

2022 JUNE SCHEDULE (June 20th-July 1st) / first 2-weeks of June (separate list)

Who	What	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ALL CLUB SWIM	STRENGTH AND CONDITIONING AND POOL TIME	<i>Plyo-DECK 8:00am-9:00am Pool-9:00-11:00am</i>	<i>Weights-DECK 8:00am-9:00am Pool 9:00am-11:00am</i>	<i>Plyo-DECK 8:00am-9:00am Pool-9:00-11:00am</i>	<i>Weights-DECK 8:00am-9:00am Pool 9:00am-11:00am</i>	<i>Plyo-DECK 8:00am-9:00am Pool-9:00-11:00am</i>	OFF	OFF
GIRLS WATER POLO	STRENGTH AND CONDITIONING	<i>Plyometrics-DECK 8:00am-9:00am</i>	<i>Weights-DECK 8:00am-9:00am</i>	<i>Plyometrics-DECK 8:00am-9:00am</i>	<i>Weights-DECK 8:00am-9:00am</i>	<i>Plyometrics-DECK 8:00am-9:00am</i>	OFF	OFF
GIRLS WATER POLO	POOL AND TACTICS	<i>Pool 9:00am-11:30am</i>	<i>Pool 9:00am-11:30am</i>	<i>Pool 9:00am-11:30am</i>	<i>Pool 9:00am-11:30am</i>	<i>Pool 9:00am-11:30am</i>	OFF	OFF
BOYS WATER POLO	STRENGTH AND CONDITIONING	<i>Weights-DECK 8:00am-9:00am</i>	<i>Plyometrics-DECK 8:00am-9:00am</i>	<i>Weights-DECK 8:00am-9:00am</i>	<i>Plyometrics-DECK 8:00am-9:00am</i>	<i>Weights-DECK 8:00am-9:00am</i>	OFF	OFF
BOYS WATER POLO	POOL AND TACTICS	<i>Pool 9:00am-11:30am</i>	<i>Pool 9:00am-11:30am</i>	<i>Pool 9:00am-11:30am</i>	<i>Pool 9:00am-11:30am</i>	<i>Pool 9:00am-11:30am</i>	OFF	OFF
14U COED WATER POLO	STRENGTH AND CONDITIONING	<i>Plyometrics-DECK 8:00am-9:00am</i>	<i>Weights- DECK 8:00am-9:00am</i>	<i>Plyometrics-DECK 8:00am-9:00am</i>	<i>Weights-DECK 8:00am-9:00am</i>	<i>Plyometrics-DECK 8:00am-9:00am</i>	OFF	OFF
14U COED WATER POLO	POOL AND TACTICS	<i>Pool 9:00am-11:30am</i>	<i>Pool 9:00am-11:30am</i>	<i>Pool 9:00am-11:30am</i>	<i>Pool 9:00am-11:30am</i>	<i>Pool 9:00am-11:30am</i>	OFF	OFF