

## Waveriders Schedule

	Mon	Tues	Wed	Thurs	Fri		
6:00				Group 3 6-7am		6:00	
6:30						6:30	
7:00						7:00	
3:30					Occasional Extra Practice Group 3 3:30-4:45pm	3:30	
3:45		Group 1 3:45-4:30pm		Group 1 3:45-4:30pm			3:45
4:00							
4:15							4:15
4:30		Group 2 4:30-5:30pm		Group 2 4:30-5:30pm			4:30
4:45							
5:00						5:00	
5:15						5:15	
5:30						5:30	
5:45						5:45	
6:00		Group 3 6-7pm				6:00	
6:15						6:15	
6:30						6:30	
6:45						6:45	
7:00						7:00	