:45.28
2	Lindsay, Bronwyn	14	ROW	2:44.11
3	Beggs, Emma	14	Speed Sharks	2:28.12
4	Choi, Su Yeong	17	ROW	2:44.11
5	Routhier, Sydney	15	ROW	2:44.28
6	McDowell, Toria M	17	BBST	2:45.89

**Event 26 Men 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

1	Borman, Luke	10	ROW	4:19.95
2	Nache, Edward	12	ROW	3:58.21
3	Mercu, Robert	15	ROW	3:30.00
4	Deir, Kentaro	11	ROW	3:38.55
5	Heal, Galen	10	ROW	4:15.00
6	Fleites-Grimaldi, Isaac	10	ROW	NT

**Heat 2 of 2 Finals**

1	Wong, Tysen	15	ROW	3:27.04
2	Arias, Nickolas	13	ROW	3:14.33
3	Meikle, Zach	17	OSAC	2:27.75
4	Liu, Patrick	12	ROW	3:02.60
5	Sos, Benjamin	11	ROW	3:20.33
6	Piccinin Witzell, Devin	13	ROW	3:30.00

**Event 27 Women 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals**

2	Woodhouse, Claire	12	OSAC	NT
3	Gomis Flores, Anna	9	ROW	2:15.00
4	Shankar, Sharvani	12	Breakers	2:17.34

**Heat 2 of 6 Finals**

2	Zurawski, Klara	10	ROW	2:00.00
3	Mahajan, Vani	12	OSAC	1:35.00
4	Kingsley, Shiloh	10	HHAC	1:48.36
5	Garniss, Ainsley	10	HHAC	2:09.34

**Heat 3 of 6 Finals**

1	Bender, Blythe	10	ROW	1:35.00
2	Nelson, Aleida	12	OSAC	1:32.41
3	Wright, Allison	13	Speed Sharks	1:30.31
4	Avery, Sarah	11	OSAC	1:31.04
5	Avery, Catherine	11	OSAC	1:33.04
6	Duwyn, Payton	12	OSAC	1:35.00

**Heat 4 of 6 Finals**

1	Tan_S7SB6SM7, Kylin	17	BORC	1:30.00
2	Felder, Payton	12	ROW	1:27.25
3	Harris, Julie	13	OSAC	1:19.38
4	Egan, Alayna	11	Speed Sharks	1:25.00
5	Mollitor, Chelsea	12	ROW	1:27.35
6	Thompson, Rosalind	12	ROW	1:30.00

**Heat 5 of 6 Finals**

1	Woodhouse, Grace	15	OSAC	1:13.41
2	Mecky, Fayrouz	13	BBST	1:12.39
3	Groves, Rachael	16	Speed Sharks	1:09.23
4	Kocher, Sophia	14	OSAC	1:11.36
5	Bulz, Sara	13	ROW	1:13.37
6	Rathwell, Reegan	13	HHAC	1:17.27

**Heat 6 of 6 Finals**

1	Slocombe, Bonnie	17	OSAC	1:03.95
2	Jacobi, Aurora	15	Breakers	1:03.23
3	Allaire, Ashley	16	BBST	1:00.09
4	Chisholm, Alexis	15	Speed Sharks	1:03.15
5	Anstett, Lauren	15	OSAC	1:03.38
6	Wang, Michelle	15	Breakers	1:08.61



## 2020 Dean Boles Invitational - 2/22/2020

## ROW Swim Club

## 2020 Dean Boles Invitational

## Meet Program - Session 2 - Saturday PM Long Course

**Event 28 Men 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1	Bhargava, Yashvardhan	13	ROW	2:00.00
2	Bell, Samuel	13	Speed Sharks	1:35.00
3	Mantle, Ronan	12	ROW	1:33.34
4	Pupich, Ryan	14	Speed Sharks	1:34.92
5	Blair, Connor	10	Speed Sharks	1:45.00

