

June 2021 RAA First Chance Meet

*Accept the challenges so that you can feel the exhilaration of **victory**.* (George Patton)

We had 27 swimmers (2 Gold, 4 Silver Elite, 4 Silver, 9 Bronze Elite, 4 Bronze, and 4 Bronze Dev) accept the challenge of a long course meet as the COVID restrictions are being relaxed and facilities are allowed to hold meets.

Victory for our swimmers is not in the winning but in swimming to new Personal Bests while having fun.

NOTABLES

Many of our swimmers had challenging and notable swims but 2 swimmers had performances that really stood out: **Giancarlo Cabajal** and **Jeanae Mustaller**. Both swimmers swim with the Silver Elite group.

Giancarlo Cabajal turned on his after burner and set 4 TEAM RECORDS, had BEST TOTAL TIME DROP and BEST SINGLE TIME DROP, had 5 TOP 10 all-time swims, and picked up 4 Blue times and 4 new BB times. What in the world did he eat for breakfast!

Jeanae Mustaller has been on the “up and coming swimmer” radar for some time. She set 5 TEAM RECORDS, had exceptional TIME DROPS, had 6 TOP 10 all-time swims, and picked up 4 new Blue times and 5 new BB times. The 400 IM event is the most challenging event for a swimmer. **Jeanae** swam this event for the first time, got a Blue time, and **won 1st place**. Very well done Jeanae!

TEAM RECORDS

Congratulations to our new record holders:

- **Sarah Alexander** - Silver Elite (13-14 50 Free, 200 Back, 200 Free);
- **Giancarlo Carbajal** - Silver Elite (15 & Over 200 Back, 100 Back, 100 Free, 200 Free);
- **Sergei Chernyshev** - Silver Elite (13-14 100 Breast);
- **Elizabeth Devine** - Bronze Elite (11-12 200 Free);
- **Regina Estrada Maravilla** - Bronze Elite (11-12 50 Back, 200 IM);
- **Sophie Maust** - Bronze Elite (11-12 50 Breast, 200 Breast);
- **Nicholas Miller** - Bronze Elite (7-10 50 Fly, 50 Breast);
- **Natalya Mleziva** - Bronze Elite (11-12 100 Back);
- **Jeanae Mustaller** - Silver Elite (13-14 100 Fly, 100 Free, 400 IM, 100 Back, 200 IM);
- **Daliana Pena** - Gold (15 & Over 200 Back, 200 Free);
- **Nathan Perry** - Gold (15 & Over 100 Fly, 50 Free);
- **Mason Rogers** - Silver (15 & Over 100 Breast, 200 Breast, 200 IM);
- **Joshua Salgado** - Silver (13-14 200 Free);
- **Maya Salgado** - Bronze Elite (13-14 100 Breast);
- **Riley Souza** - Bronze Elite (11-12 100 Fly);
- **Jazlyn Wantz** - Bronze (7-10 100 Back)

NEW TIMES

First Time Blue Times

- **Giancarlo Carbajal** - Silver Elite (15 & Over 200 Back);
- **Elizabeth Devine** - Bronze Elite (11-12 200 Free);

June 2021 RAA First Chance Meet Recap

- ***Jeanae Mustaller*** - Silver Elite (13-14 400 IM);
- ***Mason Rogers*** - Silver (15 & Over 50 Free);
- ***Riley Souza*** - Bronze Elite (11-12 50 Free)

New Blue Times

- ***Giancarlo Carbajal*** - Silver Elite (15 & Over 50 Free, 100 Back, 100 Free);
- ***Jeanae Mustaller*** - Silver Elite (13-14 50 Free, 100 Back, 200 IM);
- ***Daliana Pena*** - Gold (15 & Over 100 Back, 100 Free, 50 Free, 200 Back, 200 Free);
- ***Nathan Perry*** - Gold (15 & Over 50 Free)

