



## PROFESSIONAL BACKGROUND

- Lifeguarding since 2014
- Coaching since 2017 (Elk Grove Piranhas)

## **SWIMMING BACKGROUND**

- Swam 12 years for Elk Grove Piranhas
- 4 years Varsity Swim for Pleasant Grove High School (CIF section qualifier each year)
- 6 Elk Grove Piranhas records
- 2 NCSL records
- CCCAA State qualifier
- 1 American River College record

### **GOALS FOR MY COACHING CAREER**

 To push swimmers to give their all every time they practice in order to see the results they want at meets

# **COACHING PHILOSOPHY**

• To push swimmers to give their all every time they practice in order to see the results they want at meets

#### **FUN FACTS**

Student at American River College