



## Team Information

**Program fees and schedule available on web site at [www.aceswim.ca](http://www.aceswim.ca)**

### **What is the process for joining the swim team?**

The process for joining starts by booking a "Try Swim". This allows for your swimmer to try this style of swimming as well as giving the coaches the opportunity to assess which level your swimmer is best suited in. You are entitled to swim in 2 try swims before you are asked to make a commitment. The idea is that the swimmer is challenged but not overwhelmed and frustrated. Typically new members start off in the Jr. Aces or Bronze levels as recommended by the coach. **Please do not complete online registration** until a recommendation has been completed by the coaching staff.

### **What does the registration fee include?**

The registration fee covers several components:

**SNC/SO** – Swimming/Natation Canada (SNC) is the governing board for competitive swim teams in Canada. Similarly Swim Ontario (SO) governs competitive swimming in the Province of Ontario. Every member must be registered with SNC in order to be in the pool. Every swimmer from Junior Aces 2 up will be considered competitive. A small portion of this fee also goes to OSOA, the Ontario Swimming Officials' Association.

**Team Wear**- This will include one cap, one team t-shirt (to be worn on deck at all swim meets) and a team swim suit. New this year is a team swim suit which all competitive swimmers will be ordering as a part of the registration process.

**Social**-As a team we plan social event to get parents and swimmer together. This adds to team spirit. Example of the welcome breakfast, pancake breakfast and Year end BBQ and awards.

**Administration**- Covers office cost

**Aqua 7**-This fee is applied to Junior Aces 2 and up. These meets are fun meets that give the new swimmer a beginning taste of what a meet is like. All swimmers go at the same time and again a great team building experience with lots of cheering.

### **What does the program fee cover?**

The program fee covers the cost of the pool and the salary of the coaches

### **How do the Junior ACES sessions work?**

Junior Aces are divided into two 15 week sessions. Payment is made at the beginning of each session; the first session will include the registration fee. Following each session the swimmer will be given a report on their progress with a recommendation for the next session to move up a level or stay in the same level for the next 15week session. The commitment is for one session at a time. Keep in mind that the coach wants to challenge a swimmer and not discourage the swimmer by placing them in a level that may be overwhelming to them.

### **How are the Senior ACES groups different?**

The commitment to the Senior ACES groups is for the season which is Sept-June. There are still recommendations for movement to higher groups but not as frequent. These groups will have more experienced swimmers or a swimmer with stronger fundamental back ground in the swimming strokes.

### **What happens if I miss a practice?**

Most groups have more than one time slot. Arrangements to make up a practice by attending a practice with the same level can be done by speaking to your coach. There are not refunds for time missed.

If you are going on holiday then please inform your coach.

### **How do I speak to the coach?**

It is important that the coach not be interrupted during a practice, therefore we have a coach/parent liaison that can either arrange an appropriate time or possibly even answer the questions you may have. Email [liaison@aceswim.ca](mailto:liaison@aceswim.ca)



## Team Information

### Who participates in a meet?

Swimmers from Jr. Aces level 2 and up as well as competitive Swim Fit are eligible to swim in Aqua 7 meets and Invitational meets. If you have questions, or feel your swimmer is not ready please arrange to speak to the coach.

### What is the difference between Aqua 7 and Invitational meets/Festival meets/Regionals etc.?

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|---------------|---|---------------------|--|
| <b>Aqua 7</b> | - Cost covered in registration fee                            | <b>Invitational</b> | - entry fee <b>not</b> covered in registration   |
|               | - All age groups swim at same time                            |                     | - usually 12 and under start at 12pm and         |
|               | - shorter meets usually involving only one or two other teams |                     | - 13 and over in am with finals in evening (5pm) |
|               |   |                     | - sometimes have qualifying time requirement.    |

For every meet whether Aqua 7, Invitational or Festival, there will be a list of eligible swimmers posted outside the Aces office with a “scratch by date”. It is extremely important to scratch the swimmers name off if **not** attending the meet. After the coach has registered the swimmers for the meet you will be responsible for the meet fees if it is anything other than an Aqua 7 meet.

### How do I find out the location of a swim meet?

On the team web site is a team calendar with upcoming events and swim meets. The location with an address and link to a Google maps is available. Joni the head coach will send an email with the races the swimmers are swimming which will have warm up times for the age groups included. It is important to arrive at least 15min earlier than warm up in order for the swimmer to get changed and on deck ready to go.

### Is there a fundraising element? /What is the fundraising requirement?

Yes, there is a fundraising component to the swim team. The fundraising goes towards keeping the fees of the club down, pool rental, coaching salaries and equipment needs.

Our focus has been on offering something to the youth in our community. The main way we fundraise is by hosting approximately 5 pre-teen dances which are usually held Thursday evening when there is a professional development day on the Friday following. We are asking for families to volunteer for two of these dances. These dances are enjoyed by the youth in the community and have been very successful.

This last year we hosted our first annual [ACES Kids' Triathlon](#). This was again a youth orientated event and focused on youth being active in our community. Many hands are needed for the success of the event both prior to and during, so parents and students, needing volunteer hours, are asked to take part. Lastly, Swim-A-Thon, this is a mandatory event for all clubs in Ontario. All members must participate (we even give parents an opportunity to have some fun. The club will receive the majority of the total raised back to club and a percentage goes to Swim Ont.

### What is the parent involvement?

Parents are asked to participate by helping out at meets which we host, whether they are Aqua 7 or Invitational meets. A meet requires several people to run smoothly from officials, to help with food, or with office help. All new families are asked to take an on-line timers course or attend a timer's clinic at the club. As a competitive club we are required to have certain number of officials and you will be asked to help. Timing is a great way to see a meet and be right in the action. As well, you meet a lot of great parents just like you.

Email [swimcoach@aceswim.ca](mailto:swimcoach@aceswim.ca) or [membership@aceswim.ca](mailto:membership@aceswim.ca) to arrange a Try Swim