First Time Red Times

- ***Sarah Alexander*** - Silver Elite (13-14 200 Back, 200 Free);
- ***Hunter Davis*** - Silver (15 & Over 200 Free);
- ***Elizabeth Devine*** - Bronze Elite (11-12 50 Back, 50 Fly);
- ***Regina Estrada Maravilla*** - Bronze Elite (11-12 200 IM);
- ***Madi Horricks*** - Bronze (7-10 50 Free);
- ***Sophie Maust*** - Bronze Elite (11-12 200 Breast);
- ***Natalya Mleziva*** - Bronze Elite (11-12 100 Back);
- ***Nathan Perry*** - Gold (15 & Over 100 Fly);
- ***Mason Rogers*** - Silver (15 & Over 100 Free, 100 Breast, 200 Breast, 200 IM);
- ***Riley Souza*** - Bronze Elite (11-12 100 Free, 200 IM, 50 Back, 50 Fly, 100 Fly)

New Red Times

- ***Giancarlo Carbajal*** - Silver Elite (15 & Over 200 Free);
- ***Elizabeth Devine*** - Bronze Elite (11-12 50 Free);
- ***Regina Estrada Maravilla*** - Bronze Elite (11-12 50 Fly)

New White Times

- ***Elias (Eli) Barnhardt*** - Silver (13-14 100 Back, 100 Free);
- ***Eva Barnhardt*** - Bronze Elite (11-12 50 Back, 50 Fly, 50 Free);
- ***Sergei Chernyshev*** - Silver Elite (13-14 200 Free);
- ***Hunter Davis*** - Silver (15 & Over 50 Free);
- ***Musa Galloway*** - Bronze Dev (7-10 50 Back, 50 Free);
- ***Hannah Horricks*** - Bronze Dev (7-10 100 Free, 50 Back, 50 Fly, 50 Free);
- ***Madi Horricks*** - Bronze (7-10 100 Fly, 50 Back, 50 Breast, 50 Fly);
- ***Peighton Lahren*** - Bronze Dev (7-10 50 Back, 50 Fly, 50 Free);
- ***Myla Martinez*** - Bronze (11-12 100 Breast, 50 Breast, 50 Free);
- ***Sophie Maust*** - Bronze Elite (11-12 100 Fly, 50 Back);
- ***Nicholas Miller*** - Bronze Elite (7-10 100 Breast, 50 Breast);
- ***Thanh Morsette*** - Bronze Dev (7-10 50 Back, 50 Fly, 50 Free);
- ***Jazlyn Mustaller*** - Bronze Elite (11-12 100 Fly, 100 Free, 50 Breast);

June 2021 RAA First Chance Meet Recap

- *Nathan Perry* - Gold (15 & Over 200 Back);
- *Joshua Salgado* - Silver (13-14 100 Back, 100 Fly, 100 Free, 50 Free, 200 Free);
- *Maya Salgado* - Bronze Elite (13-14 100 Back, 100 Free, 50 Free, 100 Breast);
- *Sophia Santelio* - Bronze Dev (7-10 50 Back, 50 Free);
- *Jazlyn Wantz* - Bronze (7-10 100 Back, 100 Free, 50 Back, 50 Free)

TIME DROPS

Our swimmers competed in a total of 113 events. 74 events were 'first time' swims. 27 of the remaining 39 events accounted for a time drop rate of 69%. That's a remarkably high ratio and indicates the hard work our swimmers are putting in. Well done to our swimmers dropping a total of -352.75 seconds.

BEST TOTAL TIME DROP goes to *Giancarlo Carbajal* for dropping an amazing (-123.14). He dropped a whopping -52.68 in his 200 Free to grab the honors for **BEST SINGLE TIME DROP**.

Congratulations to our time drops.

Sergei Chernyshev (-68.98); *Jeanae Mustaller* (-68.80); *Daliana Pena* (-57.52); *Jazlyn Mustaller* (-11.43); *Elizabeth Devine* (-11.25); *Nathan Perry* (-4.97); *Regina Estrada Maravilla* (-4.84); *Sarah Alexander* (-1.09); *Natalya Mleziva* (-0.53); *Sophie Maust* (-0.20).

