

## Central Zone News

May, 2004

### Special points of interest:

- Junior Nationals Format & Dates
- We need bids for 2005 Zone Meets!
- Short Course Zone Meet?



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## UPDATES FROM HEADQUARTERS

- Everett Uchiyama has been named National Team Director, filling the vacancy left by Denny Pursley.
- Master Coach Consultants: This program is designed to provide incremental field services and support to coaches and clubs, with the goal of enhancing overall athlete performance by providing in-depth, on-site mentoring to coaches. These coaches will be recently retired coaches. The first two appointed are Jon Urbanek and Bob Steele who will start their duties in September.
- Facilities Development Department is underway with the hiring of Mick Nelson (Director, Club Facilities Development) and John McIlhargy (Director, Aquatics Industry Relations).
- The positions of Resource Development Specialist (Sue Anderson) and Aquatics Programming Specialist (Sue Nelson) have been added to the Programs and Services Department.
- Ira Klein is coming on board as Director of Field Services. Ira also will serve as Eastern Zone Sport Development Consultant. Two Sports Performance Consultants will be hired later this summer or in early fall.
- The new and improved web site is scheduled to launch on May 26. Each athlete will be able to set up his/her own MY USA SWIMMING page where she/he can access and track all of his/her times. Similar pages will be available to coaches to track the progress of their athletes. The site will be user friendly and set up with easy links for swimmers, coaches, volunteers, swim clubs, parents, and the USA Swimming store.
- Expanded coaches education through a schedule of conference calls and web seminars is expected to launch in September.
- Olympic Trials will be broadcast live on NBC on July 9 and July 11 from 8-9 p.m. Additional taped footage will be broadcast on July 18th from 1-3: p.m. If you're attending Trials, be sure to check out the Aqua Zone which will feature (among other things) the BIC Shave Your Head Booth. Each night BIC will give away prizes to those who allow their heads to be shaved in support of the U.S. Swim Team.
- Golden Goggle Award categories have been established and plans for the gala event are in full swing. Proceeds from the event go the newly created USA Swimming Foundation.

## JUNIOR NATIONALS

The Senior Committee has finalized the dates and order of events for Junior nationals. Opportunity to provide feedback concerning other meet details will be provided at [juniors@usa-swimming.org](mailto:juniors@usa-swimming.org).

Dates for 2005 are August 8-12 (this could conceivably change to August 9-13). 2006: August 8-12; 2007: August 7-11; 2008: August 12-16.

Time standards are likely to

be somewhere near current U.S. Open cuts. Qualifying period: July 1 of the previous year through the entry deadline. Ideally, prelims will be conducted in 2 pools.

Format will be a 4 ½ day schedule.

Day 1 4x50 Medley Relay  
800 Free

Day 2 100 Free  
200 Breast  
200 Back

200 Fly  
4x50 Free Relay

Day 3 200 Free  
400 IM  
4x200 Free Relay

Day 4 100 Back  
400 Free  
100 Breast  
100 Fly  
4x100 Free Relay

Day 5 200IM  
50 Free  
1500 Free  
4x100 Medley Relay

# BOARD OF DIRECTORS REPORT

- **Background Checks:** Coach members will be required to successfully complete the USA Swimming Background Check Process as well as all USA Swimming paid staff and appointed USA Swimming Volunteers who will interact with minor swimmers. This will require the submission of fingerprints yielding a positive report from the FBI database. You will see a proposed amendment to the Bylaws at Convention.
- **Privacy Policy:** The policy is still being developed. Every effort is being made to avoid a concurrent display of an athlete's name and membership number in any publication or on the web site. There is no recommendation against the publication of psych sheets or results on the web so long as the USS numbers are not displayed along with the swimmers' names.
- **Minors at Convention:** A signed code of conduct and waiver and release form will be required for all convention delegates under the age of 18. The General Chairs will be responsible for getting these properly filed.
- **New Ballots:** Election balloting using mark-reading technology will be used in September.
- **Club Fundraising:** The Club Fundraising handbook has been updated and is now available on the USA Swimming web site.
- **Pan Am Games:** The U.S. will be sending an open water team to Pan Ams. Selection will be based on results at Open Water Nationals.
- **Game Plan 2008:** The budgeting process is underway for 2005-2008.
- **Outreach:** The following statement of understanding and commitment was adopted by the Board: USA Swimming understands the importance and significance of issues related to equal participation in the sport by all segments of American society. We are committed to providing opportunities for under-represented segments of the population to participate in the sport of swimming. We are committed to identifying obstacles for expanded opportunities for under-represented segments of the USA Swimming membership in order to participate in all aspects of the sport at all levels.
- **Males in Swimming:** The findings and recommendations will be available at Convention—possibly the subject of the town hall meeting.

## Convention Reminders

- **Delegates:** Changes in LSC delegates must be received by Judy and Fred Siegrist no later than August 31, 2004.
- **USA Swimming Elections:** USA Swimming members wishing to run for an office that will be elected at the 2004 USAS Convention should complete a Nomination and Election Form, returned to Fred and Judy Siegrist by August 31 or hand delivered at Convention by September 16 in order to have their names printed on the ballot.
- **Legislation**—Proposed legislative changes are due to Don Hart by May 15, 2004.
- **Central Zone Elections:** Central Zone elections will be held for the following positions: Zone Director (non-coach), Secretary/Treasurer, Assistant Age Group Coordinator, Athlete Representative, and Age Group Planning (non-coach). Please notify Julie or Eric if you are interested in running for any of these positions.
- **Zone Officials Chair**—Anyone interested in serving in this appointed position should submit his/her name to Julie or Eric.
- **Zone Meet Bids**—Dates open to bid for 2005 are August 5-7 and August 12-14. We have received no bids so far. Please let Julie or Eric know if you are interested in bidding to host the Zone Meet in 2005.

