

2022 CCS Winter and Summer Junior Olympic Time Standards

SCY	SCM	LCM	Age Group	SCY	SCM	LCM
Girls			8&Under	Boys		
41.49	45.69	46.69	50 free	41.49	45.69	46.69
1:34.59	1:44.99	1:46.59	100 free	1:34.59	1:44.99	1:46.59
49.89	53.09	55.99	50 back	49.89	53.09	55.99
55.09	1:00.59	1:02.89	50 breast	55.09	1:00.59	1:02.89
51.99	57.69	58.49	50 fly	51.99	57.69	58.49
1:45.69	1:56.29	NA	100 IM (Winter)	1:45.69	1:56.29	NA
Girls			10&Under	Boys		
33.99	37.39	39.49	50 free	34.49	38.09	39.49
1:17.89	1:25.69	1:27.69	100 free	1:18.79	1:26.99	1:30.29
2:53.29	3:12.39	3:15.59	200 free	2:47.99	3:05.49	3:09.49
7:35.49	6:38.59	6:51.09	400m/500y free	7:26.99	6:31.19	6:44.59
41.19	45.39	46.99	50 back	41.79	45.99	48.39
1:30.69	1:40.19	1:42.09	100 back	1:29.69	1:39.09	1:43.59
47.49	52.49	54.39	50 breast	46.59	51.39	53.29
1:44.19	1:55.99	1:57.69	100 breast	1:41.89	1:52.19	1:57.69
41.69	46.19	46.99	50 fly	40.49	44.79	45.99
1:39.09	1:49.49	1:52.99	100 fly	1:37.99	1:48.29	1:51.39
1:29.09	1:41.29	NA	100 IM (Winter)	1:29.39	1:38.79	NA
3:15.59	3:36.19	3:43.19	200 IM	3:13.19	3:33.49	3:40.79
Girls			11-12	Boys		
29.99	33.29	34.09	50 free	30.29	34.29	34.69
1:06.49	1:14.89	1:15.49	100 free	1:05.89	1:12.89	1:15.69
2:25.49	2:41.69	2:44.69	200 free	2:24.59	2:39.79	2:45.19
6:38.39	5:48.69	5:56.49	400m/500y free	6:27.49	5:39.09	5:48.69
13:44.69	12:01.69	12:29.19	800m/1000y free	13:30.19	11:49.09	12:15.19
23:07.29	22:25.19	23:55.39	1500m/1650y free	22:37.49	22:29.59	23:25.49
35.59	39.29	41.69	50 back	35.29	38.99	40.89
1:18.19	1:26.69	1:29.59	100 back	1:15.79	1:23.69	1:29.09
2:43.99	3:01.29	3:10.19	200 back	2:40.29	2:57.19	3:06.49
39.99	44.19	45.49	50 breast	39.59	43.69	45.39
1:27.39	1:36.59	1:41.39	100 breast	1:25.49	1:34.39	1:38.49
3:08.59	3:28.39	3:36.09	200 breast	3:00.99	3:19.99	3:28.69
34.09	37.59	38.29	50 fly	34.19	37.79	38.69
1:18.29	1:26.59	1:28.49	100 fly	1:16.49	1:24.49	1:26.29
2:47.89	3:05.59	3:10.19	200 fly	2:43.99	3:01.19	3:07.69
1:16.79	1:25.79	NA	100 IM (Winter)	1:14.99	1:22.89	NA
2:47.19	3:04.79	3:09.99	200 IM	2:44.19	3:01.49	3:09.29
5:56.79	6:34.19	6:48.29	400 IM	5:46.39	6:22.79	6:39.39
Girls			13-14	Boys		
28.59	31.29	32.29	50 free	27.29	30.29	31.09
1:02.09	1:08.99	1:10.59	100 free	1:00.69	1:07.09	1:09.19
2:15.19	2:30.09	2:33.29	200 free	2:10.99	2:24.39	2:29.69
6:10.19	5:21.69	5:35.39	400m/500y free	5:57.89	5:13.19	5:19.49
13:01.79	11:24.19	11:41.99	800m/1000y free	12:23.89	10:51.09	11:13.99
21:43.19	21:35.69	22:23.09	1500m/1650y free	20:43.19	20:35.99	21:27.39
1:11.69	1:19.09	1:23.49	100 back	1:06.89	1:13.89	1:18.29
2:35.39	2:51.69	2:59.39	200 back	2:25.89	2:41.19	2:49.69
1:22.19	1:29.79	1:34.29	100 breast	1:15.59	1:23.49	1:28.09
2:58.29	3:16.99	3:25.59	200 breast	2:45.59	3:02.99	3:11.59
1:11.39	1:18.89	1:19.49	100 fly	1:06.39	1:13.29	1:15.49
2:37.89	2:54.49	2:59.49	200 fly	2:26.99	2:42.49	2:49.19
2:37.89	2:54.69	2:57.19	200 IM	2:28.59	2:44.19	2:51.99
5:39.69	6:15.39	6:27.59	400 IM	5:17.39	5:50.69	6:04.69
Girls			15-18	Boys		
28.99	32.39	32.99	50 free	26.29	29.49	30.19
1:00.89	1:06.99	1:08.89	100 free	57.59	1:03.99	1:05.99
2:17.79	2:33.29	2:35.89	200 free	2:06.29	2:19.99	2:24.39
6:12.09	5:25.59	5:34.69	400m/500y free	5:45.99	5:02.79	5:09.89
12:49.99	11:13.89	11:28.39	800m/1000y free	11:57.79	10:28.19	10:50.39
21:26.19	21:18.69	22:02.19	1500m/1650y free	20:02.89	19:55.89	20:33.99
1:10.09	1:17.39	1:21.99	100 back	1:03.49	1:10.19	1:14.69
2:32.39	2:48.29	2:55.59	200 back	2:19.19	2:33.79	2:41.39
1:20.69	1:29.19	1:32.49	100 breast	1:12.09	1:19.59	1:23.49
2:54.69	3:13.09	3:20.79	200 breast	2:36.59	2:53.09	3:02.49
1:09.99	1:17.29	1:19.49	100 fly	1:03.39	1:10.09	1:11.79
2:34.89	2:50.39	2:54.79	200 fly	2:20.59	2:35.39	2:40.39
2:36.19	2:52.49	2:59.69	200 IM	2:21.79	2:36.69	2:43.99
5:31.99	6:06.19	6:18.79	400 IM	5:05.59	5:37.69	5:47.29