

# Lasers Newsletter

December 2019

## Dates to Remember

Dec. 14-15 - Moose Jaw Meet

Dec. 14 - Future Stars Meet - Regina

Dec. 21 - Last Day of Swim 2019

Jan. 2-4 - Competitive Training -TAG, HP and FLEX

Jan. 6 - Regular Schedule Starts

Jan. 6 - Mon/Wed Session #2 - Pool School Starts

Jan. 7 - Tues/Thurs Session #2 - Pool School Starts

Jan. 11 - Session #2 - PARA starts

Jan. 11 - Mass Official Clinic

Jan. 11 - Club Social



Welcome to our monthly newsletter. We hope to keep everyone up to date with all news going on in our club. If you have something that you would like added to our next month's newsletter, please send me an email @ Lasersoffice@gmail.com. Deadline for submissions will be the 25<sup>th</sup> of the month.

### Gift Cards - \*Great Christmas Gift Idea\*

Candace is stocked up with gift cards available to purchase. There are cards for Safeway/Sobeys, PC, and Tim Hortons at a 5% credit. Booster Juice vouchers are also available - \$5.50 each (\$110/ book of 20) at a 25% credit. This is a great way to fundraise for credit towards your account. If you have any questions regarding this fundraiser, please contact Candace Peace @ 306-227-0798 or visit our website for more information

### Montreal Meets - Cote St-Luc Invitational and CAMO

Congratulations to ALL of our swimmers who attended the Meets in Montreal on the weekend. We had best times, A times, Double A times, personal best times and plenty of hardware brought home.

Isaac Haughn - BRONZE - 50m Breast

Kathleen Kopp - SILVER - 50m Fly

Sydney Peace - SILVER - 800m Free and SILVER - 400m IM

Tehalen Riffel - BRONZE - 400m IM

Avery Weiland - BRONZE - 100m Breast

Madison Higgs(BKSC) -GOLD-400m IM & BRONZE-200m Breast

All of our swimmers represented our club in such amazing ways, we could not possibly be more proud. They made our club SHINE in Montreal.

A huge THANK YOU to our incredible chaperone's, Chandra LePoudre and Richardo Diaz, who went above and beyond to look after every need our swimmers had, from food to transportation and entertainment.

Thank you to all the parents that travelled with our swimmers and stepped in to give a helping hand when needed. We could have not done it without all of you. A special thank you to Kass Pally for taking such great care of all our travel needs.





Last but not least, our coaches. Coach Eric and Coach Rachael were amazing. Thank you for all your hard work at the 2 pools and guiding our swimmers to a very successful time in Montreal.

### **NATIONAL PARA MEET**

CONGRATULATIONS to Niki Ens who competed at a National Para Meet in Lewisville, Texas this past weekend! Niki did amazing!!! She won a GOLD medal in the 100m Free and in the 150m IM, and she won a SILVER medal in the 50m Back!! And to top it all off, Niki set a new Canadian Para Record in the 150m IM! WOW!! Way to go, Niki!! We are all so incredibly proud of you!!

### **Moose Jaw Invitational Meet**

December 14 - December 15, 2019

The Lasers will only swim on the Saturday and Sunday part of this meet. We suggest that ALL parents read through the Meet Package for all meets as there is many differences in each meet.

[34782\\_MJKFF\\_WINTER\\_INVITATIONAL\\_11082019.pdf](#)

### **Regina - Christmas Future Stars Meet**

December 14

We suggest that ALL parents read through the Meet Package for all meets as there is many differences in each meet.

[34508\\_Christmas\\_Party\\_Invitational\\_10222019.pdf](#)

### **Last Day of 2019 for Competitive**

Saturday, December 21, 2019

The last day for competitive for the 2019 season.

There will be training January 2-4, stay tuned for the dates and times

### **2020 Start Back Schedule for Competitive**

All competitive groups will start back to regular schedule Monday, January 6, 2020.

### **Mass Official Clinic**

We are hosting a Mass Officials Clinic on Saturday, January 11.

Registration Deadline is December 30. Please register online at the following link: <https://form.jotform.com/91985485901268>

This is a great opportunity to get that next level of training you may need, right here in Saskatoon. Please contact our Officials Co-ordinator, Chris Kopp with any questions regarding the clinic at: [kevinchrisopp@gmail.com](mailto:kevinchrisopp@gmail.com)



### **Lasers TEAM Social**

Save the date: Saturday, January 11, 2020

Due to a very busy December meet schedule, plans are in the works for a Team Social on January 11th in lieu of a Christmas Party.

Bowling and a Secret Gift exchange.

Please stay tuned for more information.

### **Fundscrip**

If you are looking to raise funds for your swimmer's account consider Fundscrip, a gift card program offering over 100 cards from various retailers. If you have any questions regarding this fundraiser, please contact Kath-Jo Newkirk @ [rksnewkirk@gmail.com](mailto:rksnewkirk@gmail.com) or visit our website for more information.

### **Pool School and PARA**

Session #2 Registration for Pool School and PARA is NOW OPEN. Register early, as all groups filled up quickly for Session #1. We even had a waiting list. So, register early to guarantee a spot for your swimmer.

Start Dates:

Pool School - Monday/Wednesday Group - Monday, January 6

Pool School - Tuesday/Thursday Group - Tuesday, January 7

PARA program - Saturday, January 11



