**Trent Athletics & Recreation**

**September 1, 2020 Re-Opening Plans Athletics Centre and Allan Marshall Pool**

***(Draft August 27, 2020)***

**What hours will the Athletics Centre be open?**

The Trent Athletics Centre, home of the Excalibur, is pleased to announce a phased approach to reopening, starting September 1, when the Centre reopens for Trent University students. Trent Athletics will follow Trent Forward Plan, public health and government parameters.

This first phase also includes access to the Alan Marshall Pool for lane swim for Trent students and for existing contracted groups (Trent Swim Club, Kawartha Trent Synchro Club and Special Olympics Swim Club Peterborough).

Community members, as well as Trent staff, faculty and other users will be welcomed back to the facility for phase two, expected to begin in October.

A careful and phased return to operations will allow us at the Athletics Centre to gradually welcome back our students and members to enjoy the benefits of our facilities while ensuring the health and safety of all.

Scheduled hours of operation during the first phase of reopening are as follows:

Monday – Friday: 7:00 am – 7:00 pm

Saturday & Sunday: 8:00 am – 5:00 pm

*NOTE: The Athletics Centre will be closed on Monday, September 7, 2020 for Labour Day.*

**How do I access the Athletics Centre?**

To maintain one-directional flow, separate entrance and exit doors will be used when visiting the Athletics Centre:

* South entrance doors (covered portico entrance closest to Justin Chiu Stadium) will be used as the entrance for Trent students.
* West entrance doors will be used as the entrance for Trent Health in Motion clients and staff and Planet North customers.
* North entrance doors (PSB Wilson Lounge) will be used as the exit for Trent Students and for Aquatics community sport groups.

**Parking**

Please park in the adjacent parking lot (Parking Lot F) to the Athletics Centre. Parking is enforced.

**Questions and Feedback - Where do I ask any additional questions?**

For Aquatics specific inquiries contact [aquatics@trenut.ca](mailto:aquatics@trenut.ca) For general Athletics Centre inquiries please contact [ac@trentu.ca](mailto:ac@trentu.ca) with any questions. For the Aquatics Clubs, Trent Athletics will schedule weekly meetings with the Head Coach to review protocols and address any questions and/or new information.

**Aquatics Clubs Schedules**

All rental clubs will have their schedules developed with the Sport & Aquatics Guest Experience Agent. Any changes in schedules should be directed to the Sport & Aquatics Guest Experience Agent. There is no in-door facility availability for dry-land training.

**What happens when I arrive for my scheduled workout or swim appointment?**

You should arrive no earlier than 10 minutes before your pre-booked swim club time and should line up at the designated location outside the south entrance doors of the Athletics Centre, maintaining physical distancing.

Trent Athletics will also have information signs on the outside entry doors with COVID-19 Access signage *(i.e. Stop….Have you travelled outside Canada within the last 14 days? Or been in close contact with a confirmed or probable case of COVID-19? OR Do you have a fever, or cough, runny nose, sore throat or shortness of breath? If Yes, Do Not Enter. Help prevent any potential spread of COVID-19 and other illnesses. Please do not visit today if you are unwell.)*

For the Trent Swim Club, KTSC, Special Olympics:

1. Please provide your “Return to Train Protocols” that have include your club’s own screening process which has been approved by your Provincial Sport Organization.
2. **The clubs will be asked to complete and return the new Trent COVID-19 waiver (coaches and athletes).**
3. In addition, upon arriving at the Athletics Centre and before entering a coach (or representative from the club) will ask all of their club coaches or athletes to confirm verbally (attestation) that there are no changes to their COVID-19 screening questionnaire that they completed previously (to meet the screening requirements of their provincial sport organization) before entering the Athletics Centre.
4. Please note the change rooms and showers are open and available for use (there will be no towel service or locker service available).
5. **Trent Athletics is working with Peterborough Public Health to confirm if swimmers can come ready to get into the pool (pre-showered and gear on). Once we have that finalized with Peterborough Public Health this will be confirmed in writing to the clubs**.

