

Human Resources: Coaching

Updated: Sept 2021

SKSC Volunteer Coaching Program

SKSC offers individuals with the right skill asset to be active coach volunteers with the team. As a SKSC Volunteer Coach, you can make the difference to the team by providing your leadership, time and efforts, all while developing personal growth.

Successful individuals will work in a team environment developing their skills that may assist themselves in the future job market, while contributing to the aquatic community in which they live. Individuals should apply to the position by completing the profile interest sheet below.

Volunteer coach may learn any number of skills including:

- Effective verbal communications
- “Team” (Together Everyone Achieves More)
- Handling of equipment
- Records keeping
- Peer teaching
- Leadership skills
- Hands on learning

Volunteer Coaching Minimum Requirements:

- 15 years of age
- Able to be in water regularly when volunteering if needed.
- Wanting to work with younger swimmers
- Enjoy the team environment
- Want personal growth
- Successful Criminal Record check
- Able to attend volunteer training sessions
- Able to achieve minimum coaching certification (see below)
- Able to commit to 1-2 workouts/wk

Volunteer Coach Certification Requirements:

- While initially there are no requirements to be a volunteer coach, SKSC encourages individuals to acquire certifications ASAP that facilitate the coaching / learn to swim environment further. This may include anyone of the following
 - NCCP community sport coach
 - NCCP Level one
 - WSI
 - YMCA assistant swim instructor
 - Swim Academy instructor training
 - Other certifications that may complement such position



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Volunteer Coach Profile Interest Sheet

As a SKSC Volunteer Coach, you can make the difference to the SKSC team! Please complete the following to help guide us with how we can best facilitate your contributions and skill development.

Name: _____
(first) (last)

Phone Number: _____

Home Address: _____

Email Address: _____

Birth Date: _____
dd/mm/yy

Volunteer Experience (Previously) _____

Skills, Interests, Hobbies: _____

Why or what interested you to become a volunteer coach with SKSC:

What certifications do you have or will be taking in the near future?

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Volunteer Coach Profile Interest Sheet (page 2)

Availability (Check any days that interest you) - bolded times are where you would be most valuable

Mondays - Guildford

- 4:15-5:00 with Mini-Knights
- 5:00-5:45pm** with Mini-Knights
- 5:45-7:00pm with Silver (can start at 6:00pm if swimming workout)**

Tuesdays - SSLC

- 4:30-5:15 with Mini-Knights
- 5:15-6:00pm** with Mini-Knights
- 5:15-6:30pm with Silver or Bronze** (can start at 5:30pm if swimming workout)

Wednesdays - Guildford

- 4:15-5:00 with Mini-Knights
- 5:00-5:45pm** with Mini-Knights
- 4:45-6:00pm with Bronze (can start at 5:00pm if swimming workout)
- 5:45-7:00pm with Silver (can start at 6:00pm if swimming workout)

Thursdays - SSLC

- 4:30-5:15 with Mini-Knights
- 5:15-6:00pm** with Mini-Knights
- 5:15-6:30pm with Silver or Bronze (can start at 5:30pm if swimming workout)**

Fridays - SSLC

- 5:45-7:00pm with silver (can start at 6:00pm if swimming workout)**

Fridays - Guildford

- 4:45-6:00pm with bronze (can start at 5:00pm if swimming workout)
- 5:45-7:00pm with silver (can start at 6:00pm if swimming workout)

Saturdays - Guildford (not confirmed at this time, but maybe available)

- 9:45-11:00AM with waitlist group (can start at 10:00AM if swimming workout)



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Volunteer Coach Profile Interest Sheet (page 3)

Statement of Understanding

- I understand that as a volunteer coach with SKSC, I am expected to conduct myself in a manner that is ethical, legal and that will reflect well upon the Knights Team.
- I have filled out the above application to the best of my ability and all the information given is valid and correct.
- I understand that the volunteer coaching with SKSC has absolutely no cash value.
- I understand that weekly communication is expected and that I will check all modes of communication at minimum once-a-week. (This is always done via email)
- I understand that failure to comply with the above will result in termination of volunteering and its privileges.

SKSC Volunteering Coaching is conditional on a clear Criminal Record Search and Vulnerable Sector Search and ongoing volunteering is subject to you maintaining that status. If during the course of volunteering you are charged and/or convicted of an offence, you must promptly report such information to the Head Coach or Club President.

<i>Prospective Volunteer Coach (Printed Name)</i>	<i>Signature of prospective volunteer coach</i>	<i>Date</i>
<i>Guardian Name (Printed)</i>	<i>Guardian Signature</i>	<i>Date</i>