



Class II Time Trial

Short Course

January 25, 2020

2:00 p.m. – 5:30 p.m.

Shaw Centre

122 Bowlt Crescent

SASKATOON, Saskatchewan

306-975-7744

Meet Manager

Monica Turner

monicaturner@shaw.ca

(306) 230-2971

Officials

Christine Kopp

kevinchriskopp@sasktel.net

(306) 281-8630

Entries

Tricia Weiland

tweiland@sasktel.net

(306) 270-4574

Referee: Sharon Lyons

Sanction # : 34730



HOST: SASKATOON LASERS SWIM CLUB

SANCTION NUMBER: 34730

**Swimming Canada Competition Warm-Up Safety Procedures will be in effect at this meet - [Link](#)
Current Swimming Canada Rules will apply except as specifically modified in this meet package - [Rules](#)
World Para Swimming Rules and Regulations will apply for Para swimmers – [Rules](#)**

Photography/Videography:

In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Saskatchewan sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.

For full details see page 3 of the Swimming Canada Photography Procedure found [HERE](#)

Clubs may appoint one official photographer for their club to be granted access to a designated area/working deck. Please contact Meet Manager prior to the competition for permission. Meet Management may issue an accreditation/name tag identifying such person. If a tag is issued, then it must be worn at all times.

Safe Sport:

Swimming Canada and Swim Saskatchewan believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For Swimming Canada Safe Sport Policy please click [HERE](#). For additional Safe Sport Resources please click [HERE](#) and then see the various links on the menu on the right hand side. Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

Swim Saskatchewan and Swimming Canada have signed onto the Responsible Coaching Movement; which means that all interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment that is both “open” and “observable” to others.

Session Times:	Warm-up:	2:00 p.m. - 2:25 p.m.
	Session:	2:30 p.m. - 5:30 p.m.
	Officials Briefing:	2:05 p.m.
	Coaches Meeting:	1:45 p.m.

***Meet manager reserves the right to change session times once entries are received. Coaches will be notified should session start times change.**

LOCATION: Shaw Centre
122 Bowlt Crescent
SASKATOON, SK
306-975-7744

- FACILITY:**
- 10-lane, 25-metre competition pool
 - Warm down pool not available
 - Non Turbulent Lane Markers
 - Daktronics Electronic Timing System
 - HY-TEK Meet Manager Computer Software
 - Depth at Start end of the pool 3.02m
 - Depth at Turn end of the pool 3.05m
- ELIGIBILITY:**
- Entries will only be accepted for swimmers who are members of the following Year-Round/Winter Age Group Clubs: Saskatoon Lasers, Battleford Kinsmen Orcas and Prince Albert Sharks, Flatland Swimming who are currently registered in the Swimming Canada registration database and have a Swimming Canada 9-digit registration ID number.
- PARA swimmers who are registered with Swimming Canada and with one of the above clubs are eligible to compete.
- Swimmers must be a minimum of 7 years of age as of the 1st day of competition. Age group based on age of swimmer as of January 25, 2020
- QUALIFYING TIMES:** No qualifying times required
- ENTRY DEADLINE:** **All entries must be received by January 17, 2020 at 9:59 pm**
- ENTRY FEES:** **\$30.00 per individual swimmer entered in the meet**
- Please make cheque payable to: **SASKATOON LASERS SWIM CLUB Inc.**
- Entry Fees must be received prior to warm up. No swimmer/team will be allowed to start warm-up until entry fees have been paid. **The cheque amount must be consistent with the entry file at closing.**
- ENTRIES REFUND POLICY:** As per Winter Swimming Policy WC-4 [LINK](#)
- ENTRY LIMIT:** Each swimmer will be limited to a maximum of 3 individual events.
- Meet Management has determined, based on previous entry levels and duration of the event, entry is limited to **100 swimmers**. Meet Management has the discretion to allow further entries should those entries not substantially prolong the duration of the meet. Entries will be accepted on a first-come, first-entered bases, by the date and time the Entry file is uploaded. Any further/late entries from clubs not already in the meet will be left at the discretion of the Meet manager, this also includes deck entries.
- ENTRIES:**
- Clubs must submit entries by uploading their Entries file to the national events database at: [Swimming Canada Meet Entries](#).
- No entries will be accepted by email.**
- This meet is open to swimmers in all age categories from: the Saskatoon Lasers Swim Club, the Prince Albert Sharks Swim Club, the Battleford Kinsmen Swim Club and Flatland Swim Club.