**Aquatic Club Return to Train Protocols**

Please note that each Club’s Return to Train protocol (which has already been submitted and approved by each respective PSO/NSO/MSO) shall be submitted to Trent Athletics who will also submit it to the Trent COVID-19 Return to Campus Committee for review and approval. *Only when the club’s Return to Train Protocol has been approved by the Trent COVID-19 Return to Campus Committee can the club access the Allan Marshall pool.*

**What Services & Amenities will be Available in the Athletics Centre?**

To support the health and safety of Trent students and our community some services and amenities will not be available during the first phase of reopening.

See below for a complete summary of what will be available during the first phase of reopening:

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| **Services & Amenities** | |
| **Sport & Aquatics Equipment Lending** | Suspended during first phase of reopening |
| **Towel Service** | Suspended during first phase of reopening |
| **Locker Rentals** | Suspended during first phase of reopening |
| **Hair and Hand Dryers** | Suspended during first phase of reopening |
| **General Sales – Front Desk** | Suspended during first phase of reopening |
| **Pepsi-Gatorade Vending Machines** | Available at front desk and one vending machine (using Trent Card) |
| **Water Bottle Filling Stations** | Open for use first and second floor in the Sports Centre  (Water fountains will not be available) |
| **Water Fountains** | Suspended during first phase of reopening |
| **CIBC ATM** | Available |
| **Trent Health in Motion Clinic** | Available and has been operating since June 8, 2020  For more information visit www.trenthealthinmotion.ca |
| **Planet Café** | Available with limited hours (proposed hours Mon. – Fri., 9 am – 3 pm). Take-out only. Café will follow protocols for on-campus Food Services, including cashless; no self-serve options (i.e. coffee will be served by café staff). |

**How are you managing capacity in the Athletics Centre?**

Based upon the current government parameters the number of individuals permitted in the Athletics Centre at one time will be limited to a maximum of 50 individuals maximum for one space/room (i.e. 50 for the Sport Centre and 50 for the gymnasium, etc.). Space within the facility will also be used to develop workout zones with specific cardio and free weight equipment in each work out zone. Equipment will be spaced out allowing two metres between equipment and where this is not possible, plexiglass will be placed in between machines or a machine will be taken out of use.

The attendance of Trent students will be recorded, using Legend software, to:

• ensure there is sufficient space to allow people to remain two metres apart in all areas;

• allow staff time to clean and disinfect equipment and other surfaces frequently; and

• ensure total building capacity does not exceed provincial guidelines for indoor gatherings

**The Aquatic Clubs will be asked to maintain active attendance records of all athletes, coaches and support staff per day per practice and cannot exceed the capacity in the pool and on the pool deck as outlined by Trent Athletics.**

Lane swim – capacity of six (6) – 1 swimmer per lane

KTSC, TSC and Special Olympics

* 1. September 11 (potential start date) – KTSC – 8 in the pool and 10 on deck
     1. This will be evaluated over a 2 week period with the potential on Sept. 25th to move to 12 in the pool and 8 on deck
  2. September 14 (potential start date) – TSC – 8 in the pool and 10 on deck
     1. This will be evaluated over a 2 week period with the potential on Sept. 28th to move to 12 in the pool and 8 on deck
  3. Special Olympics – start date January 2021

Peterborough Public Health has provided the following written outline for capacity in the pool:

1. June 28th Pool Inspection Report (Mr. Park) states maximum of six (6) bathers in the pool
2. August 13th email (see attached email) from Julie Ingram, Manager, Environmental Health & Chief Building Official, Sewage Systems, to allow capacity of twelve (12) bathers in the pool.

**Trent Athletics / Aquatics Sport Club Contracts**

Trent Athletics will work with each Aquatics Sport Club to develop contracts for September to December 31, 2020. The contract will cover such areas as insurance, pricing, general provisions / facility regulations, Coach certification requirements, facility access cards, parking requirements, etc.

**How will physical distancing be maintained inside the Athletics Centre?**

To help provide a safe and welcoming environment for our Trent Students various strategies will be utilized to help promote physical distancing within the Athletics Centre.

All students and staff will be asked to maintain physical distancing, which includes providing at least 2 m (6 ft.) between people and room capacity of 1 person per 4 sq. metres (or 1 person per 43 sq. ft.).

