SFA LMR Swim Meet

**Saturday & Sunday, May 14-15, 2022**

**Simon Fraser Aquatics**

***Harry Jerome Community Center - North Vancouver***

**Sanctioned by Swim BC**

**Sanction #37262**

**Location**

Harry Jerome Community Recreation Center 6 lane 25 meter pool

123 East 23rd Street Dolphin starting / timing system

North Vancouver, BC

V7L 3E2

**Safe Sport Statement:** All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

**Format:**

**Saturday Sunday**

**9:30 am** access to the pool **9:30 am** access to the pool

**9:40 am** warm-up **9:40 am** warm-up

**10:30 am** start **10:30am** start

**2:30 pm** estimated finish **2:30 pm** estimated finish

**Eligibility:** All swimmers must be registered with Swim BC or other FINA affiliated organization. Age groups will be based on age on the first day of the competition.

Para-swimmers are welcome. Please designate the classification with the entries.

**Qualifying Standards:**

**Meet Entry standard**

200 IM = UNDER 4:00

Upon request, Clubs entered must **provide a proof of time sheet** for the **200 IM**; and proof of time for individuals entered in the 400m Freestyle. Entries that cannot be proven may be removed from the meet.

**Entries:**

Meet entries must be uploaded prior to the entry deadline to the Swimming Canada website

<https://www.swimming.ca/meetlist.aspx>.  Entries sent directly to the entries coordinator will not be accepted.

* Entries are limited a maximum of 4 events per sessions per swimmer.
* The 400 Freestyle will be limited to the fastest 12 entrants of each gender. Coaches will be notified of any swimmers who are not in the top 12, and will be permitted to select another event prior to the scratch deadline.
* The meet will be limited to 150 swimmers (the team entering the 150th swimmer will be accepted to the meet).

**Entry Fees:** Individual events $ 8.00

Relay events $ 20.00

Swim BC Competition Surcharge $ 4.00

Late or Deck entry $ 15.00 Individual

* Entry fees must be paid prior to the start of the first session.
* Deck entries will only be accepted for swimmers who are already entered in the meet. Deck entries will be entered into empty lanes only, no new heats will be created.
* Deck entry requests are required 20 minutes before the end of warm-up, and are payable in cash when the deck entry is accepted.
* Please make cheques payable to: **SIMON FRASER AQUATICS**

**Entry Deadline:** entries must be received by **Thursday May 5, 2022**

**Scratch Deadline:** Any scratches received on or before **Tuesday May 10, 2022** will have full reimbursement. After this date, a medical note must accompany scratch for reimbursement. No new heats will be created after Thursday, May 12, 2022.

**Meet Rules:**

1. AllSNC rules as stated in the SNC rulebook will apply.
2. Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1;
3. All LMR rules will be in effect.
4. 10 & U swimmers are limited to 4 hours of competition time.  Coaches should enter these swimmers in events which ensure completion of their sessions within 4 hours.
5. Swim BC warm-up competition safety procedures will be in effect at this meet and will be monitored by safety marshals.
6. **Meet Management reserves the right to limit/alter the meet to fit timelines. This may mean excluding or limiting entries in the 400m Freestyle, limiting entries in 200m events, or other such alterations.**
7. Scratches must be received by the Clerk of Course 20 minutes prior to the scheduled start time of the session.
8. At the discretion of meet management, para-swimmers who do not meet the qualifying time may be entered into the meet. Please e-mail the Meet Manager to request entry.
9. SFA is NOT responsible for visiting clubs’ swimmers

**Facility Rules and Access:**

* There are no spectators permitted in the building
* The pool deck is restricted to officials, coaches and swimmers.

**Deck Food:** There is no food for swimmers on the pool deck. Swimmers are permitted snacks in the gallery areas. Coaches, officials and volunteers will have small snacks and water served.

**Officials:** Each participating club will be required to submit a list of **3** deck officals (timers and/or other deck officials) for each session along with your club’s entries. Volunteer timers/officials will receive complimentary snacks and beverages.

**Coaches’ Meeting:** There may be a coaches’ meeting 10 minutes prior to the session start as required.

**Officials’ Meeting:** There will be an officials’ meeting 20 minutes prior to the start of each session.

**Awards:** There will be awards for the top 6 finishers in each event by age group (11&U, 12-13, 14&O).

**Parking:** The regular parking lot for the HJ Community Center will be closed for construction. Maps and instructions for parking will be circulated to teams in the week prior to the meet.

**Meet Manager Deirdre Porreca** Email: porreca@telus.net

**Officials Manager:** **Khay See** Email: officials@simonfraseraquatics.com

**Entries Coordinator: Deirdre Porreca** Email: porreca@telus.net

**Meet Referee** **Piero Porreca** Email: porreca@telus.net

|  |  |  |
| --- | --- | --- |
| **SATURDAY EVENTS** | | |
| GIRLS  event |  | BOYS  event |
| 1  3  5  7  9  11  13  15 | 200m IM  50m Butterfly  200m Breaststroke  100m Backstroke  200m Butterfly  50m Breaststroke  100m Freestyle  200m Freestyle relay | 2  4  6  8  10  12  14  16 |

|  |  |  |
| --- | --- | --- |
| **SUNDAY EVENTS** | | |
| GIRLS  event |  | BOYS  event |
| 17  19  21  23  25  27  29  31 | 200m freestyle  100m Breaststroke  50m Freestyle  200m Backstroke  100m Butterfly  50m Backstroke  400m Freestyle  200m Medley Relay | 18  20  22  24  26  28  30  32 |

**SFA LMR Swim Meet**

**- Officials Page -**

*Please pass this page on to your club’s director of officials.*

**Meet Officials:**

The number of swimmers entered from each club will dictate the number of officials that each club will be expected to bring to the meet.

3 – 5 swimmers 1 timer\*,

6 – 10 swimmers 1 timer, 1 stroke & turn\* per session

11 + swimmers 3 timers, 1 stroke & turn\*

* or other experienced deck official
* These are minimum requirements only. More help on deck will be appreciated.

The names of the stroke and turn or other deck officials must be submitted to the officials manager **May 10, 2022** with the names of your experienced deck officials and trainees.

All clubs are encouraged to bring their inexperienced stroke and turn judges- those that have attended a clinic but with limited deck experience in actual meets, as this will be an excellent meet to shadow with a more experienced official.

The referee will make stroke and turn assignments during the officials meeting. This meeting will take place 20 minutes prior to the session start at the pool.

Clubs will be assigned lanes for timing according to each club’s meet entry load. The lane assignment will be posted on the deck during each session. Please remind your parents that the lanes must be manned through to the end of the meet.

**Officials Manager: Khay See** Email: officials@simonfraseraquatics.com



