



# **SASKATOON JUNIOR GOLDFINS UPDATES**

## HOT NEWS

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### **Important dates:**

**Junior Goldfins  
Monday & Wednesday Lessons  
Moving to  
Harry Bailey Aquatic Centre:  
December 12, 14, 19 & 20, 2022**

**Holiday Season Break:  
December 22, 2022 -  
January 5, 2023**

**Kicking Crazy Celebration Event:  
January 18, 19 & 22, 2023**

**Junior Goldfins Kick Testing:  
January 23 - 30, 2023**

**Al Anderson's  
Source For Sports Swim Meet:  
February 3 - 5, 2023  
(Junior Goldfins Lessons are  
Cancelled)**

## ***SASKATOON JUNIOR GOLDFINS 2022 FALL GRADUATION***

The Saskatoon Goldfins Board of Directors and Coaches would like to congratulate the following Saskatoon Junior Goldfins swimmers as they have recently graduated to the Saskatoon Goldfins Swim Club's White 1 competitive training program.

Aliyah Abut  
Abigail Gauld  
Emmanuelle Jeanneau  
Ellie Smith

These swimmers will train three times/week in the Club's first level of the competitive program. Swimmers select two weekly training days (Mondays and Wednesdays or Tuesdays/Thursdays (Shaw Centre)). These swimmers then join the entire White 1 group as they gather together to train on Saturday mornings at the Shaw Centre.

The White 1 program is designed to transition swimmers into competitive swimming. Swimmers will develop technical, tactical, and training swimming skills in this engaging progressive program. Swimmers compete in local swim meets as well as swim meets that are designed to support introductory competitive opportunities.





# ***JUNIOR GOLDFINS TIMED 25M KICK & 50M KICK TESTING RESULTS - NOVEMBER 2022***

This season, the Junior Goldfins swimmers will be performing standardized kick testing . The Junior Goldfins Bronze Groups will be performing a timed 25M Freestyle Kick Test and the Junior Goldfins Silver & Gold Level Lessons will be performing a timed 50M Freestyle Kick Test. Results will be posted on the Saskatoon Goldfins website - Junior Goldfins Lessons Drop Down Tabs. Junior Goldfins results will be included in the Goldfins Swim Club's Global Testing Ranking Results. These rankings will be found on the Goldfins website under the tab: Goldfins 2023 Test Results

## ***TOP 3 JUNIOR GOLDFINS KICK TEST RESULTS - NOVEMBER 2022***



### **JR Goldfins T 25M Freestyle Kick**

- #1 - Brette White - 31.11
- #2 - Summer Grajo - 31.20
- #3 - Max Metz - 33.10

### **JR Goldfins T 50M Freestyle Kick**

- #1 - Luke Fatteicher - 59.74
- #2 - Sophia Young - 1:00.60
- #3 - Yuri Zaluski - 1:00.92

## ***MOST IMPROVED JUNIOR GOLDFINS KICK TEST RESULTS - NOVEMBER 2022***

### **JR Goldfins T 25M Freestyle Kick**

- #1 - Max Metz - 33.10 - 43.9% Improvement
- #2 - Zirui Ren - 51.16 - 40.5% Improvement
- #3 - Emily Walton-Bailey - 36.20 - 36.4% Improvement

### **JR Goldfins T 50M Freestyle Kick**

- #1 - Torrin Hussain - 1:09.76 - 62.7% Improvement
- #2 - Noa Bubmick - 1:15.86 - 23.5% Improvement
- #3 - Ty Fehr - 1:44.00 - 23.4% Improvement





# JUNIOR GOLDFINS LITTLE CAESARS 2022 FALL FUN MEET RESULTS

The Saskatoon Goldfins Swim Club hosted the first Little Caesars Fun Meet of the 2022-2023 Swim Season, Friday, December 2, 2022 at the Shaw Centre, Saskatoon, SK.

