



Central Zone Report USA Swimming Board of Directors Meeting April 25, 2009

Central Zone General Chairs and Officers report from a conference call held Feb. 16, 2009:

The meeting furnished the members an update on the Zone's efforts to appoint a Central Zone Athlete Rep. The Director(s) are working in conjunction with John Cruzat and Tyler Storie to locate an athlete from the Central Zone that would add diversity to the governance process of the Central Zone and USA Swimming. The recommendation of a nomination from the group is expected shortly. Further discussion concerning the site nominations and bid interest for the zone championship meets in 2010 and 2011 continues. Reviews of the work of the task forces assigned to the Age Group Championship meet and the Senior Championship meet were delivered. Site visits for the 2009 summer zone championship meets are on schedule. An update on the 2009 ConocoPhillips National Championships & World Championship Trials was provided by Arlene McDonald. The Director(s) discussed the LEAP Program and noted that Lake Erie LSC was ready to begin the LEAP review process. A summary of the work discussed at the previous Board of Directors of USA Swimming's meeting in Colorado Springs in January was provided. The group was updated on the matter of the upcoming racing start certification requirements.

LEAP Conference Call: Feb.11, 2009. The zone director(s) participated in a conference call with the LSC Development Committee and the Sports development Consultants where the processes for LEAP evaluation procedures were outlined. Evaluation tips and what to look for in the evaluation process were offered. A brief walk through using the computer program for evaluation of a LSC application was provided.

LAKE ERIE LSC LEAP: Lake Erie LSC was the first LSC in USA Swimming's trial effort of the LEAP program to request approval of Level 1. On March 3rd the evaluation committee met by conference call. The committee consisted of: Randy Julian SDC, Don Power, Paul Thompson, and Jim Richey. The committee recommended that Lake Erie LSC be approved for Level 1.

Central Zone Age Group Task Force report: A conference call was held on Tuesday March 24, 2009. The task force recommended the following items for the Age Group Zone Championship Meet beginning in 2010: Qualifying times should be NAG AAA..... No qualifiers in an event for 10 & under events may enter 1 swimmer; no qualifiers in an event for 11 & over event may enter 2 swimmers. Format: Prelims/Finals 11 & over.... Timed finals for 10 & under.... 3 sessions- Prelim 11/over 10 & under T/F, Finals 11 & over. Events: add the 200 of strokes for 11-12 with fastest 8 for finals. Events limit... 6 individual events for all age groups. Other items noted: Awards... keep the same 10 and under, 11-12, 13-14. Look at relays for finals... start with 200 Relays put 400 Relays in Prelims. Clarify "suit" ruling as it pertains to using the local LSC rule or the USA Swimming adopted ruling if the local LSC rule is stricter. The CZ Championship Meet template will be revised and sent out to the task force for review. An additional conference call is scheduled to look at the order of events and additional changes.

Central Zone Meet Referees for summer 2009 meets:

Central Zone Championships August 7-9, 2009

Grand Forks, ND – Bob Welch (IL)	Noblesville, IN – Eliot Van Velzen (IN)
Speedo Champions Series - July 20-23, 2009 (Miami)	July 22-25, 2009 (Columbia & Mpls)
Columbia, MO – Dan Meconis (MI)	Miami, OH – Pat Lundsford (OH)
MN – Michael Bougie (MN)	Minneapolis,

Applications to Officiate for these meets are posted on the Central Zone website. All LSC Officials Chairs have been requested to notify officials in their LSCs of these meets and encourage them to officiate.

2009 ConocoPhillips National Championships and World Championship Trials: The 2009 ConocoPhillips National Championships and World Championship Trials will be held at the IU Natatorium in Indianapolis from July 7-11. Volunteer applications, hotel information, online all session ticket sales and other event information are available on the local event web site www.AllGreatRacers.com Online sales of daily tickets will begin on May 1. Please contact Arlene McDonald at arlenemcd@aol.com for more information.

Central Zone Speedo Champions Series: Results from the Spring Sectional Meets are:

<p>Central Section Region VIII Held in OKC. OK March 5-8 2009</p> <p>249 Female, 198 Male, Total Athletes 447, 232 Relays, 1943 Total Individual Entries</p> <p>Summer Meet will be held in Columbia, MO. July 22-25, 2009</p>	<p>Central Zone Section 1 Held in..... March 12-15, 2009</p> <p>318 Female, 239 Male, Total Athletes 557, 142 Relays, 2139 Total Individual Entries</p> <p>Summer Meet will be held in Minneapolis, MN. July 22-25, 2009</p>	<p>Central Zone Section 3 Held in Indianapolis, IN March 25-28, 2009</p> <p>288 Female, 267 Male, Total Athletes 555, 180 Relays 2160, Total Individual Entries</p> <p>Summer Meet will be held in Oxford, OH. July 20-23, 2009</p>
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Missouri Valley Swimming Zone Training Camps: Missouri Valley Swimming has recently started a unique motivational and educational experience for its emerging Age Group swimmers. The program is viewed as an integral step in identifying talented young athletes within the LSC and providing them with supplementary training opportunities to encourage continued success. The program is designed to promote LSC team unity amongst Zone- eligible swimmers during the short course season; facilitate increased intensity and adherence to training in age group swimmers by providing challenging workouts with a like minded peer group; and enhance the swimmers' commitments to competitive excellence by maintaining their focus on the Zone Championships throughout the year. Training camps were held in Lawrence KS, Columbia, MO and Kansas City, KS. Attendance at these camps has grown from 37 attendees on October 3-5, 2008 to 64 attendees at the last camp held April 3-5, 2009. The camp was attended by athletes from 16 LSC member clubs. Contact Megan Pittman, Columbia Swim Club at megan@cstigershark.org for further information about this program.

USA Swimming is offering a couple of work shops for Zone General Chairs and Officials Chairs:

Each member LSC is asked to send representatives to the following workshops.

LSC Officials Chairs Workshop May 15-17, 2009. Held in Minneapolis, MN.

Risk Management Workshop June 12-14, 2009. Held in Oklahoma City, OK

Respectfully Submitted,
Bill Schalz and Paul Thompson
Central Zone Directors