PERSERVERANCE

The contest lasts for moments
though the training has taken years

it is not the winning alone
that was worth all the work and the tears

the applause will be forgotten
the prize will be misplaced

But those long hard hours of practice
will never be a waste

for in learning to win
you build a skill

you learn that winning
depends on WILL

So in any new challenge you have just begun
put forth your best and you have already
won.

-Stephen Rustom Mazda