

Swimming Canada World Class On Track Times

(Age as of December 31st)

50 Free			100 Free			200 Free			400 Free			800 Free			1500 Free		
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3
13			13			13			13			13			13	17:32.31	
14			14			14	2:06.04		14	4:25.34		14	9:05.02		14	17:10.09	17:20.25
15			15	56.72		15	2:03.07	2:04.33	15	4:19.49	4:21.36	15	8:54.41	8:58.12	15	16:52.49	17:02.47 17:06.76
16	25.87		16	55.69	56.33	16	2:00.88	2:02.11 2:02.51	16	4:15.22	4:17.05 4:17.55	16	8:46.58	8:50.23 8:51.49	16	16:39.09	16:48.94 16:53.17
17	25.60	25.88	17	55.06	55.69 56.01	17	1:59.54	2:00.76 2:01.15	17	4:12.38	4:14.20 4:14.69	17	8:41.35	8:44.97 8:46.21	17	16:29.57	16:39.33 16:43.52
18	25.39	25.67 25.83	18	54.62	55.26 55.57	18	1:58.66	1:59.87 2:00.26	18	4:10.57	4:12.37 4:12.87	18	8:37.90	8:41.49 8:42.73	18		16:33.34 16:37.50
19	25.21	25.48 25.64	19	54.25	54.88 55.19	19		1:59.17 1:59.56	19		4:11.26 4:11.75	19		8:39.24 8:40.47	19		16:29.57 16:33.72
20	25.04	25.31 25.47	20		54.54 54.85	20		1:58.66 1:59.04	20		4:10.57 4:11.06	20		8:37.90 8:39.13	20		16:31.30
21		25.16 25.32	21		54.25 54.56	21			1:58.77	21				8:38.37	21		16:29.57
22		25.04 25.20	22			54.36	22		1:58.66	22				8:37.90	22		
23			23			54.25	23			23					23		
24		25.04	24				24			24					24		

100 Back			200 Back		
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3
13	1:06.23		13	2:23.07	
14	1:04.08	1:04.90	14	2:18.68	2:20.67
15	1:02.45	1:03.26 1:03.85	15	2:15.28	2:17.22 2:18.13
16	1:01.31	1:02.10 1:02.67	16	2:12.78	2:14.68 2:15.57
17	1:00.59	1:01.37 1:01.94	17	2:11.08	2:12.96 2:13.83
18		1:00.92 1:01.48	18		2:11.81 2:12.68
19		1:00.59 1:01.15	19		2:11.08 2:11.94
20			20		2:11.44
21		1:00.59	21		2:11.08
22			22		
23			23		

100 Fly			200 Fly		
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3
13			13		
14			14	2:17.02	
15	1:01.43		15	2:14.27	2:15.64
16	1:00.36	1:01.02	16	2:12.08	2:13.42 2:13.93
17	59.50	1:00.15 1:00.44	17	2:10.43	2:11.75 2:12.26
18	58.82	59.46 59.76	18	2:09.21	2:10.53 2:11.02
19	58.33	58.96 59.26	19		2:09.73 2:10.22
20		58.60 58.89	20		2:09.21 2:09.70
21		58.33 58.62	21		2:09.37
22			22		2:09.21
23		58.33	23		

FEMALE



100 Breast			200 Breast		
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3
13			13		
14			14		
15	1:10.28		15	2:31.29	
16	1:09.00	1:09.69	16	2:28.81	2:29.84
17	1:08.21	1:08.90 1:09.45	17	2:27.37	2:28.39 2:28.98
18	1:07.76	1:08.44 1:08.99	18	2:26.54	2:27.56 2:28.14
19	1:07.43	1:08.11 1:08.65	19	2:25.91	2:26.92 2:27.50
20		1:07.78 1:08.32	20		2:26.35 2:26.92
21		1:07.43 1:07.96	21		2:25.91 2:26.48
22			22		2:26.15
23		1:07.43	23		2:25.91

200 IM			400 IM		
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3
13			13		
14			14	5:00.73	
15	2:19.04		15	4:53.44	4:55.04
16	2:16.60	2:17.48	16	4:48.26	4:49.84 4:50.32
17	2:14.87	2:15.75 2:15.97	17	4:45.02	4:46.58 4:47.05
18	2:13.74	2:14.61 2:14.83	18	4:43.06	4:44.61 4:45.08
19	2:12.98	2:13.84 2:14.06	19		4:43.53 4:44.00
20		2:13.33 2:13.55	20		4:43.06 4:43.53
21		2:12.98 2:13.20	21		4:43.27
22			22		4:43.06
23		2:12.98	23		