Signage will be on display throughout the facility, and on Allan Marshall Pool deck, to help reinforce key messages of physical distancing and directional signage will be used to direct foot traffic with one-way flow (where possible) using floor markers/stickers, as well as queue markers at service desks and entrances.

All seating in common spaces such as the P.S.B. Wilson Lounge, main lobby and Planet North will also be removed.

Aquatics club coaches will be responsible for monitoring social distancing with their athletes in the water and on deck and their coaches and/or supporting staff.

**Will there be extra cleaning?**

Trent Athletics is committed to the health and safety of staff, students and the community. As part of the reopening plan, enhanced cleaning protocols will be implemented with an “Everyone Cleans” motto.

Each day, there will be a scheduled 30-minute time slot between each workout or swim appointment to allow for sanitizing of exercise equipment surfaces by staff. Commonly touched surfaces and shared equipment will be sanitized by staff, after contact between individuals, which includes fitness equipment and machines, door handles, lockers, etc.

There will be additional resources such as tissues, no-touch trash receptacles, hand soap, alcohol-based hand sanitizers, disinfectants and disposable towels to promote a safe and hygienic environment in each program/activity area.

Trent Athletics is also planning for the addition of larger sheets of plexiglass between weight machines that cannot be moved due to their size or weight on the Sport Centre main floor

The use of re-usable towels and cloths will be discontinued. Disposable wipes and spray bottles with disposable towels will be the preferred method of sanitizing.

Waste receptacles will be lined with plastic bags, which are tied and disposed of regularly according to local refuse storage and collection requirements.

For the Clubs all athletes and coaches will also be asked to maintain clean environment. On-deck storage will **not** be available for any club equipment.

Please list all of the equipment you would like to bring into Allan Marshall Pool as part of your Return to Train Protocol. Please do not bring any equipment into the Athletics Centre that has not been approved as part of your Return to Train Plan.

**Do I Have to Wear a Mask?**

*Please review Trent* Mandatory Use of Face Coverings to Prevent the Spread of COVID-19 for complete details:

<https://www.trentu.ca/governance/sites/trentu.ca.governance/files/documents/Masks%20and%20Face%20Coverings%20Policy.pdf>

Policy Statement (from policy reference above):

All persons who enter or remain in the indoor spaces of Trent University, or in outdoor spaces where physical distancing cannot be achieved, are required to wear a face covering that covers the nose, mouth, and chin. The face covering must be worn inside Trent University buildings at all times, with the following exceptions:

* when eating or drinking in a physically distanced setting;
* in a single person indoor space such as an office, study carrel or residence room;
* when a manager or instructor responsible for a multi-person indoor space, such as a lab, classroom or common area, determines that physical distancing can be maintained and/or, physical barriers are sufficient;
* if wearing a mask would constitute a safety hazard;
* when required to receive medical services.

A person shall be exempt from wearing a face covering at Trent University if:

* The person is a child under the age of two years; or is a child under the age of five years either chronologically or developmentally and he or she refuses to wear a face covering and cannot be persuaded to do so by their caregiver;
* The person is incapacitated and unable to remove their face covering without assistance;
* Wearing a face covering would inhibit the person’s ability to breathe such as, but not limited to, during athletic, fitness or physical activity or any activity that would preclude its use (such as swimming);
* For any other medical reason, the person cannot safely wear a face covering such as, but not limited to, respiratory disease, cognitive difficulties or difficulties in hearing or processing information.
* For any religious reason, the person cannot wear a face covering.

No person shall be required to provide proof of any of the exemptions set out in the policy.

Please see Trent’s Mask Policy (see link above) for complete details.

*NOTE: Please note that lifeguards, while on lifeguard chairs only, shall be exempt from wearing a mask (and still maintaining a physical distance of 2 metres). The lifeguard (on the lifeguard chair) will still be required to have a mask with them and put it on when they come off the chair and are back on deck or have to interact with another individual inside of that 2 metre zone. This was approved by Trent’s Health & Safety Advisor and Trent’s Director of Risk Management. Lifeguards on deck will have to wear a mask.*