*Aqua 7 STJJ vs NHAC*

DATE(S): January 19, 2020 Region: Western

HOSTED BY: Norfolk Hammerheads Aquatic Cub

Location 182 South Drive, Simcoe, ON

FACILITY: Annaleise Carr Aquatic Centre

PURPOSE: Sanctioned as a closed invitation meet by Swim Ontario. Seeding for all swims will be optimized by distance and stroke, but otherwise random. Events are timed.

MEET PACKAGE: The only meet package which will be considered as valid must be the most current version found on [www.swimming.ca](http://www.swimming.ca)

SAFETY & LIABILITY:Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For additional resources click [HERE](http://www.swimontario.com/uploads/Officials/Resources/SafetyCompetition.pdf).

Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

Open and Observable Environment

Swimming Canada and Swim Ontario is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both ‘open’ and ‘observable’ to others.

Event Photography/Videography

In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Ontario sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. For full details click [HERE](https://swimming.ca/content/uploads/2016/10/2016_Safe-Sport-Environment-Policy_20190329.pdf)

Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access to the designated deck area and permission to do so. Please contact Meet Management for application and authorization.

COMPETITION

COORDINATOR: Michael Shortt, Level V, Email: shorttfamily@hotmail.ca

MEET MANAGER: Paula Easton, Email: 77easton@gmail.com and Michael Godelie, Email: [mikeygodelie@hotmail.com](mailto:mikeygodelie@hotmail.com)

OFFICIALS

COORDINATOR: Brian Haum, Email: [brianhaum@hotmail.com](mailto:brianhaum@hotmail.com)

DESCRIPTION: This is a closed invitation meet and includes 25, 50, 100 m events in ALL strokes and 400 m freestyle, events. Relay events are included. Seeding for all swims will be optimized by distance and stroke, but otherwise random. All events are timed finals.

COMPETITION RULES: Sanctioned by Swim Ontario.  
All current Swimming Canada (SC) rules will be followed.

All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click [HERE](http://swimontario.com/uploads/Officials/Resources/SwimwearRulesGR5_2018.pdf) to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.

Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE.](https://www.swimming.ca/en/resources/officiating/event-resources/competition-warm-up-safety-procedures/)

DIVE STARTS: As per the Facility Rules for Dive Starts, this competition will be conducted as follows (*choose all applicable*)

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1

from deep end only

and/or

Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1

from both ends

and/or

In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2

from both ends

RECORDS:  Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.

Swim times achieved at this competition will NOT be used for applications of provincial and national records.

AGE UP DATE: Ages submitted are to be as: January 19, 2020

MIXED-GENDER: An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.

In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.

ELIGIBILITY: All athletes must be registered as Competitive swimmers with Swimming Canada (SC) and have a valid SC registration number. Entries without a valid SC registration number and registration status will be declined entry. *(choose appropriate circumstances):*

Preference will be given to the host club first.

This is an invitational meet. Participation of this meet is at the full discretion of the host club.

Meet Management reserves the right to further limit individual swims to 3 per session and to limit heats if necessary to keep session times to within 4.5 hours.

Non-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition. Non-competitive swimmers will compete as Exhibition

Foreign competitors’ entries will not be accepted

Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver’s license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](http://www.swimontario.com/uploads/Clubs/Club%20Operations/Forms/2015-2016/ProofofResidence.pdf) to Swim Ontario no later than 7 days prior to start of competition.

ENTRY FEE:  No fee

ENTRIES: Entries must be submitted through the Swimming Canada online entries system at [www.swimming.ca](http://www.swimming.ca) . Meet Management will not accept entries via email.

Online Entry Deadline: January, 12 2020

CONVERSION:  Option “B” Entry times can be converted. Please submit converted times:

Hy-tek default conversion factor

conversion factor of: *number* %

SCHEDULE OF SESSIONS:

| Session # | Date | Prelim/Finals | Warm Up | Start | Finish | Estimated Duration |
| --- | --- | --- | --- | --- | --- | --- |
| 1 | January 19, 2020 | Finals | 1:45 PM | 2:30 PM | 6:00PM | 3.5 |

SCHEDULE OF EVENTS: See event list - Appendix

COACH’S

REGISTRATION: Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliance lists](http://www.swimontario.com/page.php?id=2748).  If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend meet.  Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

COACH’S MEETING: No coaches meeting will be held.

SEEDING:  Option “A” (times converted by club and/or host)

Seeding will be in order of times entered,

as converted pursuant to the conversion process as per meet package,

followed by swimmers entered with NT (no times).

TIME SPLITS: Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

DECK ENTRIES: Deck Entries are Exhibition Only. They are not eligible for scoring or awards.

Deck entries will be accepted for empty lanes only (no new heats will be created).

Swimmers entered on deck must have valid proof of SC registration (number) as an active, registered, competitive swimmer.

$ 0

Swimmer Fee: $ 0

CHECK IN

AND SCRATCHES:  All swimmers are required to check in with the Clerk of Course 30 minutes prior to each session

Scratches are to be made at the clerk of course desk 30 minutes prior to the start of each

session.

SCORING:  No Scoring

AWARDS:  The following will be awarded: Place Cards for Places 1-6

MEET RESULTS: Official Results will be posted within 48 hours of completion of the meet to [www.swimming.ca](http://www.swimming.ca)

The meet program will be run on Hy-Tek Meet Manager.

Results will be posted as quickly as possible at the meet.

Live Results / Meet Mobile are available.

**Appendix**

**Event List**

|  |  |  |  |
| --- | --- | --- | --- |
| **Session 1**  **January 19, 2020**  **Warm ups: 1:00 PM Start Time: 1:45 PM** | | | |
| **Women** | **EVENT** | **AGE** | **Men** |
| 1 | 100 IM | 10 & UNDER | 2 |
| 3 | 200 IM | OPEN | 4 |
| 5 | 25 FREE | 6 & UNDER | 6 |
| 7 | 50 FREE | 7 & OVER | 8 |
| 9 | 100 FREE | 7 & OVER | 10 |
| 11 | 25 BACK | 6 & UNDER | 12 |
| 13 | 50 BACK | 7 & OVER | 14 |
| 15 | 100 BACK | 7 & OVER | 16 |
| 17 | 25 BREAST | 6 & UNDER | 18 |
| 19 | 50 BREAST | 7 & OVER | 20 |
| 21 | 100 BREAST | 7 & OVER | 22 |
| 23 | 25 FLY | 8 & UNDER | 24 |
| 25 | 50 FLY | 9 & OVER | 26 |
| 27 | 100 FLY | 9 & OVER | 28 |
| 29 | 400 FREE | 9 & OVER | 30 |
| 31,33 | 100 FREE RELAY | 8 & UNDER, 9/10 | 32,34 |
| 35,37,39 | 200 FREE RELAY | 11/12, 13/14, 15 & OVER | 36,38,40 |