If a swimmer must withdraw due to a medical reason, a doctor's note must be provided and refund of entry fees will be at the discretion of the meet manager.

Entries will be accepted with valid LC or SC times or with unproven training or non-sanctioned competition times at coaches' discretion or with no time (NT).

Swimming Canada registration numbers **MUST** be submitted for each swimmer.

Classification numbers for Para swimmers must accompany entries

Meet Management will not be responsible for obtaining missing registration numbers. Entries submitted without a registration number will not be accepted.

Any questions about entries please contact Tricia Weiland by email at tweiland@sasktel.net

DECK ENTRIES:

Deck entries may be allowed at the discretion of Meet Management and Clerks of Course only if space permits; additional heats will not be created.

Deck entries are for additional swims, for swimmers already entered into the competition that have passed registration validation, to swim additional swims in empty lanes. Deck Entries are not for day of competition entries.

Deck entries will be classified as Exhibition

Deck entries cost \$15 per event and must be submitted to the Clerk of Course no later than 10 minutes prior to the start of the session in which the event is to be swum.

COMPETITION:

All events are timed finals.

Female and Male will compete separately

There are no PARA-specific events or entry standards.

SEEDING:

All events will be senior seeded according to entry times and will be swum slowest to fastest.

Para swimmers will be seeded according to their entry time.

Entries with valid LC times will be seeded first, followed by proven SC times and then unproven times and NT accordingly.

Heats may be combined at the discretion of the Meet Manager.

Events may also be combined and swum at the same time to better utilize the pool without empty lanes. This may include mixing events, as well as different events at the same time (e.g. 200 IM, 200 Back, 200 Fly) if it will utilize the pool without empty lanes.

STARTS: Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1.

Except for backstroke events, swimmers will remain in the water at the completion of their swim to allow the next heat to get under way. Swimmers will stay to the side of their respective lane against the lane rope.

SCRATCHES: Scratches from heats simply create empty lanes, as there will be no re-seeding. Scratches can be made at any time without penalty, except the loss of entry fee. Scratches must be submitted on official scratch cards provided.

COACHES' TECHNICAL MEETING:

A coaches' meeting will be held 10 minutes after the start of warm ups to update rules and answer questions.

SCORING: There will be no scoring for this event.

AWARDS: There will be no awards for this event.

RESULTS: Individual events for Female and Male results will be reported:

Female: 12 & under and 13 & Over

Male: 13 & under and 14 & Over

Results will be uploaded to the national events database at:

[Swimming Canada Events Results Site](#)

Unofficial results will be available on Meet Mobile

SAFETY RULES:

Safety Marshalls will be stationed around the pool deck.

Lane 9 will be for para athletes only. At 2:10, para athletes may also use Lane 9 for diving or sprinting.

At 2:10 p.m., lanes 0, 1, 2, and 3 are designated as diving lanes and only ONE-WAY SWIMMING IS ALLOWED.

At 2:10 p.m. lanes 4 and 5 will be designated as sprinting lanes and only ONE-WAY SWIMMING IS ALLOWED.

1. No Running is permitted on the deck.
2. No fins or paddles during the warm-up.
3. Footwear must be worn at all times when not on deck.
4. No glass or glass bottles are allowed anywhere in the pool or other sections of the building.
5. NOTE: It is the Coach's RESPONSIBILITY to inform the swimmers and to ensure their discipline and adherence to the MEET SAFETY RULES.

GENERAL COMMENTS: All Clubs are requested to clean up and supervise their own areas. Any swimmer caught vandalizing, using offensive language, or otherwise causing a disturbance shall at the discretion of the Referee be disqualified from the meet and asked to leave. The referee's decision shall be final.

Footwear must be worn at all times when not on deck.

No "deck-changing" will be allowed. Swimmers must go to the change room to change in and out of bathing suits.

Class II Time Trial

Saturday, January 25, 2020

Warm Up: 2:00 p.m.

Start Time: 2:30 p.m.

Female Event #	<u>Event Description</u> <u>TIME FINAL</u>	Male Event #
1	200 IM	2
3	100 Back	4
5	50 Fly	6
7	200 Free	8
9	100 Fly	10
11	50 Back	12
13	400 IM	14
15	50 Breast	16
17	100 Free	18
19	200 Back	20
21	200 Breast	22
23	400 Freestyle	24
25	100 IM	26
27	200 Fly	28
29	100 Breast	30
31	50 Free	32