

SAFE SPORT EDUCATION - For Parents and Athletes

USA Swimming recommends ALL PARENTS complete the training and ALL SWIMMERS 12 YEARS AND OLDER. Younger swimmers under 12 can take the training with parent leading and supervising the training. By completing the training TE will gain points that will help us qualify as a recognized Safe Sport Team. We appreciate your help and time and hope the education can help us become a better team.

PLEASE follow the instructions below:

1. Go to <https://learn.usaswimming.org/>
2. Scroll down to "Free Safe Sport Courses" and select "Safe Sport Training for Parents" OR "Safe Sport Training for Athletes"
4. Once re-directed to the USA Swimming Website, please scroll down to "Free Training for Parents" or "Free Training for Athletes" and click on the "learn.usaswimming.org" link for NON-USA SWIMMING MEMBERS.
5. Please click "Register"
6. On the right, please click "Create Account" for Non-Member access to LEARN
7. **Please fill in all of the required personal information and be sure to select "San Diego Imperial" as your LSC and Team Elite for your club.**
8. Select "Courses"
9. Click the "Safe Sport for Swim Parents" or "Safe Sport for Athletes" box and follow the directions until completion.
10. ***If you are a current member of USA swimming, whether a parent or an athletes, please use your login information and navigate to the Safe Sport Training Area for these exercises.***