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Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3						
15			15	53.92		15	1:56.18		15	4:06.50		15	8:27.22		15	16:09.86							
16			16	51.93	52.79	16	1:52.95	1:54.68	16	3:59.91	4:02.89	16	8:14.46	8:18.89	16	15:45.47	15:53.94						
17	23.45		17	50.45	51.29	51.68	17	1:50.39	1:52.08	1:52.82	17	3:54.73	3:57.65	3:58.49	17	15:26.80	15:35.10	15:36.85					
18	22.97	23.19	18	49.44	50.27	50.65	18	1:48.44	1:50.10	1:50.83	18	3:50.84	3:53.71	3:54.53	18	7:57.65	8:01.93	8:02.84	18	15:13.33	15:21.51	15:23.24	
19	22.62	22.83	22.93	19	48.77	49.58	49.95	19	1:47.06	1:48.70	1:49.41	19	3:48.15	3:50.99	3:51.80	19	7:53.11	7:57.35	7:58.24	19	15:04.64	15:12.75	15:14.45
20	22.36	22.57	22.67	20		49.11	49.48	20		1:47.72	1:48.43	20		3:49.22	3:50.03	20		7:54.60	7:55.49	20		15:07.49	15:09.18
21	22.18	22.39	22.49	21		48.77	49.14	21		1:47.06	1:47.76	21		3:48.15	3:48.95	21		7:53.11	7:54.00	21		15:04.64	15:06.33
22		22.26	22.36	22			48.91	22			1:47.31	22			3:48.37	22			7:53.23	22			15:04.87
23		22.18	22.27	23			48.77	23			1:47.06	23			3:48.15	23			7:53.11	23			15:04.64
24			22.21	24				24				24				24				24			
25			22.18	25				25				25				25				25			

100 Back			200 Back				
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3		
15			15	2:07.75			
16	57.97		16	2:03.70	2:04.82		
17	56.36	56.95	17	2:00.86	2:01.96	2:02.24	
18	55.27	55.84	56.02	18	1:59.10	2:00.19	2:00.46
19	54.53	55.10	55.27	19	1:58.07	1:59.15	1:59.42
20	54.03	54.59	54.76	20		1:58.50	1:58.77
21		54.24	54.42	21		1:58.07	1:58.34
22		54.03	54.20	22			1:58.10
23			54.08	23			1:58.07
24			54.03	24			

100 Fly			200 Fly				
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3		
15			15	2:06.70			
16	55.56		16	2:03.08	2:04.73		
17	54.06	54.64	17	2:00.26	2:01.87	2:02.31	
18	53.06	53.63	53.77	18	1:58.15	1:59.74	2:00.17
19	52.41	52.98	53.12	19	1:56.71	1:58.27	1:58.70
20	51.96	52.52	52.66	20		1:57.30	1:57.73
21		52.19	52.33	21		1:56.71	1:57.13
22		51.96	52.10	22			1:56.81
23			51.98	23			1:56.71
24			51.96	24			

MALE



100 Breast			200 Breast				
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3		
15			15	2:22.22			
16	1:04.09		16	2:18.19	2:20.80		
17	1:02.60	1:03.52	17	2:14.91	2:17.46	2:18.58	
18	1:01.40	1:02.30	1:02.75	18	2:12.30	2:14.80	2:15.89
19	1:00.46	1:01.35	1:01.80	19	2:10.32	2:12.78	2:13.86
20	59.75	1:00.63	1:01.07	20		2:11.29	2:12.36
21		1:00.12	1:00.55	21		2:10.32	2:11.38
22		59.75	1:00.18	22			2:10.73
23			59.92	23			2:10.32
24			59.75	24			

200 IM			400 IM				
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3		
15			15	4:37.43			
16	2:07.39		16	4:30.59	4:34.39		
17	2:04.44	2:05.54	17	4:25.05	4:28.78	4:29.69	
18	2:02.25	2:03.33	2:03.55	18	4:20.70	4:24.37	4:25.27
19	2:00.75	2:01.82	2:02.04	19	4:17.48	4:21.10	4:21.99
20	1:59.76	2:00.82	2:01.03	20		4:18.82	4:19.70
21		2:00.17	2:00.39	21		4:17.48	4:18.36
22		1:59.76	1:59.97	22			4:17.67
23			1:59.76	23			4:17.48
24			1:59.76	24			