

Guidelines for the Reopening of SwimNation Aquatics

UPDATED: 06/28/2021

Always remember that the health and safety of our swimmers and students are our top priority! COVID-19 is a potentially highly infectious virus, that can be spread by close contact with an infected individual. Fortunately, there is [no proof that this virus can be transmitted thru the carefully treated and filtered water](#) at our Aquatic Center. Also, [the sun's ultra-violet rays dramatically reduce the survivability of the COVID-19 virus.](#)

As continue our aquatic programs for SwimNation Aquatics, Swim Team, Masters Swimming, Learn-To-Swim and our professional certification classes, we ask that our families and members adhere to the policies and guidelines we have established to meet all of the state and local guidelines established for your safety.

WHAT OUR COACHES WILL DO:

- All coach and instructor staff of SwimNation Aquatics have been fully vaccinated for the COVID-19 virus, and will be screened prior to each day of work.
- Your coaches will be making sure that all swimmers adhere to the guidelines established by SwimNation Aquatics, which will meet or exceed the federal, state and local guidance.
- If we do have a report from a participant or parent that a swimmer or student shows signs of illness, and participated in a practice or lesson, all participants from that day will be notified, and we will ask that all potentially impacted swimmers or participants not return to practice or lessons for 24 hours.
- Your coaches will be routinely cleaning hard surfaces to further reduce the potential for spreading any illness. The Portola High School Maintenance Staff will be thoroughly cleaning the facility at the end of each practice session.

WHAT WE ASK OUR FAMILIES TO DO:

- All participants who enter the pool deck must wear a mask until they are getting in the water (if appropriate) if they have not been FULLY VACCINATED for the COVID-19 virus.
 - We ask that there be no spectators on the deck during practice or lessons
 - The locker rooms and restrooms will be open, but please limit your time in these areas (to avoid the confined space)
 - There are outdoor heated showers available for your use
 - Participants should arrive ready to swim in their swim suit, remember to bring a parka or warm clothes for after practice
 - PLEASE arrive on-time, and PLEASE pick up your swimmers immediately after practice
 - Late participants may not be admitted to practice or lessons.

In addition, as a first line of precaution, we ask that families initiate a self-screening evaluation before leaving their home. Participants will also be reminded of these inquiries upon entering the facility. If families can answer 'yes' to any of these questions, please remain home and follow proper medical advice from a professional. IT IS **YOUR RESPONSIBILITY** TO NOTIFY SWIMNATION AQUATICS IF YOU OR YOUR SWIMMER(S) HAVE EXHIBITED ANY OF THESE SYMPTOMS WITHIN 24 HOURS. IT IS **OUR RESPONSIBILITY** TO NOTIFY ANY PARTICIPANTS WHO MIGHT HAVE BEEN IN CONTACT WITH YOU OR YOUR SWIMMER.

- Have you had a fever in the last 24 hours?
- Have you had a cough or sore throat?
- Have you traveled from overseas in the past month?
- Have you had direct contact exposure to a known COVID-19 patient? • Have you had unexplained fatigue, aches, or headaches in the last 24 hours?

If you have ANY questions, please contact us! We are here to provide a fun, SAFE and professional experience for our participants.

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