At this meet there were a few swimmers who also had some amazing time drops for a single event. Wow-zers go to these swimmers who dropped more than 15 seconds in a single event.

- *Giancarlo Carbajal* - Silver Elite (15 & Over 100 Breast -30.65);
- *Jeanae Mustaller* - Silver Elite (13-14 200 IM -24.77);
- *Sergei Chernyshev* - Silver Elite (13-14 100 Breast -21.99);
- *Daliana Pena* - Gold (15 & Over 200 Free -21.97);
- *Sergei Chernyshev* - Silver Elite (13-14 100 Fly -21.81);
- *Jeanae Mustaller* - Silver Elite (13-14 100 Fly -17.86);
- *Giancarlo Carbajal* - Silver Elite (15 & Over 100 Back -17.73);
- *Daliana Pena* - Gold (15 & Over 200 Back -16.81);
- *Giancarlo Carbajal* - Silver Elite (15 & Over 100 Free -15.05)

AWARDS

Congrats to our top award winners.

1st Place

- *Jeanae Mustaller* (13-14 400 IM);

2nd Place

- *Sophie Maust* (11-12 200 Breast);

5th Place

- *Madi Horricks* (7-10 100 Fly);
- *Nicholas Miller* (7-10 100 Breast, 50 Fly);
- *Daliana Pena* (15 & Over 200 Back)

June 2021 RAA First Chance Meet Recap

6th Place

- *Regina Estrada Maravilla* (11-12 200 IM);

7th Place

- *Sophie Maust* (11-12 100 Breast);
- *Riley Souza* (11-12 200 IM)

8th Place

- *Sarah Alexander* (13-14 200 Back);
- *Giancarlo Carbajal* (15 & Over 200 Back);
- *Elizabeth Devine* (11-12 200 Free);
- *Nicholas Miller* (7-10 50 Breast);
- *Daliana Pena* (15 & Over 100 Back, 50 Free);
- *Riley Souza* (11-12 100 Fly);

POINTS

TOP POINTS goes to *Sophie Maust* with a total of 44 points.

Followed by:

Daliana Pena (43); *Nicholas Miller* (39); *Jeanae Mustaller* (39); *Riley Souza* (32); *Regina Estrada Maravilla* (31); *Madi Horricks* (20); *Giancarlo Carbajal* (18); *Elizabeth Devine* (15); *Sarah Alexander* (11); *Mason Rogers* (10); *Natalya Mleziva* (7); *Sergei Chernyshev* (6); *Jazlyn Wantz* (6); *Jazlyn Mustaller* (4); *Nathan Perry* (4); *Joshua Salgado* (3); *Peighton Lahren* (1).

USA MOTIVATIONAL TIMES

USA Swimming Age Group Motivational Time Standards ranks EVERY swimmer nationally according to their fastest times by age, stroke, and distance, much like our local Southern California Swimming (SCS) Blue, Red, White time standards.

New A Times

- *Daliana Pena* (15 & Over 100 Free, 50 Free);

New BB Times

- *Giancarlo Carbajal* (15 & Over 100 Back, 100 Free, 200 Back, 50 Free);
- *Elizabeth Devine* (11-12 200 Free, 50 Free);
- *Sophie Maust* (11-12 200 Breast);
- *Natalya Mleziva* (11-12 100 Back);
- *Jeanae Mustaller* (13-14 100 Back, 100 Free, 200 IM, 400 IM, 50 Free);
- *Daliana Pena* (15 & Over 100 Back, 200 Back, 200 Free);
- *Nathan Perry* (15 & Over 50 Free);
- *Mason Rogers* (15 & Over 100 Free, 50 Free);
- *Riley Souza* (11-12 100 Free, 50 Free)

New B Times

Sarah Alexander (13-14 200 Back, 200 Free); **Giancarlo Carbajal** (15 & Over 200 Free); **Hunter Davis** (15 & Over 200 Free); **Elizabeth Devine** (11-12 50 Fly); **Regina Estrada Maravilla** (11-12 200 IM); **Madilynn Horricks** (7-10 100 Fly, 50 Back, 50 Free); **Nicholas Miller** (7-10 100 Breast, 50 Breast, 50 Fly); **Jeanae Mustaller** (13-14 100 Fly); **Nathan Perry** (15 & Over 100 Fly); **Mason Rogers** (15 & Over 100 Breast, 200 IM); **Joshua Salgado** (13-14 50 Free); **Sophia Santelio** (7-10 50 Back); **Riley Souza** (11-12 100 Fly, 200 IM, 50 Fly).

