

## 2021 SI MAY 130 LC MEET INFORMATION

There will be no spectators and parents must remain outside unless timing or have an inside monitor position.

All individuals, including coaches, entering the pool must wear a mask the entire time.

Each session should take about 2 – 2.5 hours with 45 minutes warm up. Warm up assignments are listed below for each session. We will be using 8 lanes to run the meet.

Each athlete must bring the SI & Coronado COVID monitoring forms and the coaches will be responsible for collecting them prior to entering the pool. Please put them in alphabetical order. Once collected, the team will be allowed to enter the pool deck. The forms are required even if you have submitted them previously.

### NEW- SEE BELOW

**\*\*\*Each team will provide 1 parent PER 20 ATHLETES to monitor social distancing and mask enforcement for their team. All adult volunteers will be required to take the Safe Sport course. It is the team's responsibility to make sure that the volunteer in this capacity is safe sport certified. Parents taking the safe sport course do not need to be registered with USA Swimming. Taking the course will count toward each team's safe sport certificate.\*\*\***

<https://www.usaswimming.org/swimmers-parents/parents/safe-sport-for-parents>



### PARENT/ATHLETE EDUCATION

Education is one of the most important tools for combating misconduct. There are resources that can help you understand how abuse occurs and what you can do about it. You should be able to recognize signs of grooming behavior and boundary violations and what to do when you suspect a child's safety is at risk.

TRAINING FOR PARENTS

TRAINING FOR ATHLETES

**Individuals, including coaches, may be asked to leave the venue if they are unable to follow the mask and social distancing guidelines.**

Any parent working as a volunteer is expected to be doing their job while on deck and not interacting with their swimmer, using a recording device or using their phone while their swimmer is racing or while they are timing. There is no photography behind the blocks.

**Session 1 Teams:      CAST PS RAD RSD TE UNAZTECS UNTAC WIND**

**Warm up: 7:15 am – 8:00 am: CAST PS UNAZTECS UNTAC TE RAD**

**Warm up: 8: 00 – 8:45 am: RSD WIND IVDA**

**All lanes will be available including the warm up pool**

**Meet Start Time: 9:00 am**

**Timers: RSD 5 CAST 1 PS 2 (Timers may switch out after 1 hour)**

**Session 2 Teams:      CSTE HSA ICAC MRA MSD NCA RST RAQ SDSA SST SBA  
SSD**

**Warm up: 11:45 am – 12:30 pm HSA ICAC MRA MSD NCA RAQ SDSA**

**12:30 pm – 1:15 pm CSTE RST SST SBA SSD**

**All lanes will be available including the warm up pool**

**Meet Start Time: 1:15 pm**

**Timers: CSTE 3 NCA 3 SBA 2 (Timers may switch out after 1 hour)**

**1500 for session 2: Heat 2 of Events 25 & 26 have been combined**

**Swimmers must provide their own timers for the 400 Free and the 1500 Free.**