



TRAVEL SWIM MEET POLICY

Travel meets are away meets that require an over-night stay. RST coaches plan to only travel two to three times a year. Travel meets are costly, and we do not want to burden our family's finances. Our LSC offers competitive meets for the needs of our swimmers to compete in our own region.

There are two types of travel meets comprised of either chaperoned or non-chaperoned travel meets. We reference our Rocklin Swim Team (RST) Minor Athlete Abuse Protection Policy (MAAPP) regarding local and team travel.

Non-Chaperoned Travel Meets

These meets are also scheduled once or twice a year. Parents are responsible to book and reserve rooms, provide meals, and transportation for their swimmer(s). Chaperones are not necessary for this meet but an adult will be necessary to accompany the swimmer at these meets.

Chaperoned Travel Meets

These meets are scheduled once or twice a year, particularly for Age Group or Senior Championship types of meets. This type of travel meet is coordinated by the coaches and team designees who are responsible to reserve hotel rooms, transportation, air-fare, meet entries, and meal plans for all participating swimmers including travel and lodging for coach.

Swimmers must be in good standing with their team account paid and current to be eligible to travel with the team to these meets. The cost for the meet is divided by all participating swimmers. This includes every travel expense listed above. A deposit for the trip with subsequent remaining balance billed to the participating swimmer's family. The families are required to pay their travel bill before the team departs. It is required by RST that the chaperone selected is first a team parent. Chaperones are selected by the Coaches and must abide by RST MAAPP.

Rocklin Swim Team Travel Code of Conduct

1. Swimmers are not allowed to leave either the hotel or the pool without permission from the RST coach and/or chaperone.
2. Swimmers are required to be in their rooms and have the lights out at a time specified by the coach and/or chaperone.
3. No long distance phone calls are to be made from the hotel rooms.
4. No paid movies are to be ordered from the hotel rooms.
5. Swimmers are expected to treat hotel and pool facilities with respect and are responsible for any damages incurred.
6. Alcohol or drugs will not be tolerated.
7. When swimmers of opposite genders are in one room, the doors shall remain wide open.
8. Swimmers are responsible for their own wake up calls. The team will leave for the meet at a time specified by the coach.
9. Swimmers are expected to refrain from the use of inappropriate language and behave appropriately and represent RST in a mature manner.
10. Team members will attend all team functions including but not limited to meetings, practices, meals, and meet sessions.
11. Any additional guidelines for the team will be established as needed and communicated to the team before the team travels. It is recommended there be a travel meeting for all members to attend prior to the trip. Failure to comply with the code of conduct as set forth in this document may result in disciplinary action. Such disciplinary action will be determined by the coach and may include, but not limited to:
 - Dismissal from the meet and immediate return home at the expense of parent.
 - Restriction from one or more future team events or competitions.
 - Dismissal from the team.



Rocklin Swim Team Chaperones

Chaperoning provides parents an opportunity to assist the team, get to know other swimmers on the team, and to better understand travel meet procedures. Chaperoning at travel meets is an important job that must be undertaken by RST adult members. It is difficult for the coach to focus their energy on the swimmers competing at the meet and focus on their care and supervision. Chaperones play an important role in helping the coach maintain total attention on the meet by assisting with the care and supervision of participants when they are not swimming.

The following are some of the chaperone's duties:

- Assist with travel arrangements and travel budget.
- Assist with check-in at the airport and hotel.
- Transporting swimmers during the meet.
- Accompanying swimmers when they are away from the meet to give coaches time off.
- Enforcing curfews and making room checks at the hotel during the meet.
- Contacting parents of swimmers who become ill during the meet, receiving permission from the swimmer's parent for any treatment, and caring for ill swimmers.
- Reporting disciplinary problems to the coach.
- Making eating arrangements during the meet and taking swimmers to the grocery store for snacks during the meet.
- Assisting the coach with swimmer's adherence to travel meet guidelines.