## Little Caesars 2022 Fall Fun Meet Statistics:

9 Junior Goldfins Competitive Events

126 Junior Goldfins Swimmers, 33 Parent Volunteers, 38 Senior Goldfins Swimmers and 15 Goldfins Coaches in attendance

314 Personal Best Times

78 Swimmers Posted 100% Personal Bests



## Junior Goldfins Swimmers who posted 100% Personal Best Results:

Farrah Aitken, Erykah Aubut, Scarlett Baier, Lenix Bear, Evelyn Bourassa, Esme Burke, Minau Burrows, William Cameron, Caris Carlson, Corbi Carlson, Ruby Chovan, Ryder Coulas, Malak Emara, Anna Epp, Eve Epp, Annabel Erickson, Wallis Fisher-Katz, Elsa Fletcher, Forest Fourney, Bronwen Friggstad, Abigail Gauld, Cora Giblin, Luke Giblin, Maddox Grismer, Saige Heinrichs, Greg Hortness, Bailey Hough, Montgomery Hyggen-Lorer, Logan Johnson, Evie Kent, Natalie Klenz, Conor Lam, Jasper Ledingham-Off, Olivia Lovick, Elliotte Mah, Louie Masich, Louie Masich, Ryland McAvoy, Syllas McAvoy, Mya Meyers, Zachary Mitchell, Stella Moore, Daniel Mu, Samuel Munshaw, Max Muzika, Andrew Neudorf, Sophie Nguyen, Viet Tri Nguyen, Amber Ou, Zoey Painchaud, Euler Pascua, Esme Penkala, Benjamin Pratt, John Preiss, Liam Preputa, Emma Reszat, Rhett Ruzesky, Abby Ryback, Alec Sothilingam, Asher St Amant, Fern Tallon, Tyler Tse, Liam Veikle, Piper Veikle, Yvonne Walz, Danny Wang, Frank Wang, Leo Wang, Brette White, Abigail Wierzbicki, Harriet Willoughby, Isaac Xie, Kris Xu, Rebecca Xu, Yolanda Xu, Luxi Yang, Yuri Zaluski, Hayden Zimmer and Neva Zimmer.





# LITTLE CAESARS 2022 FALL FUN MEET RESULTS (CON'T)

## Top 3 Most Improved Junior Goldfins Events:

- Forest Fourney 100 Freestyle “-90.64”
- Greg Hortness 50 Freestyle Kick “-64.25”
- Frank Wang 25 Freestyle Kick “-50.50”

## Fall Fun Meet Door Prize Winners:

- Bronze: Tyler Tse
- Silver: Adalyn Young
- Gold: Katie Zapshalla



## Top 3 Results from the Little Caesars 2022 Fall Fun Meet:

- 100M Freestyle:
  - Sophia Young - 1st, Euler Pascua – 2nd, Abigail Gauld – 3rd
- 50M Freestyle:
  - Ivan Thiessen – 1st, Sophie Nguyen – 2nd, Piper Veikle – 3rd
- 25M Freestyle:
  - Brette White – 1st, Summer Grajo – 2nd, Ruby Chovan – 3rd
- 50M Gold Backstroke:
  - Ryland McAvoy – 1st, Abigail Gauld – 2nd, Asher St.Amant – 3rd
- 25M Silver Backstroke:
  - Sylas McAvoy – 1st, James Wierzbicki – 1st, Ivan Thiessen – 3rd
- 25M Bronze Backstroke:
  - Jasper Ledingham-Off – 1st, Blaise Mitchell – 2nd, Corbi Carlson – 3rd
- 50M Gold Kick:
  - Euler Pascua – 1st, Yuri Zaluski – 2nd, Sophia Young – 3rd
- 50M Silver Kick:
  - Piper Veikle – 1st, Minau Burrows – 2nd, Sylas McAvoy – 3rd
- 25M Freestyle Kick:
  - Brette White – 1st, Summer Grajo – 2nd, Elliotte Mah – 3rd