TOP 10 TIMES

This performance standard tracks the best 10 swims in each Gender, Age-Group, Event since Victory began competing. All Top 10 Times can be found on the web under the 'Performance' tab, Top 10 Times.

New Top 10 Swims

These swimmers added these swims to the Top 10.

Sarah Alexander (13-14 100 Back, 100 Free, 200 Back, 200 Free, 50 Free); **Elias (Eli) Barnhardt** (13-14 100 Back, 100 Free); **Eva Barnhardt** (11-12 50 Back, 50 Fly, 50 Free); **Giancarlo Carbajal** (15 & Over 100 Back, 100 Breast, 100 Free, 200 Back, 200 Free, 50 Free); **Sergei Chernyshev** (13-14 100 Back, 100 Breast, 100 Fly, 100 Free, 200 Free, 50 Free); **Hunter Davis** (15 & Over 200 Free, 50 Free); **Elizabeth Devine** (11-12 200 Free, 50 Back, 50 Fly, 50 Free); **Regina Estrada Maravilla** (11-12 100 Back, 100 Fly, 100 Free, 200 IM, 50 Back, 50 Fly, 50 Free); **Musa Galloway** (7-10 50 Back, 50 Free); **Hannah Horricks** (7-10 100 Free, 50 Back, 50 Fly, 50 Free); **Madi Horricks** (7-10 100 Fly, 50 Back, 50 Breast, 50 Fly, 50 Free); **Peighton Lahren** (7-10 50 Back, 50 Fly, 50 Free); **Myla Martinez** (11-12 100 Breast, 50 Breast, 50 Free); **Sophie Maust** (11-12 100 Fly, 200 Breast, 50 Back, 50 Breast); **Nicholas Miller** (7-10 100 Breast, 50 Breast, 50 Fly); **Natalya Mleziva** (11-12 100 Back, 100 Free); **Thanh Morsette** (7-10 50 Back, 50 Fly, 50 Free); **Jazlyn Mustaller** (11-12 100 Fly, 100 Free, 50 Back, 50 Breast, 50 Free); **Jeanae Mustaller** (13-14 100 Back, 100 Fly, 100 Free, 200 IM, 400 IM, 50 Free); **Daliana Pena** (15 & Over 100 Back, 100 Free, 200 Back, 200 Free, 50 Free); **Nathan Perry** (15 & Over 100 Fly, 200 Back, 50 Free); **Mason Rogers** (15 & Over 100 Breast, 100 Free, 200 Breast, 200 IM, 50 Free); **Joshua Salgado** (13-14 100 Back, 100 Fly, 100 Free, 200 Free, 50 Free); **Maya Salgado** (13-14 100 Back, 100 Breast, 100 Free, 50 Free); **Sophia Santelio** (7-10 50 Back, 50 Free); **Riley Souza** (11-12 100 Fly, 100 Free, 200 IM, 50 Back, 50 Fly, 50 Free); **Jazlyn Wantz** (7-10 100 Back, 100 Free, 50 Back, 50 Free).

WRAP UP

"It's not the will to win that matters—everyone has that. It's the will to prepare to win that matters." – (Paul "Bear" Bryant)

Our team is a relatively new team with 'growing pain' challenges. We have been exceptionally fortunate to have hired 2 outstanding coaches to challenge our 'rising stars'. Our dryland program is second to none. Our swimmers are dedicated, they work hard, and their performances show they have the 'will to prepare' to win. We are on the move. The future is ours if we have the will to work together as a team.

GO THUNDERBOLTS

GMA Sherry