**Heat 2 of 4 Finals**

1	Zivkovic, Aleksa	11	ROW	1:29.43
2	Pardy, Austin	12	Speed Sharks	1:21.83
3	Yajima, Takumi	13	ROW	1:18.73
4	Sos, Benjamin	11	ROW	1:19.99
5	Bentum, Lucas	10	Speed Sharks	1:25.00
6	Cudney_S11SB11SM11,	15	Speed Sharks	1:31.62

**Heat 3 of 4 Finals**

1	Phillips, Brady	15	Breakers	1:07.10
2	Bociort, Lucas	16	ROW	1:04.06
3	Teal, Walker	14	HHAC	1:01.29
4	Currah, Aiden	17	Speed Sharks	1:03.47
5	Hayward, Greg	14	ROW	1:05.58
6	Akgol, Ibrahim	13	ROW	1:09.63

**Heat 4 of 4 Finals**

1	Chaban, Alex	17	OSAC	59.58
2	Yang, Jason	16	BORC	56.93
3	Schubert, Kurt	24	BORC	53.40
4	De Livera, Avishka	18	BORC	56.36
5	Wen, Tommy	16	BORC	58.00
6	Horseman, Jayson	17	Breakers	59.96

**Event 29 Women 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

2	Caliston, Camilla	10	ROW	9:30.00
3	Stone, Katherine	9	ROW	9:00.00
4	Zurawski, Klara	10	ROW	9:30.00

**Heat 2 of 4 Finals**

1	Gupta, Avika	10	ROW	8:30.00
2	Hutzal, Kate	10	ROW	8:30.00
3	Bast, Ava	10	ROW	8:30.00
4	Odonoghue, Gabriella	10	ROW	8:30.00
5	Liu, Zhuyun	10	ROW	8:30.00
6	Monk, Ava	10	ROW	8:30.00

**Heat 3 of 4 Finals**

1	Kocher, Michelle	12	OSAC	6:13.31
2	Prowse, Kerissa	12	OSAC	6:00.00
3	Mayne, Kyla	13	ROW	5:49.04
4	Mecky, Fayrouz	13	BBST	5:57.81
5	Yajima, Kasumi	14	ROW	6:05.51
6	Stewart, Alexsa	11	OSAC	6:30.20

**Heat 4 of 4 Finals**

1	Bell, Trinity	12	OSAC	5:45.00
2	O'Neill, Jenna	17	BBST	5:27.85
3	Allaire, Ashley	16	BBST	4:36.72
4	Pittock, Rebecca	14	Speed Sharks	5:13.67
5	Woodhouse, Bethany	16	OSAC	5:44.50
6	Lee, Angela	12	ROW	5:45.41

**Event 30 Men 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

2	Borman, Luke	10	ROW	9:30.00
3	Shatalov, Michael	10	ROW	9:30.00
4	Panariello, Diego	10	ROW	9:30.00

**Heat 2 of 4 Finals**

2	Khatar, Adam	10	ROW	8:30.00
3	Wei, Nicholas	9	ROW	8:30.00
4	Fleites-Grimaldi, Isaac	10	ROW	8:30.00
5	Shannon, Beckett	9	ROW	9:30.00

**Heat 3 of 4 Finals**

1	Liu, Nathan	11	ROW	8:30.00
2	Mercu, Robert	15	ROW	6:30.00
3	Arias, Nickolas	13	ROW	6:14.81
4	Nelson, Aidan	14	OSAC	6:23.74
5	Wong, Tysen	15	ROW	7:10.61
6	Heal, Galen	10	ROW	8:30.00

**Heat 4 of 4 Finals**

1	Piccinin Witzell, Devin	13	ROW	6:00.00
2	Rossel, Sam	12	OSAC	5:45.00
3	Rodgers, Quinton	15	OSAC	4:40.75
4	Rito, Benjamin	13	ROW	5:12.02
5	Meikle, Eric	11	OSAC	6:00.00
6	Ruan, Bryant	14	ROW	6:11.11