## Sectional Statistics

Spring Sectionals were held in Oxford, Ohio, Chicago, Illinois, and Oklahoma City, Oklahoma. Both Oxford and Oklahoma conducted their meets in long course, Chicago's was short course yards.

Oxford hosted 65 teams and 458 athletes and yielded 13 Trials cuts and 39 national qualifying times.

Chicago hosted 78 teams and 539 athletes and produced 40 national qualifying times.

Oklahoma hosted 40 teams and 325 athletes, yielding 10 Trials cuts and 32 national qualifying times.

Spring, 2001- Central Zone had 1356 athletes compete in their sectionals, yielding 67 national cuts.

Spring, 2002—1489 athletes, 56+ national cuts.

Spring, 2003—1424 athletes, 117 cuts.

Spring, 2004—1322 athletes, 111 cuts.

Summer, 2001—1447 athletes, 121 cuts.

Summer, 2002—1565 athletes—99 cuts.

Summer, 2003—1642 athletes, 134 cuts.

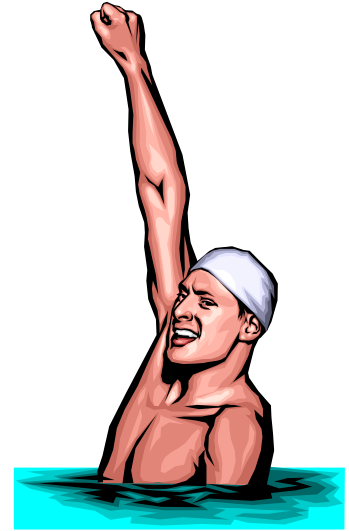
# Proposals for Central Zone

**Short Course Zone Championships:** Nick Imen has submitted a proposal that the Central Zone host a short course zone meet for all LSC zone teams. This could be one meet for all teams or two meets as is done in the summer. Selection process could be either the top appliers or anyone achieving the AAA time standard. The meet could be held after each LSC has their championship meet.

**Central Zone Manual:** It has been suggested that the Central Zone publish its manual in pdf on the web site and eliminate the publication and mailing of hard copy.

**Conference Call:** The General Chairs of the Central Zone were invited to participate in a conference call early in April. It is likely that more such calls and discussions will take place later in the year.

**Zone Meet Format:** Add 200 strokes and distances for 11-12 age group and increase length of meet by another day.



## High School Relations Initiative

Both USA Swimming staff and volunteer leaders are currently active in providing assistance to legislative efforts to change restrictive high school rules in Missouri and Minnesota. National support will be provided to other LSCs with locally-driven reform efforts. As identified by the "Right to Participate" position statement issued by the USA Swimming Board of Directors,

we promote the position that once a student athlete meets all the requirements for participation in the school program that he/she and their parents should then be free to decide what the athlete does during his/her free time. President Ron Van Pool and Club Development Director Pat Hogan have been very active with the effort.

*National support will be provided to other LSCs with locally-driven reform efforts.*

## U.S. Paralympics Swim Team

Congratulations to the following swimmers from the Central Zone who have been selected as members of the U.S. Paralympics Swim Team that will compete this September in Athens:

**Cheryl Angelelli**—Unattached-MI  
**Kelley Becherer**—Sheboygan -WI  
**Jen Durrant** - Oak Forest-IL  
**Grover Evans**—Arkansas Dolphins-AR  
**Anessa Kemna**—Mach 3 Flyers-MN

**Beth Kolbe**—Greater Toledo-OH  
**Ashley Nashleanas**—Unattached-MW  
**Jarrett Perry**—Wichita-MV  
**Beth Riggle**—Greater Toledo-OH  
**Elizabeth Stone**—Rockford Riptide-MI  
**Justin Zook**—Mach 3 Flyers-MN  
**Trischa Zorn**—Lawrence-IN

Three of the U.S. Paralympic Swim Team-coaching staff also are from the Central Zone: **Jack Jackson**, **Shawn Kornoelje**, and **Pam Redding**.

Three Central Zone athletes competing at the Paralympics Swimming Trials in Minneapolis were in classifications that are not included in the Paralympics. **Lisa Elsener** of Kansas City Blazers-MV and **Jessica Weeden** of Green County Golden Gators-WI dominated with 9 gold medals each. **Acey Body** of Vortex-LE accumulated 5 golds and 1 silver.

# USA SWIMMING

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We're on the web!  
[www.centralzones.org](http://www.centralzones.org)



## SCHEDULE

### 2004

June 4-8	Open Water Nationals (5, 10, 25K)	Fort Meyers, FL
July 7-14	Olympic Swimming Trials	Long Beach, CA
July 21-24	Region VIII Championships	Wichita, KS
July 22-25	Section 1 Speedo Champions Series	Minneapolis, MN
July 28-August 1	Section 3 Speedo Champions Series	Bloomington, IN
August 3-7	ConocoPhillips National Championships	Palo Alto, CA
August 5-8	Central Zone Championships	Topeka, KS
August 6-9	Central Zone Championships	Oxford, OH
August 12-15	U.S. Masters LC Championships	Savannah, GA
August 14-21	Olympic Games—Swimming	Athens, Greece
September 13-19	USAS Convention	Lake Buena Vista, FL
October 7-11	FINA Short Course World Championships	Indianapolis, IN

### 2005

March 3-6	Region VIII Championships	Topeka, KS
March 10-14	Section 1 Speedo Champions Series	Minneapolis, MN
March 17-20	Section 3 Speedo Champions Series	Cleveland, OH
July 20-24	Region VIII Championships	Oklahoma City, OK
September 12-18	USAS Convention	Greensboro, NC