

# Lasers Newsletter

February 2020

## Dates to Remember

Feb. 15 - NO SWIM PARA

Feb. 17 - NO SWIM - Family Day

Feb. 18-22 - Regular Practice  
for Competitive Groups ONLY

Feb 17-20 -NO SWIM Pool School

Feb. 26 - Flex - Open House

Mar. 6-8 - SASK Junior Champs

Mar. 12-15 - MAN/SASK

Mar. 21 - Time Trial



Welcome to our monthly newsletter. We hope to keep everyone up to date with all news going on in our club. If you have something that you would like added to our next month's newsletter, please send me an email @ Lasersoffice@gmail.com. Deadline for submissions will be the 25th of the month.

### Goldfins Brainsport Invitational

The Lasers Started off the Long Course Swim Season with a BANG!!! We had "A" times, "AA" times, personal best times, a Canadian Record and Western Times.

#### **Westerns Times**

Shea Guest - 50m Free  
Ella Howe - 50m Free and 50m Fly  
Sydney Peace - 1500m Free  
Avery Weiland - 50m Free

#### **Canadian Record**

Congratulations to Niki Ens, who broke a Para Canadian Record in the 200m Free. Way to go Niki. We are all so proud of you and your amazing accomplishments in the pool.

#### **Future Stars**

Our Future Stars rocked the blocks this weekend. You all did such an amazing job. Keep up the great work.



### **Family Week**

February 17 - February 22

NO SWIM for all groups due to the Stat Holiday

Regular schedule for **Competitive Groups only** - Feb. 18 - 22

NO SWIM - Pool School Feb. 17 - 22

NO SWIM - PARA - Feb. 15

### **Open House - Flex Program**

FLEX PROGRAM FOR THE 2020/2021 SCHOOL YEAR  
OPEN HOUSE February 26<sup>th</sup>, 2019 @ 7pm at City Park School

The Flex - Flexible Schedule, Blended Learning - Program is designed for students in Grade 7 to Grade 12 who wish to combine their education with pursuits that are often found outside school offerings. We currently have five Laser swimmers enrolled in this program.

Please refer to the following link for more information.

<https://www.spsd.sk.ca/school/citypark/ProgramsServices/flex/Pages/default.aspx>

### **Swim Meets**

Make sure to read **ALL** swim meet packages, as every swim meet has variations. The meet package is a great place to get all the information you will need to be prepared and informed on what to expect at each swim meet.

We also have added a great resource for swim meets on our website. Swimming Meets 101 - you can find this under the Swimmers tab at the top of our homepage. A big thank you to Coach Akeela on the great job of revising this document for us.

### **SASK Junior Championships**

March 6 - March 8 - Moose Jaw

Registration Deadline is February 19<sup>th</sup>

Meet Package:

[34567\\_Junior\\_Provincials\\_01212020.pdf](#)

### **Gift Cards - \*Great Fundraising Opportunity**

Candace is stocked up with gift cards available to purchase. There are cards for Safeway/Sobeys, PC, and Tim Hortons at a 5% credit. Booster Juice vouchers are also available -\$5.50 each (\$110/ book of 20) at a 25% credit. This is a great way to fundraise for credit towards your account. If you have any questions regarding this fundraiser, please contact Candace Peace @ 306-227-0798 or visit our website for more information





## **Clothing and Equipment**

A reminder to all our members and are new members, that clothing and equipment can be purchase at any time throughout the year.

Equipment can be purchased at Brainsport right here in Saskatoon or by ordering online at: [www.alltides.com](http://www.alltides.com) (promocode LASERS25) will get you 25% of all regular priced merchandise.

Clothing can be purchased on our website, under the clothing tab or by going to: [www.bluewatergraphics.ca](http://www.bluewatergraphics.ca). Click on the Team Store, then click on the Saskatoon Lasers Swim Club to view clothing and to order.

## **Fundscrip**

If you are looking to raise funds for your swimmer's account consider Fundscrip, a gift card program offering over 100 cards from various retailers. If you have any questions regarding this fundraiser, please contact Kath-Jo Newkirk @ [rkscnewkirk@gmail.com](mailto:rkscnewkirk@gmail.com) or visit our website for more information.

## **Pool School and PARA**

NO SWIM - Pool School Feb. 17 - 22

NO SWIM - PARA - Feb. 15

Session #3 Registration for Pool School and PARA starts on March 13 for returning members only and March 16 for new members.

### **Session #3**

Pool School - March 30 - June 18 (No Swim -April 13-16)

PARA -March 28-June 20 (No Swim - April 11, May 2, May 16 and May 23)





